

Pink! Neon green! Orange!

What you'll see in the classroom this fall, C1

THE DAILY Herald



Marysville
man gets
27 months
for role in
overdose
death, B1

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Welcome back, Nimitz

Aircraft carrier returns after 70-day deployment, training exercises



A sailor poses on the deck of the USS Nimitz as the carrier returns to Naval Station Everett after a 70-day deployment.

MICHAEL O'LEARY / THE HERALD

By GALE FIEGE
Herald Writer

EVERETT — The USS Nimitz tied up to its pier Monday morning at Everett Naval Station following a 70-day trip that included an exercise with other Pacific Rim countries.

The aircraft carrier Nimitz, homeported in Everett, delivered its crew back to friends and family

who had not seen them for more than two months.

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of inspections and certifications that monitored the ship's ability to overcome various emergency scenarios, which then led up to the biennial "Rim of the Pacific" exercise, Ruth said.

As the flagship for the combined task force, the Nimitz and its crew took part in the world's largest international maritime exercise.

During the Navy's "Great Green Fleet" demonstration July 17, the

Nimitz became the first ship to test the use of biofuel for carrier-based aircraft. The Secretary of the Navy Ray Mabus and Chief of Naval Operations Adm. Jonathan Greenert visited the aircraft carrier for the demonstration, a step toward the Navy's goal to reduce energy consumption, decrease its

See NIMITZ,
back page, this section

Family turns a tragedy to good

A basketball signed by the U.S. Olympic team will help an Everett family's continuing effort to fund scholarships after their son's death.

By ERIC STEVACK
Herald Writer

EVERETT — Within hours of learning about their son's death, Don and Jan Jensen were surrounded by friends.

A household of them.

Ten years later, those friends remain ever near, helping the retired Everett educators turn tragedy into good.

More than 300 people are expected to take part Saturday in the 3.6-mile Brett Jensen Memorial Fun Run and Walk. Now in its fourth year, the jaunt around north Everett is one of several fundraisers that remember a promising young life cut short.

Brett Jensen was a straight-A scholar and former student body president at Cascade High School. He died May 7, 2002, in a fall from a balcony at his fraternity house near the University of Washington. The freshman was 19 and an inexperienced drinker.

In the decade since, with the help of matching money from the Everett Rotary Club, nearly \$80,000 has been given away in scholarships in Brett Jensen's name. More than 1,000 turkeys have been



Brett Jensen

See JENSEN,
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First step to WSU degrees in Everett

By JERRY CORNFIELD
Herald Writer

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student Danielle McCauley, 20, of Renton.

Far larger than she might realize. Civic leaders and lawmakers spent the better part of the past three generations trying to land a research university in Snohomish County and Monday may signal the end to their pursuit.

"Today is really transformational," said an ebullient Everett Mayor Ray Stephanson. "Torvald

The classes are offered through the auspices of the University Center of North Puget Sound, a collaboration of eight public and private colleges providing bachelor's and master's degree courses to about 500 students.

Everett Community College manages the center, whose partners include the University of Washington and Western Washington University.



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They are enrollees in Washington State University's inaugural mechanical engineering program and unwitting pioneers of what Everett leaders envision growing into a full-fledged degree-producing WSU outpost.

"I knew these were the first classes for this program. I didn't realize how big a deal it was," said

student Danielle McCauley, 20, of Renton.

Far larger than she might realize. Civic leaders and lawmakers spent the better part of the past three generations trying to land a research university in Snohomish County and Monday may signal the end to their pursuit.

"Today is really transformational," said an ebullient Everett Mayor Ray Stephenson. "Today hopefully lays the foundation for a full branch campus by 2020."

WSU on Monday began offering courses for upper division students seeking a bachelor's degree in mechanical engineering.

The classes are offered through the auspices of the University Center of North Puget Sound, a collaboration of eight public and private colleges providing bachelor's and master's degree courses to about 500 students.

Everett Community College manages the center, whose partners include the University of Washington and Western Washington University.

But a 2011 state law prescribes a path for the Pullman-based college to take charge no later than

See CLASS,
back page, this section



DAN BATES / THE HERALD

WSU mechanical engineering instructor Brad Thompson passes out class information to students at Everett Community College on Monday.

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the buzz

Skinny dip

Oh, ye of little thought: Kansas Congressman Kevin Yoder, R-In The Altogether, has apologized for swimming naked in the Sea of Galilee, considered a holy site by Christians because

they believe Jesus walked on its waters. Yoder was in Israel with other lawmakers on a fact-finding mission (Page A3).

The fact Yoder found: There is shrinkage when swimming in the Galilee, but it only increases one's embarrassment.



Check Craigslist: The National Insurance Crime Bureau reports that for the fourth straight year, the 1994 Honda Accord was the most frequently stolen vehicle model in the U.S. Last year 7,596 '94 Honda Accords were reported stolen (Page A4).

There can't possibly be 7,596 '94 Honda Accords still on the road, so car thieves apparently are stealing the same light blue hatchback with primer patches.

Don't know much about history: On this day in 1609, Galileo Galilei demonstrated his new telescope to a group of officials atop the Campanile bell tower in Venice (Page A2).

Galileo tried to keep the officials' attention focused on the stars and planets, but the group repeatedly pointed the telescope toward a group of skinny-dipping lawmakers down in the canals.

—Jon Bauer, Herald staff

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Jaunty
69/55, 86



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Humorist Phyllis Diller dead at 95

By SANDU COHEN
Associated Press

LOS ANGELES — Phyllis Diller, the housewife turned humorist who aimed some of her sharpest barbs at herself, punctuating her jokes with her trademark cackle, died Monday in her Los Angeles home at age 95.

"She died peacefully in her sleep and with a smile on her face," her longtime manager, Milton Suchin, told The Associated Press.

The cause of her death has not been released.

She was a staple of nightclubs and television from the 1950s — when female comedians were rare indeed — until her retirement in 2002. Diller built her stand-up act around the persona of the corner-cutting housewife ("I bury a lot of my ironing in the backyard") with bizarre looks, a wardrobe to match (by "Omar of Omaha") and a husband named "Fang."

Wrote Time magazine in 1961: "Onstage comes something that, by its own description, looks like a sackful of doorknobs. With hair dyed by Alcoa, pipe-

cleaner limbs and knees just missing one another when the feet are wide apart, this is not Princess Volupine. It is Phyllis Diller, the poor man's Auntie Mame, only successful female among the New Wave comedians and one of the few women funny and tough enough to belt out a 'standup' act of one-line gags."

She inspired a generation of female comics, including Joan Rivers, Ellen DeGeneres and Whoopi Goldberg.

Diller described herself as "one of those life-of-the-party types." In an interview in 1965, "You'll find them in every bridge club, at every country club. People invited me to parties only because they knew I would supply some laughs. They still do."

She didn't get into comedy until she was nearly 40, after her first husband, Sherwood Diller, prodded her to give up a successful career as an advertising and radio writer. Through it all, she was also a busy mother.

"We had five kids at the time. I don't how he thought we'd handle that," she told the AP in 2006.



ASSOCIATED PRESS / 1999
Phyllis Diller, the housewife turned humorist, inspired a generation of female comics.

A Chicago Tribune columnist, describing her appearance at a nightspot there in 1958, noted she was from San Francisco, hailed her as "the wildest, wildest yet" — and made sure to mention her five youngsters.

Her husband managed her career until the couple's 25-year marriage fell apart in the 1960s. Shortly after her divorce she married entertainer Wardle Donovan, but they separated within months.

Through both marriages and other relationships, the foibles of "Fang" remained an integral part of her act.

"Fang is permanent in the act, of course," she once said. "Don't confuse him with my real husbands. They're temporary."

She appeared in movies, including "Boy, Did I Get a Wrong Number" and "Eight on the Lam" with Bob Hope.

In 1966-67, she was the star of an ABC sitcom about a society family trying to stave off bankruptcy, "The Pruitts of Southampton." In 1968, she was host of a variety series, "The Beautiful Phyllis Diller Show."

Although she could be serious during interviews, sooner or later a joke would pop out, often as not followed by that outrageous "AH-HHAAAAAAAAAAAA-HA-HA-HA" laugh.

"It's my real laugh," she once said. "It's in the family. When I was a kid my father called me the laughing hyena."

Diller is survived by her two children, four grandchildren and a great-granddaughter.

TODAY IN HISTORY

Today is Tuesday, Aug. 21, the 234th day of 2012. There are 132 days left in the year.

Today's highlight: On Aug. 21, 1912, the Boy Scouts of America named its first Eagle Scout, Arthur Rose Eldred of Troop 1 in Rockville Centre, N.Y.

On this date: In 1609, Galileo Galilei demonstrated his new telescope to a group of officials atop the Campanile in Venice.

In 1858, the first of seven debates between Illinois senatorial contenders Abraham Lincoln and Stephen Douglas took place.

In 1911, Leonardo da Vinci's "Mona Lisa" was stolen from the Louvre Museum in Paris. (The painting was recovered two years later in Italy.)

In 1940, exiled Communist revolutionary Leon Trotsky died in a Mexican hospital from wounds

inflicted by an assassin the day before.

In 1959, President Dwight D. Eisenhower signed an executive order making Hawaii the 50th state.

In 1961, country singer Patsy Cline recorded the Willie Nelson song "Crazy" for Decca Records.

In 1987, Sgt. Clayton Lonetree, the first Marine court-martialed for spying, was convicted in Quantico, Va., of passing secrets to the KGB.

In 1992, an 11-day siege began at the cabin of white separatist Randy Weaver in Ruby Ridge, Idaho, as government agents tried to arrest Weaver for failing to appear in court on charges of selling two illegal sawed-off shotguns; in the resulting shootout, Weaver's teenage son, Samuel, and Deputy U.S. Marshal William Degan were killed.

Associated Press

LOTTERY

LOTTO: Monday's drawing was for \$1 million. Monday's numbers: **1-8-12-18-23-43**. The next drawing is Wednesday for \$1.1 million.

DAILY GAME: Monday's numbers: **6-8-6**.

KENO: Monday's numbers: **1-4-8-10-14-15-16-26-28-33-35-49-51-54-56-63-70-74-79-80**.

HIT 5: Monday's drawing was for \$220,000. Monday's numbers: **3-6-25-30-35**. The next drawing is Wednesday for \$250,000.

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POWERBALL: Saturday's drawing was for \$40 million. Saturday's numbers: **14-26-41-55-59**, **Powerball 1**. The next drawing is Wednesday for \$50 million.

MEGA MILLIONS: Friday's drawing was for \$45 million. Friday's numbers: **8-20-24-35-56**, **Megaball 24**. The next drawing is today for \$55 million.

SEEMS LIKE YESTERDAY

50 years ago (1962)

Though condemned and said likely to collapse at any time, the 53-year-old Parkland Lutheran Children's Home building got the last laugh, if just for today. First 331 sticks of dynamite did little. Then a fire was ignited. In the end the building was still standing.

Cub Scout Pack 14 held a potluck picnic, followed by award presentations by Wes Love. Recipients were Dean Duwall, Brad Albertson, Doug Love and Den Mother Leodvye Albertson. Mr. and Mrs. William Stevens would host the next leaders' meeting.

25 years ago (1987)

A young 200-pound Alaskan fur seal strayed from Port Gardner into the

Snohomish River, up the Skykomish River yesterday and early today. It ended up in a Woods Creek swimming hole in Monroe in pursuit of salmon. Everett veterinarian Dr. Doug Year said the seal's behavior was very unusual.

The Herald advertised stories coming this weekend. Jeff Pahuoka of Marysville had spent his summer preparing to play offensive tackle for the University of Washington. At 106, Bertha Hartzell was surprising and educating anyone she saw. Designers of today's "wild tech" camping gear had down-to-earth goals in mind.

By Jack O'Donnell from Herald archives at the Everett Public Library

Actor William Windom dies

ASSOCIATED PRESS

LOS ANGELES — William Windom, who won an Emmy Award for his turn in the 1969 TV comedy series "My World And Welcome To It" and went on to score guest appearances on several popular shows, has died.

Windom died Thursday of congestive heart failure at his home in Woodacre, north of San Francisco, his wife Patricia told the Los Angeles Times. He was 88.

Windom won acclaim in the short-lived NBC series for his role as John Monroe, a writer-cartoonist for a New York magazine who relied on his fantasy life to escape a middle-class Connecticut life.

The easy-going Windom

was an in-demand television character actor for decades and scored guest appearances on several American TV staples, including episodes of "Twilight Zone" and "Star Trek."

He also appeared on more than 50 segments of "Murder, She Wrote" beginning in the mid-1980s. There, Windom played a Maine country doctor opposite series star Angela Lansbury's Jessica Fletcher.

He also played the part of the prosecuting attorney who parties in court with Gregory Peck's Atticus Finch in the 1962 movie "To Kill a Mockingbird."

Married five times, Windom is survived by his wife of 37 years and four children, Rachel, Heather, Hope and Rebel.

CORRECTIONS

■ Everett Community College is charging \$1,167.88 in tuition plus \$85 in fees for its new 12-credit Manufacturing Pre-Employment Program, which starts in October. An incorrect tuition amount was listed in a Business story that appeared Monday on Page A6.

■ The Big Four Ice Caves are a part of the Mount Baker-Snoqualmie National Forest. A Page One story Friday incorrectly stated that the ice caves are part of the Washington state park system.

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Republican presidential candidate Mitt Romney (left) vice presidential candidate, Rep. Paul Ryan, R-Wis., attend a town hall at Saint Anselm College in Manchester, N.H., on Monday.

ASSOCIATED PRESS

Point-counterpoint by candidates

Obama defends tenor of his campaign; Romney stays in attack mode

BY JIM KUHNHEIN
AND CHARLES BARNINGTON
Associated Press

WASHINGTON—Denounced by the Republican rival for divisiveness, President Barack Obama on Monday defended the tone of his campaign and insisted it's actually Mitt Romney's ads that are "patently false." But Obama did distance himself from a particularly provocative negative ad by a political group that supports him.

Obama also joined the cascade of criticism from both parties for comments on rape and abortion by a Republican Senate candidate in Missouri, using that new controversy to draw sharp distinctions between his views on women's health issues and those of Republicans.

Obama turned the day into a long-distance point-counterpoint debate with his opponent. He made a surprise visit to the White House briefing room and took questions from four reporters, the most he has taken from the national press corps in two months, dealing to an extent with complaints about his inaccessibility.

The flap over rape-and-abortion remarks by Rep. Todd Akin of Missouri gave Obama a chance to make a direct appeal to women, who both campaigns say make up a majority of undecided voters.

At issue was Akin's answer in an interview that aired Sunday that women's bodies can prevent pregnancies in a "legitimate rape" and that conception is rare in such cases.

Akin later said he misspoke and apologized, but he said he would not get out of the race despite such urging from several prominent fellow Republicans.

As for the tone of the



President Barack Obama makes a surprise visit Monday to the White House briefing room to defend the tone of his campaign.

campaign, Obama declared that it was important to draw attention to major differences with Romney, but he said his criticism has never been "out of bounds."

Still, he distanced himself from an ad by the pro-Obama Priorities USA Action super political action committee, which is run by former Obama White House aides.

That ad pointedly notes the death of the wife of a steelworker whose company had been taken over by a group of partners that included Bain Capital, the private equity firm that Romney cofounded.

"I don't think that Governor Romney is somehow responsible for the death of the woman that was portrayed in that ad," Obama said.

But he added that he did not approve or produce the ad and said it had had only a brief airing on television.

Romney and his running mate, Paul Ryan, made their first appearance together in New Hampshire after a week of vigorous campaigning separately.

The Republicans sustained their criticism Monday,

leveling new claims of duplicity in Obama's TV ads before about 3,000 friendly people in Manchester.

"It seems that the first victim of an Obama campaign is the truth," Romney said.

Asked by a woman about Obama campaign "lies" that claim the GOP ticket would raise taxes, Romney said, "All we've heard so far is one attack after another."

"I will not raise taxes on anyone," Romney said. "Mr. President, stop saying something that's not the truth."

In his news conference, Obama countered, saying his speeches and the ads run by his re-election campaign have focused accurately on substantive issues such as taxes and spending.

By contrast, he said Romney has aired "patently false" claims that the president is "gutting" welfare's work requirement.

Obama also defended ads criticizing Romney's refusal to release more than two years' worth of tax returns. He said those seeking the White House must know their life is an "open book."

Obama said he has "sharp differences" with Romney on major issues and that those are fair game for tough ads.

Even so, he added, "Nobody accused Mr. Romney of being a felon," as some Republicans have suggested of Obama.

However, Obama deputy campaign manager Stephanie Cutter earlier this summer said that questions about when Romney left his post as head of Bain raised issues of potential illegal activity.

In Missouri, Rep. Akin's comments on rape came in the midst of his campaign to unseat Democratic Sen. Claire McCaskill.

Obama condemned Akin's remarks as "offensive" and took issue with past attempts by lawmakers in Congress to limit taxpayer funding of abortions to cases of "forcible rape," incest and danger to the life of the mother.

Romney also weighed in, calling Akin's comments on rape "insulting, inexcusable, and, frankly, wrong."

A number of other Republicans decried the remarks as well and at least two Republican senators called on Akin to drop out of the race.

In New Hampshire, Romney and Ryan made a multi-pronged case against the administration, saying Obama's policies on taxes, Medicare and foreign policy have let down the American people.

The GOP running mates promised a sunnier future of lower taxes, lower deficits, more jobs at home, and greater U.S. prestige abroad.

But they offered few details on how they would achieve these goals, which have vexed Congress and White House for years.

ACROSS THE U.S.

Lawmaker apologizes for Galilee skinny dip

TOPEKA — A freshman congressman from Kansas has apologized for going skinny-dipping in the Sea of Galilee during a fact-finding trip to Israel last summer.

Rep. Kevin Yoder, R-Kan., said late Sunday he was "incredibly remorseful that I have caused embarrassment to my constituents" for a "momentary lapse of judgment" that resulted in his jumping into the water without his clothes on during the August 2011 trip to Israel. Politico reported that he stripped during a late-night swim with other lawmakers, congressional spouses and staffers. The Sea of Galilee is a lake in northern Israel. Scripture says Jesus walked on water there.

GOP aides denied Politico's report that the FBI looked into the incident. The trip was paid for by the American Israel Educational Foundation.

D.C.: New Mars mission

NASA wants to look deep into the guts of Mars. The space agency decided Monday to launch a relatively low-cost robotic lander in 2016 to check out what makes the core of the red planet so different. NASA's Discovery program picked a Mars flight called Insight over two other proposals costing no more than \$425 million.

N.Y.: Bacon strewn in park

Muslims gathering to celebrate the end of Ramadan at a park on Staten Island found uncooked bacon scattered there, and police are investigating if it is a possible hate crime. In a statement, the New York chapter of the Council on American-Islamic Relations said pork is often used to offend or taunt Muslims, who are barred from eating it because pigs are considered unclean.

Virginia: Veteran detained

A former Marine involuntarily detained for psychiatric evaluation for posting strident anti-government messages on Facebook has received an outpouring of support from people who say it is a possible hate crime. Police — acting under a state law that allows emergency, temporary psychiatric commitments upon the recommendation of a mental health professional — took Raub to a hospital in Hopewell. He was not charged with any crime. Monday, a judge ordered Raub detained for another month.

Calif.: Porn moratorium

Joined by the possibility of a syphilis outbreak among its ranks, a Los Angeles-based trade group that represents the adult film industry announced a nationwide moratorium on X-rated productions while more than 1,000 porn performers are tested. The Free Speech Coalition issued the call on its website after reporting that one performer had tested positive for syphilis, a sexually transmitted disease, and begun notifying sexual partners.

AROUND THE WORLD

Sierra Leone: Cholera strikes

An outbreak of cholera in West Africa has infected more than 13,000 people and killed at least 258 people in Sierra Leone and Guinea, authorities said as they appealed for international assistance. Sierra Leone's Minister of Health and Sanitation, Zainab Hawa Bangura, said that in the capital, Freetown, there have been about 100 deaths during the past month. That brings the total to at least 176 dead in the country.

Court: Alabama can't check student immigration

BY BILL BARROW AND JAY REEVES
Associated Press

ATLANTA — Part of Alabama's immigration law that ordered public schools to check the citi-

(Alabama's law) significantly deters undocumented children from enrolling in and attending

residents, has been shot down," said Javaci.

Alabama Republican Gov. Robert Bentley disagreed, saying the court upheld the "essence" of the law.



Republican presidential candidate Mitt Romney (left) vice presidential candidate, Rep. Paul Ryan, R-Wis., attend a town hall at Saint Anselm College in Manchester, N.H., on Monday.

ASSOCIATED PRESS

Point-counterpoint by candidates

Obama defends tenor of his campaign; Romney stays in attack mode

By JIM KUHNHEIN
AND CHARLES BABINGTON
Associated Press

WASHINGTON—Denounced by his Republican rival for divisiveness, President Barack Obama on Monday defended the tone of his campaign and insisted it's actually Mitt Romney's ads that are "patently false." But Obama did distance himself from a particularly provocative negative ad by a political group that supports him.

Obama also joined the cascade of criticism from both parties for comments on rape and abortion by a Republican Senate candidate in Missouri, using that new controversy to draw sharp distinctions between his views on women's health issues and those of Republicans.

Obama turned the day into a long-distance point-counterpoint debate with his opponent. He made a surprise visit to the White House briefing room and took questions from four reporters, the most he has taken from the national press corps in two months, dealing to an extent with complaints about his inaccessibility.

The flap over rape-and-abortion remarks by Rep. Todd Akin of Missouri gave Obama a chance to make a direct appeal to women, who both campaigns say make up a majority of undecided voters.

At issue was Akin's answer in an interview that aired Sunday that women's bodies can prevent pregnancies in "a legitimate rape" and that conception is rare in such cases.

Akin later said he mispoke and apologized, but he said he would not get out of the race despite such urging from several prominent fellow Republicans.

As for the tone of the



President Barack Obama makes a surprise visit Monday to the White House briefing room to defend the tone of his campaign.

campaign, Obama declared that it was important to draw attention to major differences with Romney, but he said his criticism has never been "out of bounds."

Still, he distanced himself from an ad by the pro-Obama Priorities USA Action super political action committee, which is run by former Obama White House aides.

That ad pointedly notes the death of the wife of a steelworker whose company had been taken over by a group of partners that included Bain Capital, the private equity firm that Romney cofounded.

"I don't think that Governor Romney is somehow responsible for the death of the woman that was portrayed in that ad," Obama said.

But he added that he did not approve or produce the ad and said it had had only a brief airing on television.

Romney and his running mate, Paul Ryan, made their first appearance together in New Hampshire after a week of vigorous campaigning separately.

The Republicans sustained their criticism Monday,

leveling new claims of duplicity in Obama's TV ads before about 3,000 friendly people in Manchester.

"It seems that the first victim of an Obama campaign is the truth," Romney said.

Asked by a woman about Obama campaign "lies" that claim the GOP ticket would raise taxes, Romney said, "All we've heard so far is one attack after another."

"I will not raise taxes on anyone," Romney said. "Mr. President, Romp saying someone that's not the truth."

In his news conference, Obama countered, saying his speeches and the ads run by his re-election campaign have focused accurately on substantive issues such as taxes and spending.

By contrast, he said Romney has aired "patently false" claims that the president is "gutting" welfare's work requirement.

Obama also defended ads criticizing Romney's refusal to release more than two years' worth of tax returns. He says those seeking the White House must know their life is an "open book."

Obama said he has "sharp differences" with Romney on major issues and that those are fair game for tough ads.

Even so, he added, "Nobody accused Mr. Romney of being a felon," as some Republicans have suggested of Obama.

However, Obama deputy campaign manager Stephanie Cutter earlier this summer said that questions about when Romney left his post as head of Bain raised issues of potential illegal activity.

In Missouri, Rep. Akin's comments on rape came in the midst of his campaign to unseat Democratic Sen. Claire McCaskill.

Obama condemned Akin's remarks as "offensive" and took issue with past attempts by lawmakers in Congress to limit taxpayer funding of abortions to cases of "forcible rape," incest and danger to the life of the mother.

Romney also weighed in, calling Akin's comments on rape "insulting, inexcusable, and, frankly, wrong."

A number of other Republicans decried the remarks as well, and at least two Republican senators called on Akin to drop out of the race.

In New Hampshire, Romney and Ryan made a multi-pronged case against the administration, saying Obama's policies on taxes, Medicare and foreign policy have let down the American people.

The GOP running mates promised a sunnier future of lower taxes, lower deficits, more jobs at home, and greater U.S. prestige abroad.

But they offered few details on how they would achieve these goals, which have vexed Congress and White House for years.

Scripture said Jesus denied Peter's report that the FBI looked into the incident. The trip was paid for by the American Israel Educational Foundation.

D.C.: New Mars mission

NASA wants to look deep into the guts of Mars. The space agency decided Monday to launch a relatively low-cost robotic lander in 2016 to check out what makes the core of the red planet so different. NASA's Discovery program picked a Mars flight called Insight over two other proposals costing no more than \$425 million.

N.Y.: Bacon strewn in park

Muslims gathering to celebrate the end of Ramadan at a park on Staten Island found uncooked bacon scattered there, and police are investigating if it is a possible hate crime. In a statement, the New York chapter of the Council on American-Islamic Relations said pork is often used to offend or taunt Muslims, who are barred from eating it because pigs are considered unclean.

Virginia: Veteran detained

A former Marine involuntarily detained for psychiatric evaluation for posting strident anti-government messages on Facebook has received an outpatient pass from people who say authorities are trumping on his First Amendment rights. Brandon J. Raub, 26, has been in custody since FBI, Secret Service agents and police in Chesterfield County questioned him Thursday about what they said were ominous posts talking about a coming revolution. Police — acting under a state law that allows emergency, temporary psychiatric commitments upon the recommendation of a mental health professional — took Raub to a hospital in Hopewell. He was not charged with any crime. Monday, a judge ordered Raub detained for another month.

Calif.: Porn moratorium

Joined by the possibility of a syphilis outbreak among its ranks, a Los Angeles-based trade group that represents the adult film industry announced a nationwide moratorium on X-rated productions while more than 1,000 porn performers are tested. The Free Speech Coalition issued the call on its website after reporting that one performer had tested positive for syphilis, a sexually transmitted disease, and begun notifying sexual partners.

AROUND THE WORLD

Sierra Leone: Cholera strikes

An outbreak of cholera in West Africa has infected more than 13,000 people and killed at least 258 people in Sierra Leone and Guinea, authorities said as they appealed for international assistance. Sierra Leone's Minister of Health and Sanitation, Zainab Hawa Bangura, said that in the capital, Freetown, there have been about 100 deaths during the past month. That brings the total to at least 176 dead in Sierra Leone, while deaths have been reported in neighboring Guinea.

Venezuela: Prison violence

More than 20 people were killed during a prison riot as two groups of inmates waged a gunbattle inside a penitentiary officials said Monday. The violence erupted at Yare I prison south of Caracas on Sunday, said Iris Varela, the government's prisons minister. It was the latest in a series of bloody clashes that have flared in Venezuela's overcrowded prisons.

Syria: Gov't. attacks kill 100

Government forces pummeled the battered city of Aleppo with airstrikes and tanks and shelled parts of Damascus and southern Syria on Monday, killing at least 100 people during a major Muslim holiday, rights groups and activists said. The violence escalated dramatically after a one-day Eid al-Fitr holiday, which marks the end of the holy month of Ramadan. The Assad regime is not letting up on its drive to quell the 17-month-old uprising out of respect for the occasion.

From Herald news services

Court: Alabama can't check student immigration

By BILL BARROW AND JAY REEVES
Associated Press

ATLANTA—Part of Alabama's immigration law that ordered public schools to check the citizenship status of new students was ruled unconstitutional Monday by a federal appeals court that also said police in that state and Georgia can demand papers from criminal suspects they have detained.

The 11th U.S. Circuit Court of Appeals ruled that the Alabama schools provision wrongly singles out children who are in the country illegally. Alabama was the only state that passed such a requirement and the 11th Circuit previously had blocked that part of the law from being enforced.

Judges said fear of the law "significantly deters undocumented children from enrolling in and attending school ...

Both private groups and the Obama administration filed lawsuits to block enforcement of the toughest in the country.

The court, however, upheld parts of immigration laws in Alabama and Georgia allowing law enforcement to check documents for people they stop.

And the panel left in place an injunction that blocks a section

(Alabama's law) significantly deters undocumented children from enrolling in and attending school ...

— The 11th U.S. Circuit Court of Appeals

of the Georgia law that allows for the prosecution of people who knowingly harbor or transport an illegal immigrant during the commission of a crime.

In Alabama, the judges sided with opponents of the law on other key points, including challenges to sections that made it illegal to harbor illegal immigrants; made it a crime for illegal immigrants to seek work; and made it a state crime for people in the country illegally not to have registration documents.

The decisions follow a recent U.S. Supreme Court ruling upholding parts of a similar law in Arizona. The Atlanta-based court referenced that decision in its opinion to lift the injunction on the suspect verification section.

Georgia, and Alabama are among several states that have

enacted anti-illegal immigration laws in recent years. Proponents have argued they are necessary in part because of alleged federal inaction. Opponents have argued that many of the laws are punitive to immigrants and that policy must be steered by the federal government.

Omar Jadwat, an American Civil Liberties Union attorney involved in challenging similar laws in Alabama and Georgia, said the judges stuck down the schools provision "in pretty robust terms" and effectively opposed the sponsors' stated idea of forcing illegal immigrants to "self-report" by making their lives too difficult.

"The original idea behind the law, that these provisions would work together to allow the states to aggressively identify and prosecute undocumented

residents, has been shot down," said Jadwat.

Alabama Republican Gov. Robert Bentley disagreed, saying the court upheld the "essence" of the law.

The core of Alabama's immigration law remains that if you live or work in the state, you should do so legally," said Bentley, who signed the measure. "It is time now to move past court battles and focus on enforcement of Alabama's law."

School officials said sending their children to class immediately after Bentley signed the law, and some families left the state in fear. Local education systems have said many children returned to class, and some immigrant families moved back to Alabama after courts blocked many provisions in the law.

In a statement, Georgia Attorney General Sam Olens said he was generally pleased with the ruling for his state but disagreed with the court on the section dealing with transporting illegal immigrant that is still being blocked.

Jadwat said the organization will continue to challenge so-called "show-me-your-papers" provisions of the state immigration laws.



"When bright young minds can't afford college, America pays the price."

— Arthur Ashe, tennis player, 1943-1993

A4 | HERALD | WWW.HERALDNET.COM/BUSINESS | TUESDAY, 08.21.12

Studies show degree's value

College graduates have an easier time finding work, one study finds, but another says the debt that some incur is hobbling families and hitting low-income students harder.

By JUSTIN POPE
Associated Press

Two new studies offer emphatic answers to much-discussed questions about higher education. Yes, a college degree is worth it, but yes, it's the middle-class that's getting particularly squeezed with student debt in the pursuit of one.

Both studies make persuasive cases, though each could be misunderstood without important context.

The first, released last week

by the Lumina Foundation and Georgetown University's Center on Education and the Workforce, seems to thoroughly demolish the idea that the Great Recession diminished the value of a college degree. Yes, recent college grads have struggled more than usual to find jobs matching their training. But overall, even as unemployment was rising past 10 percent, the authors found the economy actually added 200,000 jobs for workers with a bachelor's degree. Since the recovery began, it's created 2

million more.

Just as there wasn't really a recession, at least in terms of job creation, for those with college degrees, there hasn't been a recovery for those without them. Nearly 6 million high-school-only jobs have been lost since the downturn began, and they are still declining even in the recovery.

The recovery may well never come if you have no college at all (though people with some college have done reasonably well of late).

"This is the clearest information that we have seen to date about the advantage of having college-level skills in the employment market," said Lumina's president and CEO Jamie Merisotis. "Since the recovery

started two years ago we've seen a real acceleration. The gap between those with a college credential and those without one is growing."

The unemployment rate for all four-year graduates is 4.5 percent. For recent graduates, it's 6.8 percent. For recent graduates trying to work with only a high school diploma, it's nearly 24 percent.

In construction and manufacturing, which accounted for two-thirds of all Great Recession job losses, virtually all of the hiring during the recovery has targeted people with bachelor's or at least associate's degrees. Despite the hit those industries took, there are

See **DEGREE**, Page A5

BRIEFLY

For 4th year, '94 Honda Accord most stolen car

Honda's 1994 Accord was the most frequently stolen car in the United States in 2011 for the fourth straight year as the vehicle's popularity and lack of security features made it a favorite among thieves. Last year, 7,596 Accords from the 1994 model year were stolen, according to the National Insurance Crime Bureau. The 1998 Honda Civic was the second most-stolen car, the trade group said Monday. "They're actually calling the older cars because the safety features that the newer cars have, they're not there," said Joe Brosius, a retired Tempe, Ariz., police officer who heads the International Association of Auto Theft Investigators.

U.S. airline stocks rise on airflow increases

Shares of U.S. airlines gained Monday following a successful attempt to raise fares to cover the rising cost of fuel. Southwest Airlines Co. raised fares Friday on short routes by \$10 per round trip, and several large airlines quickly matched the increase. The fare hike applied to flights of less than 500 miles each way, or about one-third of Southwest's routes. Just two days earlier, Delta Air Lines dropped a fare increase of up to \$10 per round trip because other airlines didn't follow suit. Southwest carries a lot of influence in fare sales because while other airlines fly more miles, Southwest carries more passengers within the U.S. than anyone. Many attempts to raise prices don't stick because Southwest doesn't play along.

Hostess cuts wages 8% in final contract offer

Hostess Brands Inc.'s final contract offer to certain union members includes lowering wages and commissions by 8 percent in the first year of a five-year contract. The company is also considering the possible sale of its Merita brand. The offer also includes raising wages by a little more than 3 percent in the second year of the contract and by another percentage point in the fifth year. The final contract offer will allow Hostess to reduce operating costs and help attract the financing needed to exit Chapter 11 bankruptcy protection. The International Brotherhood of Teamsters last week told its members that rejecting the offer could mean losing their jobs. The union represents nearly 8,000 Hostess workers.

Apple vs. Samsung lawsuit to go to jury

The multimillion dollar patent dispute between the world's biggest smartphone makers is wrapping up. Lawyers are scheduled to deliver closing arguments today and a nine-person jury in federal court in San Jose, Calif., is expected to begin deliberations later this afternoon or Wednesday morning. Apple is demanding Samsung pay it \$2.5 billion and split its most popular smart-

Gas at record high for August

Prices are expected to continue their slow rise until Labor Day and should then ease, but the state average already is at \$3.96.

By SANDY STONE
Associated Press

You may pay more than ever for a late-summer drive.

U.S. drivers paid an average of \$3.72 per gallon on Monday. That's the highest price ever on this date, according to auto club AAA, a shade above the \$3.717 average on Aug. 20, 2008. A year ago, the average was \$3.578.

More daily records are likely over the next few weeks. The national average could increase to \$3.75 per gallon by Labor Day, said Tom Kloza, chief oil analyst at Oil Price Information Service. By comparison, gas prices stayed below \$3.70 in late August and early September in both 2008 and 2011.

Gasoline price comparison website GasBuddy.com reported Monday a range of gas prices in Washington state between \$3.59 in Clarkston and \$4.58 in Friday Harbor for a gallon of regular gas, with a state average of \$3.96.

Kloza and other analysts expect prices to start dropping after Labor Day, so drivers shouldn't have to worry about a return to the April high of \$3.94 per gallon, barring a hurricane or other unforeseen event.

See **GAS**, Page A5



Apple employees welcome hundreds of customers in front of the Apple store at a shopping mall in Oberhausen, Germany, as the new iPad went on sale at Apple stores in March.

The really big Apple

With a market capitalization of \$623 billion, Apple is now the world's most valuable company ever.

By PETER SVENSSON
Associated Press

NEW YORK — Apple is Wall Street's all-time MVP—that's Most Valuable Property.

On Monday, Apple's surging stock propelled the company's value to \$623 billion, the world's highest, ever. It beat the record for market capitalization set by Microsoft Corp. in the heady days of the Internet boom.

After a four-month dip, Apple's stock has hit new highs recently because of optimism around what is believed to be the impending launch of the iPhone 5, and possibly a smaller, cheaper iPad.

Apple Inc. has been the world's most valuable company since the end of last year. It's now worth \$3

percent more than No. 2 Exxon Mobil Corp.

Apple's stock hit \$664.74 in midday trading before retreating slightly to \$662.38. That was \$14.27, or 2.2 percent, higher than Friday's close.

Microsoft's 1999 peak was \$620.58 billion, according to Standard & Poor's.

The comparison to Microsoft does not take inflation into account. In inflation-adjusted dollars, the software giant was worth about \$850 billion on Dec. 30, 1999. Microsoft is now worth \$257 billion.

Analysts believe Apple's stock has room to grow. The average price target of 38 analysts polled by FactSet is \$745.80.

Despite the surge, Apple's stock is not particularly expensive

compared to its earnings for the last twelve months. The company's "price-to-earnings ratio" is 15.6, compared to 16.1 for the S&P 500 overall. That suggests investors, unlike analysts, don't believe the company can grow its profits much from current levels.

By contrast, Microsoft had a price-to-earnings ratio of 83 at the 1999 peak. The stock was caught up in the Internet mania of the time and investors believed it could boost its future earnings massively.

Analysts believe the launch of a new iPhone in a month or two will be Apple's biggest product introduction yet.

Scott Sutherland at Wedbush Morgan noted that some investors sold Apple shares last summer when iPhone sales slowed down as consumers started holding off for the new model. Those investors missed out on a 50 percent

See **APPLE**, Page A5

Wal-Mart to expand its holiday layaway offer

By ANNE D'INNOCENZO
Associated Press

The world's largest retailer says its mostly lower-income shoppers are still having a hard time

namesake U.S. business according to its latest quarterly results, though business has rebounded

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From Herald news services

Wal-Mart to expand its holiday layaway offer

By ANNE D'INNOCENZO
Associated Press

NEW YORK — After seeing high customer demand for layaway during last year's winter holiday season, Wal-Mart is expanding the interest-free, pay-over-time program for Christmas.

The new program will last a month longer than last year's and will include more items than the toys and electronics featured last year.

The world's largest retailer says its mostly lower-income shoppers are still having a hard time stretching their dollars to the next paycheck. A little more than three years into the economic recovery, shoppers, particularly in the low-income bracket, remain particularly hard hit by unemployment and other financial worries.

The return of layaway is also occurring after the discount, based in Bentonville, Ark., saw its sales momentum slow at its

namesake U.S. business according to its latest quarterly results, though business has rebounded from a more than two-year slump.

Wal-Mart says its layaway program, which will begin Sept. 16 and end Dec. 14, will give shoppers an extra month to spread their payments. The list of items that will be available for layaway has broadened and goes beyond last year's toys and electronics. Shoppers will be able to set aside small home appliances and select sporting

goods such as trampolines and large exercise equipment.

Wal-Mart is still requiring that each item is priced at \$15 or more, and the total layaway purchase must be at least \$50.

A down payment of 10 percent or \$10, whichever is greater, is required and will be applied to the purchase, the same terms as last year. There's also a refundable \$15 fee to open an account. If the order is cancelled or not paid in full, the \$15 is not refunded.

Drive-through safari to drop drive part

JACKSON, N.J. — Six Flags Great Escape will stop letting park guests use their own vehicles for drive-through tours of its animal sanctuary, the company said Monday. 38 years after first giving visitors close-up views of giraffes, elephants, rhinos and lions from their family cars.

The amusement park company did not give a reason for the change, which takes effect next year. The Wild Safari portion of the park also will end its 2012 season a month early, on

Sept. 30, except for previously scheduled VIP tours, park officials said. Park officials said details about how the animal sanctuary will operate in the future will be made public Aug. 30.

Six Flags currently lets visitors either drive their own vehicles through its 350-acre animal sanctuary or take guided bus tours. Since opening in 1974, the Wild Safari animal park at Six Flags has had more than 10 million drive-through visitors.

Associated Press



An African elephant cools off in a pond at Six Flags Great Escape's Wild Safari in Jackson, N.J.

the ticker

Amazon	..240.35	-.82
Boeing	...73.83	-.08
Costco	...96.02	-.12
CraneAero	..40.54	-.24
FrontierCom	..4.65	+.02
Intermec	...6.11	+.01
Microsoft	..30.74	-.16
Nordstrom	..56.58	-.68
Paccar	...41.24	-.64
SeattGen	...26.10	+.19
Starbucks	..48.05	-.17
VerizonCom	..43.70	-.36
WishBanking	13.57	-.03
Zumiez	...34.52	-.28

Market report, A5

NEXT UP

Herald columnist Eve Nicholas says job seekers need to call on optimism and passion.

Wednesday

In Business

Contact us

Assistant city editor
Chuck Taylor
339-3429; ctaylor@heraldnet.com

THE DAY ON WALL STREET

Stocks slipped Monday in one of the quietest trading sessions of the year. Worries about European debt crept up again, and Apple became the most valuable company of all time.

The Dow Jones industrial average fell 3.56 points, or 0.3 percent, at 13,271.64. The Standard & Poor's 500 fell a silver, 0.03 point, to 1,418.13. The Nasdaq composite index fell 0.38 point to 3,076.21.

Apple, the most valuable company in the world, became the most valuable in history. It hit a market value of \$623 billion, surpassing Microsoft's record from 1999.

Apple stock rose \$17.04, or 2.6 percent, to \$665.15.

—Associated Press

INTEREST RATES

	Last	Previous
Prime	3.25	3.25
Discount	0.75	0.75
Federal funds	200-25	200-25
Treasury 3 month	0.005	0.005
Treasury 6 month	0.145	0.14
Treasury 9 month	0.19	0.80
Treasury 1 year	0.71	0.81
Treasury 30 year	2.82	2.82
Libor 3-month	0.43	0.43

CURRENCY

	U.S. dollar	Foreign
Australia	95.68	1.0452
Canada	1.0700	0.9350
China	6.3193	1.572
Denmark	6.9397	1.568
Euro	80.96	1.2448
Hong Kong	78.29	1.289
India	55.745	20.075
Indonesia	9480.00	1.0139
Israel	4.0292	1.942
Japan	79.43	0.12920
Natural gas (per mbtu)	2.76	2.72
Mexico	13.1139	0.78255
New Zealand	12.339	0.991
Norway	13.151	1.689
Philippines	42.36	0.2326
Russia	32.9595	0.3312

COMMODITIES

	Last	Previous
Unheated gas (gal)	3.03	3.03
Crude oil (bbl)	95.97	96.01
Natural gas (per mbtu)	2.76	2.72
Heating oil (gal)	3.09	3.09
Copper (c)	3.37	3.42
Silver (oz)	30.330	30.300
Platinum (oz)	1488.20	1473.10
Orange juice (lb)	1.29	1.29
Coffee (lb)	1.21	1.21
Cattle (lb)	1.61	1.60
Pork (lb)	1.29	1.29
Corn (bushel)	6.15	7.93
Cotton (lb)	7.74	7.74
Wheat (10,000 bbl)	306.70	308.70
Wheat (bushel)	2.63	2.52
Soybeans (bushel)	15.71	16.71
Ethanol (bushel)	8.80	8.74

MAJOR INDEXES

Name	52-Week High	Low	Last	%Chg	YTD %Chg	12-mo %Chg
Dow Jones Industrial	13,338.66	10,404.48	13,271.64	-3.56	-83	+6.63
S&P 500	1,423.86	1,096.26	1,418.13	-0.38	-44	+22.27
Nasdaq Composite	3,217.67	2,014.25	3,076.21	-0.38	-48	+15.56
S&P 500	1,423.86	1,096.26	1,418.13	-0.38	-44	+22.27
S&P MidCap	1,041.76	731.62	1,034.31	-0.73	-37	+10.81
SmallCap	1,465.57	1,048.40	1,438.40	-0.52	-36	+10.89
Volatility	14.92	60.71	61.61	-0.31	+1	+10.29

GAINERS/LOSERS

NYSE

Most Active (31 or more)			Gainers (32 or more)			Losers (32 or more)		
Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg
Boji	981,640	8.15	BP	512,328	+11.61	PSX	1,256	-3.33
S&P 500	6,003,419	+1.91	Coverly	291,903	+0.24	EllieMac	19,997	-2.51
SPW	5,604,818	+1.48	ChicoSolar	28,716	+3.36	Beibuy	21,933	-2.11
Low	2,641,268	-0.61	ChicoSolar	28,716	+3.36	Beibuy	21,933	-2.11
ForM	387,953	-0.63	IPBSCO	19,478	+4.25	CSA	18,952	-3.74

NASDAQ

Most Active (31 or more)			Gainers (32 or more)			Losers (32 or more)		
Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg
Facebook	8,820,281	+0.56	WillyPerk	11,468	+0.87	Cover	175	-7.56
Slack	6,459	+2.56	Alto	2,208	+0.87	GoatPerk	1,446	-4.54
Cisco	391,282	+0.18	Rotastar	4,272	+4.81	Zapp	3,800	-7.30
SPW	29,320	-0.36	ReproHts	9,031	+1.88	AltoMac	382	-1.24
Low	2,641,268	-0.61	Senelec	20,259	+3.75	UnidH	232	-3.58

AMEX

Most Active (31 or more)			Gainers (32 or more)			Losers (32 or more)		
Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg	Name	Vol (000)	Last Chg
Visgo	4,000	3.42	Von	6	3.00	Augusta	382	-2.51
Chenierin	3,915	14.09	TenHeld	50	3.53	ImpactMC	187	-4.25
Novel	3,812	+0.12	ChazCorp	49	1.67	Medgen	17	-0.51
WorldG	2,715	+0.43	AltoMac	4,282	+4.13	Spartan	22	-6.50
NovelG	2,715	+0.43	Sandys	39	3.46	UnidH	7	-4.48

25 BIGGEST MUTUAL FUNDS

Name	CR	Total Assets (Billion)	4-wk	Returns 12-M	5-yr	Load	Admission investment
PIMCO Intl PMAS: TSMX	IC	121,551	-0.6	+7.1	+5.7	1.8	1,000.00
Vanguard Intl. Div. of: TSMX	IC	68,460	+5.2	+2.8	+1.6	1.8	3,000
Vanguard Intl. Div. of: TSMX	IC	68,460	+5.2	+2.8	+1.6	1.8	5,000.00
Fidelity Invest. Center	IC	59,441	+4.2	+2.8	+2.2	1.8	250
Vanguard Intl. Div. of: TSMX	IC	68,460	+5.2	+2.8	+1.6	1.8	250
Vanguard Adminn. of: TSMX	IC	59,441	+5.2	+2.8	+1.6	1.8	10,000
American Funds: A. Growth	IC	121,551	+2.9	+1.7	+1.1	1.8	250
Vanguard Intl. Div. of: TSMX	IC	68,460	+5.2	+2.8	+1.6	1.8	200,000.00
Vanguard Intl. Div. of: TSMX	IC	68,460	+5.2	+2.8	+1.6	1.8	250
American Funds: A. Growth	IC	121,551	+2.9	+1.7	+1.1	1.8	250
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American Funds:							

INTEREST RATES

	Rate	Previous
Prime	3.25	3.25
Discount	0.75	0.75
Federal funds	4.00-2.5	4.00-2.5
Treasury 3 month	6.05	6.05
Treasury 6 month	6.14	6.14
Treasury 9 month	6.20	6.20
Treasury 1 year	6.25	6.25
Treasury 30 year	6.32	6.32
Libor 3-month	0.43	0.43

Volume	Value	0001	2016	36	Wulley	1468	362	937	Cores	1757	756	-145
Facebook	34387	2526
Slack	361282	1838
Netflix	25320	2106
Intel	249702	2623

AMEX

Most Active (31 or more)

Gainers (31 or more)

Losers (31 or more)

Name	Vol	0001	2016	36	Wulley	1468	362	937	Cores	1757	756	-145
Vingo	40802	343
Chenieret	36515	1409
Novotek	22802	459
Novotek	25320	2106
Novotek	249702	2623

CURRENCY

	U.S. dollar/buy	Foreign
Australia	9588	1.0452
Britain	15705	1.6587
Canada	8844	1.0118
China	63603	1.5752
Denmark	42002	2.462
Germany	8698	1.2348
Hong Kong	128	0.79
India	55245	0.0719
Indonesia	94800	0.00105
Israel	18139	0.0025
Japan	7343	0.01290
Malaysia	11135	0.0015
Mexico	101765	0.0025
New Zealand	12359	0.0091
Norway	1489	0.0015
Philippines	4266	0.0026
Russia	320595	0.0012

COMMODITIES

	Last	Previous
Unleaded gas (gal)	55.57	56.01
Crude oil (barrel)	27.78	27.72
Unleaded gas (rim tub)	3.69	3.69
Heating oil (gal)	3.37	3.42
Copper (oz)	105.10	105.10
Platinum (oz)	1488.20	1473.10
Silver (oz)	26.59	26.59
Gold (oz)	121	121
Coffee (lb)	18.00	18.00
Orange Juice (lb)	16.00	16.00
Corn (bu)	8.15	7.9
Soybeans (bu)	7.4	7.3
Wheat (bu)	308.70	308.70
Ethanol (gal)	2.63	2.59
Crude oil (barrel)	2.63	2.59
Wheat (bu)	2.80	2.80

Degree

From Page A4

now about as many jobs in them as before the recession effort. But there are 15 percent fewer jobs for those with only high school in manufacturing, and 25 percent fewer in construction.

Overall, the number of jobs for people with at least some college is growing at a healthy 4 percent annually. But the growth rate for high school-only jobs is zero and those jobs remain 10 percent below their pre-recession levels.

Still, there is another variable needed to answer the question, "Is college worth it?" That's the cost of college, and that has been rising rapidly.

On average, the answer is pretty clear: A degree is worth it, to the tune of \$13 million in additional lifetime earnings, a very good return on even an expensive degree.

But, as Georgetown's Anthony Carnevale acknowledges, there's no such thing as a generic bachelor's

degree. These kids, even though they have pursued the American dream, they're starting their careers with hugely unequal amounts of student loan debt.

Jason Houle,
University of Wisconsin
demographer

degree. Where you study, and what you study, matter a lot.

"What people shouldn't take away from this is you can get any old B.A. or M.A. and say, 'I need to get past that. They

need to think about which degree and what it will do for them."

As many as one in five undergraduate degrees — for instance in counseling, at least for those who don't go on to get a master's — produce average earnings no greater than those of a high school graduate. Many types of AA degrees produce better average earnings than some bachelors. The research paints a powerful portrait of an economy where more education is better, but the kind of education matters too.

The second study, being presented Monday at the American Sociological Association's annual meeting in Denver, highlights the particular burden of growing student debt on middle-class families, who may be too well off to qualify for financial aid like Pell Grants that target students from the poorest families.

In the study, University of Wisconsin demographer Jason Houle finds students from middle-income families rack up more student loan debt on average than others: not only students from high-income families — no surprise — but also those from low-income families.

About 40 percent of students left school with debt, and the average was about \$22,000. But students from families earning between \$60,000 and \$59,000 were saddled with \$6,000 more on average than peers from families earning less than \$40,000. Students from the next tier — family income between \$60,000 and \$99,000 — had \$4,000 more in debt than their lowest-income peers.

One reason is that federal grant aid targets the lowest-income students — roughly 90 percent who receive Pell Grants come from families earning under \$50,000. Lower-income students may be also be more debt-averse, causing those who go to college to choose cheaper schools.

But the figures reinforce the struggles of families just above the bottom level to afford even the average public 4-year college, with tuition plus books and board (excluding financial aid) now running more than \$17,000 per year.

"These kids, even though they have pursued the American dream, they're starting their careers with huge unequal amounts of student loan debt," Houle said. "That

could be the difference of a kid who can take an unpaid internship that would put their career on an upward trajectory."

The caveat with Houle's study is that he looked only at people who attended some college.

As Houle acknowledges, while those from low-income families who go to college may get out of school with less debt, poorer students are still less likely to go in the first place. In the Georgetown survey shows anything, it's that graduating with a moderate amount of student debt is still much better than not graduating.

So the lesson isn't necessarily that the lowest-income students are better off overall. Just 9 percent of those from families in the bottom income quartile (under about \$36,000) have earned a bachelor's degree by age 24, compared to more than 82 percent from the top quartile (above about \$119,000).

But Houle's study does illustrate the serious bind of families above the very bottom (earning between about \$36,000 and \$65,000). Just 17 percent of those students earn a degree by 24, and they're racking up more debt in the process.

Apple

From Page A4

jump in the stock price.

This time around, investors got a little bit smarter across the board — they

don't want to be caught in the stock on this next iPhone launch," Sunderland said.

Analysts also speculate that a "mini iPad," could expand the number of people who can afford one of Apple's tablets. The cheapest iPad cost \$359, compared

to \$199 for the latest Google and Amazon tablets.

Analysts are speculating — based on rumors — that Apple plans to make a TV set to compete its suite of consumer electronics products.

Apple usually doesn't comment on its future product plans until a few weeks

or days before a launch.

Apple's stock surge has made it a major portfolio investment portfolio, often without the investors realizing it. The company makes up 4.7 percent of the value of the S&P 500 index, which is used as the basis for many mutual funds.

Figures supplied by FactSet imply Microsoft's market capitalization record was \$619.25 billion, somewhat lower than the \$620.58 billion calculated by S&P. The difference lies in the number of outstanding shares the firms ascribe to Microsoft at the time.

Gas

From Page A4

Higher gas prices aren't what the sluggish economy needs, since any extra money that goes to fill gas tanks doesn't get spent at movie theaters or restaurants.

Retail gasoline prices have risen nearly 12 percent since July 1 because of higher oil prices and problems with refineries and pipelines that created temporary supply shortages in some regions. An increase in the price of ethanol, which is blended into

gasoline, was also a factor.

The pace of the increases has slowed considerably, however. Gas rose 19 cents in the two weeks ended Wednesday. It's up just 1 penny in the five days since. Gas costs about 26 cents more than a month ago and 14 cents more than a year ago according to AAA, OPIS and Wright Express.

Across the U.S., prices range from a low of \$3.43 per gallon in South Carolina to \$4.32 in Hawaii. Arizona, Mississippi and New Mexico also have average prices below \$3.50 per gallon, while California and Illinois are above the \$4 mark.

A few drivers are catching a break. Kioza said gas prices in 2011 for four states — Montana, Wyoming, Utah and Idaho. And drivers who recently purchased a new car can stretch a gallon a bit further. The average fuel economy of new light vehicles in the U.S. in May was 23.6 mpg, up from 20.5 mpg at the end of 2008.

The price at the pump in the U.S. fell more than 60 cents per gallon during the spring as new oil fields slowly opened and turmoil in the Middle East seemed to subside.

But crude oil has risen to

\$96 a barrel from a low of \$78 in late June. Investors have worried about disruption to oil supplies in the Middle East and North Sea. In the U.S., there were problems with refineries and pipelines in the West Coast and Midwest, including a fire in California. Seasonal factors are also at play. Summer blends of gas cost more and demand goes up as families go on vacation.

Gas hit an all-time high of \$4.11 per gallon in July 2008. But a plunge in oil prices knocked it down to \$3.69 the end of August. Though the national average jumped back to \$3.85 in mid-September when Hurricane Ike

hit the Gulf Coast, it plummeted to \$1.62 per gallon by year-end as the global recession took hold.

On Monday, oil fell slightly in New York trading after four days of gains on more concerns about Europe's economy. European leaders are beginning a series of discussions that could determine Greece's future and the stability of the 17 countries that use the euro.

Benchmark oil dropped 4 cents to \$35.97 per barrel in New York. Brent crude, which is used to price international varieties of oil, slipped a penny to \$113.70 per barrel in London.

Herald

David Declan, Publisher
Kathy Hill, Managing Editor
Kathy Hill, Executive Office
Ron Lee, Director of Advertising
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Steve Long, Production Director

Herald is published daily and Sunday by the Daily Herald, 1215 Columbia St., Everett, WA 98201.

POSTMASTER: Send address changes to The Herald, P.O. Box 380, Everett, WA 98206.

Periodicals postage paid at Everett, WA.

Member of the Associated Press

The Associated Press is entitled to use the name of the newspaper in all the local news printed in this newspaper as well as all other news items.

Herald Office
Grand and California, Everett
Circulation 425-339-3200
(Sat Of Area: 1-800-422-0801)

Monday: 7:30 a.m. - 5 p.m.
Tuesday: 7:30 a.m. - 11:30 a.m.
Wednesday: 7:30 a.m. - 11:30 a.m.
Thursday: 7:30 a.m. - 11:30 a.m.
Friday: 7:30 a.m. - 11:30 a.m.

Classified Advertising 425-339-3100
Sports 425-339-3000
Real Estate 425-339-3000
News Department 425-339-3400

Delivery Times: Papers are due to homes by 5:30 a.m. Fri., 7:00 a.m. Sat. and 8:00 a.m. Sun. Deliveries are one hour later on Whidbey Island and other outlying areas. 425-339-3101

Herald

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The USS Nimitz returned to Everett on Monday after a 70 day deployment.

MICHAEL O'LEARY / THE HERALD

Nimitz: Crew back home after 70 days

From Page A1

reliance on fossil fuels and increase the use of alternative energy, Navy officials said.

A stop in Pearl Harbor, Hawaii, meant that the Nimitz crew played host

to more than 500 visitors as part of a public awareness campaign. The ship also hosted the Pacific Rim exercise closing reception, with nearly 2,000 people in attendance in the ship's hangar bays.

Additionally, the Nimitz

hosted its first "Lt. Cmdr. Regina Pearl Mills Leadership Award" presentation ceremony by her husband, Lt. Cmdr. Jeff Mills. The award went to Aviation Boatswain's Mate 2nd Class Saheema N. Massey while in port at Naval Air Station

North Island on Aug. 9. Mills served aboard the Nimitz as the Navy's first female aircraft handler prior to being struck and killed by a vehicle when she stopped to assist others in a traffic collision Jan. 23 near Bremerton.

Class

From Page A1

mid-2014. That same law requires WSU to offer mechanical engineering program now and, in December, to provide legislators a road map for the center's future operations.

"I think it's a huge step for higher education in our state," WSU president Elson Floyd said. "It's been two decades in which we've been talking about the need for access to higher education in Everett and Snohomish County. Now it's becoming a reality."

While lawmakers provided funding for the students, they didn't provide a site for a branch campus, money to construct buildings or dollars to install a flagpole to fly the crimson and gray.

That's not curtailing the optimism of those involved in cementing WSU's presence in the community.

"It's a start. It's extremely gratifying," said state Rep. Mike Sells, D-Everett, a member of the House Higher Education Committee where the 2011 law underwent many revisions before emerging. "I'd like to predict it moves us forward to a fuller delivery of four-year degrees."

Snohomish County Executive Aaron Reardon, who's pushed for an independent polytechnic university, didn't think too highly of the law. He viewed it as the smallest possible step toward getting a four-year university.

Since then, he's gained confidence Floyd will move swiftly to enlarge WSU's presence.

"What I get from them is a real sense of commitment. They have a larger vision of WSU up here," he said. "They are not just planting the flag. This is not just symbolism."

With the transition far from complete, WSU intentionally kept a low profile Monday. No pennants, no flags, no Cougar colors at all in or around the classrooms

in Gray Wolf Hall where the University Center partners hold classes.

"We did not want to engage in any fanfare. I don't want people to believe we are overstepping our bounds legislatively," Floyd said.

EvCC President David Beyer said the transfer of power is "going very positively and productively. Things are moving forward." And he credited WSU's arrival with inciting a spike in enrollment in pre-engineering classes. The community college hired an instructor to deal with the increase and for the first time is offering courses at night.

Meanwhile, the eventual transfer of power is not scaring away University Center partners, as some worried, though St. Martin's University did drop its engineering classes this year.

WSU's arrival is not the reason, a St. Martin's spokeswoman said. Rather, the private college is refocusing attention to its Lacey campus where a new engineering building is under construction.

Officially, the Washington State University era at EvCC began 20 minutes later than planned. WSU intended its 11:10 a.m. materials science course in Everett to be televised to students in Pullman as well but a glitch in connecting the two sites caused the delay.

Twenty-five students, all juniors, are in the program. About half are transfers from Everett Community College with the rest coming from around the Puget Sound region.

Nathan Oppie, 31, of Everett, completed his pre-engineering courses at Edmonds Community College. While blazing a trail is nice, earning his degree near home rather than at a university in Seattle is even better.

"I heard about it last year. I didn't think it would happen," he said. "I'm glad it did."

Jerry Cornfield: 360-352-8822; jcornfield@heraldnet.com.

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PORT LAUDERDALE

Jensen

From Page A1

donated to the Cascade High School's annual food drive in his memory to help hard-pressed families celebrate the holidays.

Behind the scenes, nearly two dozen volunteers give Don and Jan Jensen the resolve to organize a large-scale event each year to raise more money to help their community.

"We could never find the strength to do this without them," Don Jensen said.

Jan Jensen was a teacher at Eisenhower Middle School for more than 20 years; Don Jensen, a counselor at Cascade for 18. Their daughter, Megan, a year younger than her brother, is now a doctorate student in California. They made a lot of friends along the way.

And those friends are willing to go to great lengths to help.

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The Jensens are in posses-

On the web

To learn more about the Brett Jensen Memorial Fun Run and Walk on Saturday morning, go to brettjensen.wordpress.com.

a Los Angeles Clipper star who was part of the U.S. team until he got injured. Griffin got his teammates to sign the ball during training camp in Salt Lake City.

"It was so nice of them to think of us," Jan Jensen said.

The ball has signatures from some of the National Basketball Association's marquee players, including LeBron James, Kobe Bryant and Kevin Durant. It won't be at Saturday's auction or run, which begins at 9 a.m. at Legion Memorial Park, 145 Alverson Blvd. but it will be sold soon, Don Jensen said.

Brett Jensen would have turned 30 next week.

Some of his former classmates at Cascade High still help his parents and their friends stage the walk and run.

Don Jensen said the event has four purposes: to remember their son, to pro-

Nimitz: Crew back home after 70 days

From Page A1

reliance on fossil fuels and increase the use of alternative energy, Navy officials said.

A stop in Pearl Harbor, Hawaii, meant that the Nimitz crew played host

to more than 500 visitors as part of a public awareness campaign. The ship also hosted the Pacific Rim exercise closing reception, with nearly 2,000 people in attendance in the ship's hangar bays.

Additionally, the Nimitz

hosted its first "Lt. Cmdr. Regina Pearl Mills Leadership Award" presentation ceremony by her husband, Lt. Cmdr. Jeff Mills. The award went to Aviation Boatswain's Mate 2nd Class Saleema N. Massey while in port at Naval Air Station

North Island on Aug. 9. Mills served aboard the Nimitz as the Navy's first female aircraft handler prior to being struck and killed by a vehicle when she stopped to assist others in a traffic collision Jan. 23 near Bremerton.

optimism that those involved in cementing WSU's presence in the community.

"It's a start. It's extremely gratifying," said state Rep. Mike Sells. D-Everett, a member of the House Higher Education Committee where the 2011 law underwent many revisions before emerging. "I'd like to predict it moves us forward to a fuller delivery of four-year degrees."

Snohomish County Executive Aaron Reardon, who's pushed for an independent polytechnic university, didn't think too highly of the law. He viewed it as the smallest possible step toward getting a four-year university.

Since then, he's gained confidence Floyd will move swiftly to enlarge WSU's presence.

"What I get from them is a real sense of commitment. They have a larger vision of WSU up here," he said. "They are not just planting the flag. This is not just symbolism."

With the transition far from complete, WSU intentionally kept a low profile Monday. No pennants, no flags, no Cougar colors at all in or around the classrooms

private residence is refusing attention to its Lacey campus where a new engineering building is under construction.

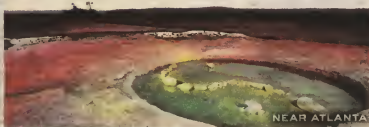
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Connecting our children to their community.

Herald
COMMUNITY EDITION

Jensen

From Page A1

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And those friends are willing to go to great lengths to help.

Consider one donation that was supposed to be part of this year's silent auction but will be marketed elsewhere to fetch the highest price for scholarships.

The Jensens are in possession of an encased basketball that was signed by the U.S. men's basketball team that won the gold medal at this summer's Olympic Games.

How it got to them is a lengthy and convoluted story of determined people pulling in favors.

The short version is Don Jensen has a friend whose daughter dates a boy who through mutual friends knows a young woman who works with Blake Griffin,

On the web

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a Los Angeles Clipper star who was part of the U.S. team until he got injured. Griffin got his teammates to sign the ball during training camp in Salt Lake City.

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Brett Jensen would have turned 30 next week.

Some of his former classmates at Cascade High still help his parents and their friends stage the walk and run.

Don Jensen said the event has four purposes: to remember their son, to promote health and fitness, to raise scholarship money and to have fun.

"It's just glad others continue to support them and remember Brett."

"It wouldn't happen without them," he said. "It's a lot of work and sometimes we wonder about it, but then we do it and get rejuvenated. We're just so grateful."

Eric Stevick: 425-339-3446, stevick@heraldnet.com.

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Letters to the editor

Herald readers share their views on the economy, the election and reasons to wear a helmet. **Opinion, B5**

SECTION B | HERALD | WWW.HERALDNET.COM/LOCAL | TUESDAY, 08.21.12

27 months for teen's drug death

Darren Pevny was sentenced to the maximum term for providing oxymorphone to a 17-year-old girl who overdosed.

By ERIC STEVICK
Herald Writer

EVERETT — A Marysville man was sentenced to more than two years in prison Monday for his

role in the 2011 overdose death of a Marysville Getchell High School student.

Darren Pevny, 23, was sentenced in Snohomish County Superior Court to 27 months behind bars,

the maximum allowed under the state sentencing laws. He'd pleaded guilty in July to second-degree manslaughter.

Prosecutors said Pevny provided a 17-year-old girl with oxymorphone, a highly addictive narcotic prescribed to treat moderate to severe pain.

The girl overdosed June 18, 2011,

on a combination of oxymorphone, cocaine, alcohol and a doctor-prescribed anti-depressant, according to court documents.

Prosecutors didn't name the girl in court papers, instead referring to her by her initials.

The Herald hasn't named the girl because of her age and the circumstances of her death.

Her mother and brother urged Judge Anita Farris to sentence Pevny to the maximum allowed by law.

"My family has been through hell," her brother said.

The girl died at the Marysville home Pevny shared with his

See SENTENCE, Page B4

COMMUNITY EXTRA

GET INVOLVED, B2 • APPLAUSE, B3 • OPPORTUNITIES, B3



Belinda Gloyd (left) of Marysville and Barb Skudlarick of Bellingham deal with some of life's most difficult situations as volunteers with Families and Friends of Violent Crime Victims.

Victims' advocates ready to listen

Volunteers help people understand their rights and connect with support groups

By DIANA HERLEY
Herald Writer

EVERETT — Grief can work overtime. Sometimes the memories, tears

and nagging questions creep in when everyone else has gone home for the day.

In Snohomish County, there is someone ready to listen, whatever the time.

The Everett-based Families and Friends of Violent Crime Victims runs a 24-hour crisis line. The agency relies on trained volunteers to answer calls once the office is closed for the day, giving victims and their families around-the-clock support.

"We get some people who call about having lost a family

See VOLUNTEERS, Page B3

How to volunteer

A training session begins Sept. 8 to volunteer with Families and Friends of Violent Crime Victims. To register, call 425-252-6081 by Sept. 3.

For more information about the agency, go to www.fhfv.org.

Arrest in reported parrot killing

By RUSSELL KING
Herald Writer

EVERETT — An Everett man was arrested Sunday night for allegedly stabbing his girlfriend's parrot to death with a serving fork.

Everett police found the parrot's body and the fork at the couple's home after the girlfriend called 911, court papers show.

The woman reportedly told police that the man, 63, had been upset with her about a plan for them to have dinner with friends.

She said she went to the store, and returned to find the house trashed and the parrot dead on the floor.

When police arrived they found the parrot and a large pool of blood on the floor.

"Upon inspection of the parrot, it appeared to have been stabbed," officers wrote in their report. "A serving fork with apparent blood stains was discovered on the living room floor. It appeared that the serving fork was used to stab the parrot to death."

Officers reportedly found bloody footprints leading into the bathroom, where evidence indicated that someone apparently had cleaned and banded wounds.

They found the man asleep in a downstairs bedroom, police said. He had small cuts to his hands and arms. One of his socks also was bloody. He was treated at the scene for minor injuries.

On Monday he was being held at Snohomish County Jail for investigation of first-degree animal cruelty and second-degree malicious mischief.

He was scheduled for a bail hearing in Everett District Court but refused to leave his cell.

Alleged series of crimes leads to arrest

By RUSSELL KING
Herald Writer

Investigators allege that James E. Kirk, 50, terrorized a woman after breaking into her home

people's shoes," according to court papers. As officers neared the gym

County to buy property as part of long-term trash plan



Belinda Gloyd (left) of Marysville and Barb Skudlarick of Bellingham deal with some of life's most difficult situations as volunteers with Families and Friends of Violent Crime Victims.

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For more information about the agency, go to www.fnlvcv.org.

Alleged series of crimes leads to arrest

By RICKI KING
Herald Writer

EDMONDS — A Lynnwood man is accused of robbery, burglary, kidnapping, driving a stolen car and attempting to steal another car.

There was a naked bicycle ride, too.

It all happened in about 90 minutes Saturday morning in Edmonds.

Investigators allege that James E. Kirk, 50, terrorized a woman after breaking into her house while on the run from the law.

Police were after him in connection with a string of thefts at an Edmonds athletic club.

"He was willing to do just about anything to get away," Sgt. Mike Blackburn said Monday.

About 7:30 a.m. Saturday, an employee at the gym called 911 to report "someone was stealing

people's shoes," according to court papers.

As officers neared the gym along W. Dayton Street, one of them saw a green Ford Mustang blow a red light and speed away.

The car matched the description of a vehicle reported stolen last week by Kirk's ex-wife, court papers say.

The officer turned on his lights

See ARREST, Page B4

County to buy property as part of long-term trash plan

By NOAH HAGLUND
Herald Writer

EVERETT — The Snohomish County Council on Monday green-lighted the purchase of a north Everett rail yard that forms a linchpin of regional trash operations.

The nearly 16-acre rail yard is where garbage trucks take solid

waste so it can be loaded onto trains. From there, the trash is sent to a Klickitat County landfill.

Council members voted 4-0 to authorize the county executive's office to complete the purchase of the yard for \$7.8 million and to pay for it with proceeds from

See TRASH, Page B3

front porch

Mill demolition begins

A months-long demolition of the Kimberly-Clark pulp and paper mill has started.

The work wasn't visible Monday. Some workers were on top of one roof, and big booming sounds could be heard on the Port Gardner side of the mill.

Kimberly-Clark spokesman Bob Brand said: "I'm told that most of the current activity wouldn't be visible from the street side of the mill but that work is underway. Still

targeting to have the demo work completed by the end of the first quarter of next year."

Darrington book talks Pilot, photographer and author

John Scurlock plans to discuss his latest book, "Snow and Spire: Flights to Winter in the North Cascade Range," at 6:30 p.m. Wednesday at Mountain Loop Books and Coffee,



Everett Boys & Girls Club plans to hold an open house from noon to 4 p.m. Sunday at the center, 2316 12th St., Everett.

People are invited to meet the

1085 Darrington St., as the Darrington Library continues its Summer of Authors series.

Boys & Girls club open house: The

new faces at the club. Hot dogs, as well as refreshments will be available. The club will offer information about programs and sports offered this fall.

The fall sports are: NFL flag football for ages 5-12, cost \$100; soccer for ages 3-5, cost \$70; volleyball for children in grades third through eighth grade, \$100; lacrosse for children in third through sixth grade, \$100. Scholarships are available for those who qualify.

For information, call the club at 425-259-5147.

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EVENTS

Free vision screening: 10 a.m. to noon Sept. 19, Camano Center, 606 Arrowhead Road. People can have their vision checked, eyeglasses adjusted for free, and minor repairs will be offered. No registration is required. Call 360-387-0222 for more information.

Swift Night Out: 5 p.m. to dusk, Sept. 15, Frank Wagner Elementary School at 115 Dickinson Road in Monroe. Come and see the migrating Vaux's Swifts enter the school's chimney. The community event features information about the birds and other nature-related items. Refreshments will be available for sale. For more information, go to <http://monroeswifts.org>.

Western Washington University Extended Education: Learn more about the school's new MBA at Everett program. Registration at 6 p.m., Sept. 13 at the Gray Wolf Hall, Room 160 of the University Center of North Puget Sound, Meets Tates at 10:30 a.m. Tuesdays and 4:30 p.m. Wednesdays. For more information, call 360-571-7171 or send an email to weekendmba@wwu.edu.

Movies at the Library: The Mukilteo Library is hosting a free movie and popcorn at 2 p.m. today, 4675 Harbour Pointe Blvd. The movie is "Hugo." For more information, call 425-387-0222.

Register for volleyball and flag football: The Mukilteo Boys & Girls Club is holding registrations now until Sept. 14 for coed volleyball and NFL flag football. Children between grade 3 and 12 can register for volleyball. Children ages 5 through 14 can register for football. Practices start Sept. 17. Cost of the program is \$20. A scholarship is available. For questions or registration, contact the Mukilteo Boys & Girls Club at 425-355-2773 or email cannon@bgsc.org. For more information, go to www.bgsc.org.

Square dances: Starting at 7:30 p.m. Saturdays at the Camano Center, 606 Arrowhead Road. Admission is \$7 and includes a finger-food potluck, door prizes and a ticket for the pot drawing. Proceeds go to benefit the Camano Senior Services Association. For more information, contact Rick Bentley at 360-387-5910, Dennis Isom at 360-387-0165, or the Center at 360-387-0222.

Women's Safety in Home and Travel: Informative session by the Island County Sheriff's Office is on a.m. Aug. 29 at the Camano Center, 606 Arrowhead Road, Camano Island. A Glimp of Senior Services of Island County at 360-387-6201 for more information.

"Naturescaping" for Wildlife: Free class for homeowners who want more birds, butterflies and beneficial insects in their yards. The event is scheduled from 9 a.m. to noon, Sept. 8 at the Brier City Youth, 291228 St. SW. Register at <http://naturescapingbrieryou.com>. Questions, call 360-571-6111 or 425-335-5634, ext. 116.

Moonlight Beach Adventure: 7:30 to 9:30 p.m. Saturdays at Marina Beach, 470 Admiralty Way S. in Edmonds. Suba divers are to show sea creatures by video and then to them to shore. For more information, call Edmonds Parks & Recreation at 425-771-0227.

Stanwood Car Show: 8 to 2 p.m., Sept. 15 at the Stanwood Community and Senior Center, 7450 76th St. NW. Stanwood to register, go to www.stanwoodseniorcenter.org. For more information, call 360-429-7403.

Fall Craft Fair: Catholic Daughters of the Americas St. Rita Court 957 is hosting the fair, from 9 a.m. to 2 p.m., Sept. 29 and 30 at St. Mary Magdalene's Parish Hall 8615 Seventh Ave. SE, Everett. For more information call Charlene Osborn at 360-668-0545 or email osborn360@yahoo.com.

Fruit sale: The Oak Harbor Lions Club is selling fresh produce, nectaries, breakfast tarts and more starting Aug. 28 at the parking lot of Fire Administration, 200-321-2597.

plies to children who register at www.wrcvt.org or call 425-252-2188.

Bingo: From 12:30 p.m. to 3 p.m. Mondays, Wednesdays and Fridays at the Carl Gibson Senior Center of Everett, 3205 Lombard Ave. Cost is \$2 for three-on. Everybody over 50 can participate. For more information, call 425-257-8780 or go to www.cvgss.net.

Summer reading in Arlington: Arlington Library is hosting a summer reading program for families, running through Aug. 23. The free program includes book reading, nautical making, pizza party and more. Readers are eligible for prizes. For more information, call the Arlington Library at 360-435-3033.

Double-deck pinocle group: Meets at 10:30 a.m. Tuesdays and 4:30 p.m. Wednesdays at Scriber Garden Center, 6024 204 St. SW, Lynnwood. For more information, call Carla at 425-771-5471.

ESL Talk Time: Adults seeking to improve their English-speaking skills are invited to attend Monroe Library's ESL Talk Time on Tuesdays. The free one-hour talks are scheduled for 1 p.m. at the Monroe Library meeting room, 1070 Village Way, Everett. Call 425-771-7851.

International Dinner Out: 6 p.m. every third Wednesday of the month at the East County Senior Center, 276 Sky River Parkway, Monroe. The cost is \$5 for adults and \$2 for children under 12. Call 360-394-6359 for reservations.

Norwegian piano practice: 7:30 to 10:30 a.m. the third Saturday of every month at the Ebenezer Lutheran Church, 2111 117th Ave. NE, Lake Stevens. The cost is \$5 per person; children younger than 4 are free.

Panoramic breakfast: 8 to 10:30 a.m. third Saturday of the month, East County Senior Center, 276 Sky River Parkway, Monroe. Enjoy milk, juice, pastries and served by volunteers. The cost is \$5 for adults and \$3 for children younger than 12. Proceeds benefit the center. 360-744-6359.

Reading with Rover: Children are welcome to read to therapy dogs and receive bookmarks. Paw stamps and more at various Sno-Isle Libraries and bookstores. The sessions are 9 a.m. to noon and 1 to 4 p.m. Mukilteo Library has "Read with Carmen and Rita" on Sundays. Events and locations can be found at readingwithrover.org. To contact your local Sno-Isle library.

Table tennis at the Everett senior center: 9 a.m. to 4 p.m. Mondays, 12:30 to 3:30 p.m. Wednesdays, 8:30 a.m. to 3:30 p.m. Saturdays at 3205 Lombard Ave., Everett. Cost is \$1 per session. 425-257-8780.

Village Community Services: Friday music jam sessions, 1 to 3 p.m. at 338 N. Macleod Ave., Arlington. Kids and adults are invited. Children younger than 6 must be accompanied by a parent or caregiver. 360-653-7752, fax 360-653-7752.

Willow Place: Three-hour activity sessions for older teens and adults with developmental disabilities. Activities include games, music, and more. Sessions are 9 a.m. to noon and 1 to 4 p.m. Monday through Thursday at 9610 48th Drive NE, Marysville. \$10 for those with caregivers, \$15 for those without. Cost may be themselves. 360-653-2321.

Everett amputee support group: 7 p.m. every fourth Thursday, New Life Church, 6830 Highland Drive. This group provides people who have experienced or are facing amputation. Families and friends are invited. For more information, call Maurine at 425-338-1395 or email at maurine@amputee.org, or Betsy at 360-321-2597.

GOT AN EVENT OR VOLUNTEER OPPORTUNITY TO SHARE?

Email us at newstips@heraldnet.com or call Alejandro Dominguez at 425-339-3422. Include a contact phone number.

➤ MORE EVENTS ONLINE

For more calendar listings, go to www.heraldnet.com/events.

Wendy, 206-790-0162.

Lymphedema support group meetings: 6 to 8 p.m. third Thursday of the month, conference room B, Providence Regional Medical Center, Pacific Campus, 916 Pacific Ave., Everett; email klimb@providence.net.

Lynnwood MS self-help group: 12:30 to 2 p.m. first Friday of each month in the group room at the YWCA Village, 1970 68th Ave. W., Lynnwood. Sharon Todd, 360-651-9720.

Marysville MS self-help group: 10:30 to noon, second Sunday of each month, except July and August, at Cascade Christian Reformed Church, 13908 51st Ave. NE, Marysville. Linda 425-238-0849.

Monroe running group: 9:30 a.m. Saturdays at the Harbor Pointe Middle School track. All ages and abilities welcome. The group runs a four-mile loop at a conversational pace. For more information, email monroerunning@gmail.com. The cost is \$5 per person; children younger than 4 are free.

Mukilteo running club: 7:30 a.m. Saturdays, about the Harbor Pointe Middle School track. All ages and abilities welcome. The group runs a four-mile loop at a conversational pace. For more information, email mukilteorunning@gmail.com. The cost is \$5 per person; children younger than 4 are free.

Parkinson's disease support group: 2 to 4 p.m. fourth Saturday, Rainier Road, 1303 Rockefeller Ave., Everett. 425-327-9401.

Puget Sound Camera Club: 7 p.m. every second, fourth and fifth Monday at Maplewood Presbyterian Church, 1922 84th Ave. W., Edmonds. 425-776-2442.

Puget Sound singles: A group for people older than 45. Fun, friends, fitness. Fridays on Saturdays, July. 425-931-1195.

Parents and Friends of Lesbians and Gays: The Everett chapter of the national support group meets at 7 p.m. third Monday at the Everett United Church of Christ, 2624 Rockefeller Ave. www.pflag.org.

Support group for parents of children with behavioral disorders: 8 to 9:30 p.m. Thursdays at Zion Lutheran Church, 4634 Alder Ave., Everett. The network offers peer-to-peer support for parents struggling with children exhibiting risk behaviors such as drug or alcohol use. Groups are confidential and free. 888-688-2620 or www.cpsn.org.

Support group for special education parents in the Everett School District: 6:30 to 8 p.m. every third Wednesday except December at View Ridge Elementary School, 202 Alder St., Everett.

Take Off Doors Sensibly club: Meetings every Wednesday at 8:30 a.m. at St. Philip's Episcopal Church, 4212 84th St. NE, Marysville. Visitors are welcome. Weigh-in is from 8:30 a.m. to 9 a.m., with meeting after 9 a.m. For more information, call Marcia at 425-347-219 or Ada at 425-923-6025.

Widow support group: Widowed Information Consultation Services has ongoing support groups for widowed men and women in Everett, Lynnwood and Monroe. For more information, call 425-252-7617.

WAYS TO HELP

Center needs drivers: The Mill Creek Senior Center is looking for people to help drive members for

Courtmarsh at 425-761-1811 in advance.

Benefit lunch dinner: The Edmonds Senior Center is hosting its annual lunch dinner. The event is scheduled for 5 p.m. Thursday in 220 Railroad Ave., Edmonds. Cost is \$20 for non-members, \$15 for members, and \$10 for children. Tickets can be purchased at the center's administrative office. Call 425-774-5555.

Poker fundraiser: The 2nd Annual Jack Seniors at the Tuxedo-Hold'em Tournaments to raise funds for Domestic Violence Services of Snohomish County. A tournament is scheduled to start at 1:30 p.m., Sept. 9 at Lucky Dog Sports Bar, 3611 Colby Ave. in Everett. Registration begins at noon. Call 425-257-9863 for more information. Another tournament is set for Sept. 16 at the Eyed Jack's Road House, 14019 Hwy 99, Lynnwood. Call 425-743-5570. Registration begins at 2 p.m. A third tournament is scheduled at 7 p.m., Sept. 16 at Pub 7601 Evergreen Way, Everett. Call 425-347-6659.

Benefit for Costa Rican charity: The Northshore Christian Church is organizing a run-walk event for the Costa Rican Feeding Center in Costa Rica. People can either run or walk 3 miles starting at 8 a.m., Sept. 22 at the church, 5700 23rd Drive W. For more information, email costaricanfeedingcenter@gmail.com or go to www.fstving.com. For more information, go to www.fstving.com.

Volunteer with United Way: The United Way of Snohomish County is looking for volunteers, projects and non-profits that would like to be part of the annual Days of Caring. The event is scheduled for Sept. 21 and 22. The deadline to register projects is Aug. 21. Projects are needed Sept. 12 to sign up for projects. For more information, call 425-374-5549. For more information, go to www.uwsc.org/daysofcaring.php.

Valley General Hospital blood drive: From 9:30 a.m. to 1:30 p.m. and 1:30 to 3 p.m. at Valley General Hospital, 1900 1st St. SE. The mobile donation bus will be in the Valley General hospital parking lot, 14701 179th Ave. SE in Monroe. To register for any of these events, call the Blood Source Center at 800-398-7888.

Big Brothers Big Sisters auction: The Big Brothers Big Sisters of Snohomish County is looking for sponsors and items to auction at the 2012 Auction. The auction is on Sept. 29, Lynnwood Convention Center, 3111 196th St. SW. For more information, call 425-252-2227, email mjchmon@bbs.org, or go to www.auction.bbs.org.

Assist cancer patients: The Cancer Resource Center at the Providence Regional Cancer Partnership is looking for volunteers to work weekly four-hour shifts meeting with cancer patients and caregivers to provide support. Drivers for the Road to Recovery program are also needed. The program provides rides for cancer patients to medical appointments. Volunteers use their own vehicles and get mileage reimbursement. For more information, call 425-322-1114.

The Caring for Our Children Foundation: The nonprofit is currently seeking volunteers to help as an office assistant, grant writer or as a phone fundraiser for about 20 hours a week. People ages 55 and older are encouraged to apply. For more information, call Melody Gibson at 425-374-2635 or go to www.caringforourchildren.org.

Volunteer with

Kid's Closet:

Kid's Closet is looking for volunteers to work weekly, three-hour shifts, helping needy families shop for school clothing. Hours are 9 a.m. to noon and 4 to 8 p.m., Tuesdays, 9 a.m. to noon and 4 to 8 p.m., Wednesdays, 9 a.m. to noon and 4 to 8 p.m., Thursdays. Donations of gently used clothing and books also are needed. For more information, call 360-435-4875.

The Hospice and Home Care of Snohomish County:

The hospice is looking for volunteers to help in various ways, such as visiting patients, delivering supplies, working in the office and helping with events. Information sessions are held from 2 to 4 p.m., and from 6 to 8 p.m., the third Wednesday of each month, at 2731 Wetmore Ave., Everett. For more information, go to 425-561-4815.

Knitting to Make a Difference:

The group is accepting people from all skill levels to make blankets, hats and scarves for babies and homeless children. The group meets every Wednesday at 11 a.m. Mondays at the Lynnwood Senior Center, 19000 44th Ave. W. Needles and yarn provided. The fee is \$5. For more information, call 425-670-9520.

Volunteer to deliver meals:

The Meals on Wheels program of Island County Senior Services is in need of drivers. The group delivers meals to home-bound seniors on Camano Island. The program is operated from Camano Center, 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-387-0222, ask to speak with the folks in the kitchen.

School supplies accepted at retail stores:

A national drive for school supplies is set to benefit the Valley General Hospital. The drive runs from July 1 to Sept. 15, people can donate school supplies at local Staples stores. The stores are located at 4820 Everett Way, Everett; 621 Highway 9 N. Suite 428, Lake Stevens; 3011 196th St. SW, Lynnwood; 105 Mall Way, Marysville; 16232 Bothell-Everett Highway, Mill Creek; 191 3rd St. SE, Monroe. For more information, go to www.staplesforstudents.org.

Role models needed for at-risk youth:

Volunteers of American Cancer Society program seeking volunteer role models to help at-risk youth. Volunteers are needed for adults, 21 and older, for the Mentoring Children of Promise program. Contact mcp@vaoww.org for more information.

Soup kitchen volunteers:

The First Soup Kitchen is in need of volunteers to help prepare, cook, serve and clean up starting at 10:30 a.m. Tuesdays at the Westminster Presbyterian Church, 2531 Hoyt Ave., Everett. Volunteers will be able to lift 25 pounds and go up and down stairs. The group also is looking for a box truck to pick up food for food banks in Snohomish County. Call Sandra at 425-355-1042.

Auction to benefit Center:

The Camano Center is organizing an auction as a fundraiser starting at 5 p.m., Sept. 8, 606 Arrowhead Road. Tickets cost \$65 per person. For more information on how to help and about the auction, go to www.camano-center.org. You can also visit the center or call 360-387-0222.

YWCA seeks donations:

The YWCA of Snohomish County is looking for personal care products. Items can be dropped off at the YWCA of Seattle-King Snohomish office, 2381 Broadway, for more information, call 206-465-1500, ext. 250.

Service classes: The Mill Creek Senior Center:

The center is offering classes at 15720 Main St. NE, Marysville.

go to www.snooco.org and search for "Lakes."

Food bank seeking hosts:

Volunteers at the Arlington Community Food Bank are looking for Arlington-area businesses and community groups to assist in hosting a food drive. Call Dori at 360-435-1631.

Hands of Hope Food Bank:

Help your neighbors in need by volunteering at the food bank on Camano Island. To make a donation, send checks to 9506 Seventh Ave. SE, Everett, WA 98208, or bring in your food donation from 9 a.m. to 3 p.m. Monday through Thursday. For more information, call 425-355-5985.

Humane Society:

The organization is seeking volunteers to transport bags of cat litter and pet food from Arlington and Stanwood. Volunteers can be paid for one person. Sometimes transport for animals is needed. Call 360-652-5844 or email hmsno@co.wa.us.

Klitz 4 Kids:

The free clothing-center for kids in need in the Marysville area is seeking in-kind donations of clean, gently used clothing and cash donations. Call for an appointment or volunteer information. 360-659-8521.

Knitting to Make a Difference:

From 5:30 a.m. to 11 a.m. Mondays at the Lynnwood Senior Center, 19000 44th Ave. W. People of all skill levels come together to make blankets, hats and scarves for babies and homeless children. Needles and yarn provided. The fee is \$5. Call 425-670-9500.

Marysville Community Food Bank:

Looking for volunteers to help with a variety of jobs including food sorters and drivers at 4150 1st St. NE, Marysville. Call 360-458-0504 or go to www.marysvillecommunityfb.org.

Marysville community lunch:

Volunteers are needed to help buy, prepare and serve food from 1 to 2 p.m. Mondays, Wednesdays and Fridays at the Everett University Administration Fellowship, 1607 Fourth St., Marysville. Tel. 360-658-4472.

Mentoring Children of Promise:

A community-based mentoring program for children with special needs is looking for committed, dependable adults, 21 and older, to have fun and be positive role models to at-risk children. Other volunteer opportunities also available. Wendy, 425-595-2973, ext. 2717 or mcp@vaoww.org.

Partners in Palliative Care:

Seeks volunteer listeners for its support group. 425-261-4769.

Road to Recovery:

American Cancer Society program seeking volunteer role models to help at-risk youth. For more information, call Jerri Wood at 360-322-1114 or email jerri.wood@bbs.org.

Seeking older people to help veterans:

People are needed to help veterans with their needs. Volunteers are available to them online or over the phone. About 20 volunteers, working about an hour a week, are needed for the project. Special transportation for volunteers is to be made available through Catholic Community Services RSPV and the U.S. Department of Labor/Veterans Affairs. For more information, call 425-674-6374.

Stanwood-Camano Community resource center:

Volunteer opportunities for youth and adults, including working in the bookstore and doing grounds work. Call 360-429-7275 or 360-429-7275, ext. 116. Stanwood, 360-429-7275.

Stillaguamish Senior Center:

Needs volunteers for various positions, including sorting clothes, driving a bus and helping in the kitchen. D.D. 360-653-4551, ext. 216. The center is at 18306 Smokey Point Blvd., Arlington.

Volunteer at All Breed Equine Res-Q:

Non-profit horse rescue in Marysville needs volunteers. They are open from 10 a.m. to 5:30 p.m. seven days a week. All Breed Equine Res-Q is located at 2415 116th St. NE in Marysville.

Hall, Room 160 of the University Center of North Puget Sound, 2000 1st Ave., Everett, for more information call 360-659-7177 or send an email to weekendmba@uwu.edu.

Movies at the library:

The library is hosting a free movie and popcorn at 2 p.m. today, 4675 Harbour Point Blvd. The movie is "Hugs," for more information, call 425-493-8202.

Register for volleyball and flag football teams:

The Mukilteo Boys & Girls Club is holding registrations now until Sept. 14 for coed volleyball and NFL flag football. Children between grades 3 and 12 can register for volleyball. Children ages 5 through 14 can register for football. Practices start Sept. 15 and the program is \$115 and scholarships are available. For questions or registration, contact the Mukilteo Boys & Girls Club at 425-355-2773 or email ronald@bgsc.org. For more information, go to www.bgsc.org.

Square dance:

Starting at 7:30 p.m. Saturday at the Camano Center, 606 Arrowhead Road. Admission is \$5 and includes a finger-food potluck, door prizes and a live act for the night. Proceeds go to benefit the Camano Senior Services Association. For more information, contact Rick Bentley at 360-387-5100, Dennis at 360-387-5100, or the Center at 360-387-0222.

Women's Service in Home and Travel:

Informational service by the Island County Sheriff's Office at 10 a.m. Aug. 29 at the Camano Center, 606 Arrowhead Road, Camano Island. City of Snohomish County of Island County at 360-387-6201 for more information.

"Naturescaping" for Wildlife:

Free class for homeowners who want more birds, butterflies and bees visiting their yards. The event is scheduled from 9 a.m. to noon, Sept. 8 at the Brier City Hall, 2901 228th St. SW. Register at http://naturescapingbrier.eventbrite.com. For questions, call Ryan Williams at 425-335-5634, ext. 116.

Moonlight Beach Adventure:

7:30 to 9:30 p.m. Saturday at Marina Beach, 470 Admiral Way S. in Edmonds. Scuba divers to help create a reef by using and bring them to life. For more information, call Edmonds Parks & Recreation at 425-771-0227.

Stanwood Car Show:

8 to 2 p.m. Saturday at the Stanwood Community and Senior Center, 9430 168th St. NW, Stanwood. To register, go to www.stanwoodseniorcenter.org. For more information, call 360-629-7403.

Fall Craft Fair:

Catholic Daughters of the Americas St. Rita Court, 11414 1st Ave. NE, Everett, will have a fall craft fair from 9 a.m. to 3 p.m. Sept. 9 and 10 at St. Mary Magdalene's Parish Hall, 8615 Seventh Ave. SE, Everett. For more information call Charlene Babart at 360-659-6719 or email coson3@frontier.com.

Fruit sale:

The Oak Harbor Lions Club is selling freeze-dried peaches, nectarines, breakfast tomatoes and more starting Aug. 28 at the parking lot of the Rite Aid at 2840 Highway 20. Members of the club are scheduled to sell the produce daily from 9 a.m. to 6 p.m., or until the fruit is sold out. Members can also purchase projects and services provided by the club. For more information, call 360-675-4391.

Baby and me story time:

10 a.m. and 11 a.m. Tuesdays, Mukilteo Library, 4675 Harbour Point Blvd. Events to promote reading with songs, rhymes and activities. For newborns through 18 months. Caregiver required. For more information, call 425-493-8202.

Rock the Block party:

11 a.m. to 2 p.m. Aug. 25, View Ridge Community Church, 4800 Dogwood Drive, Everett. People are invited for a free barbecue, kids' haircuts and mini spa treatments for the women. Organizers also will give 300 backpacks with school sup-

Music and movie:

10:30 to 11:30 a.m. Tuesdays and 4:30 p.m. Thursdays at Scriber Gardens/Gen. 6024 200 St. SW, Lynnwood. For more information, call Carla at 425-771-5471.

ESL Talk:

Adults seeking to improve their English-speaking skills are invited to attend Monroe Library's ESL Talk on Tuesdays. The free one-hour talks are scheduled for 1 p.m. at the Monroe Library meeting room, 1002 1st Ave. W. For more information, call 360-794-7851.

International Dinner Out:

6 p.m. every fourth Wednesday of the month at the East County Senior Center, 276 Hwy 560 River Parkway, Monroeville, 9:00 a.m. to 12 p.m. for children younger than 12. Call 360-794-6339 for reservations.

Norwegian pancake breakfast:

7:30 to 10:30 a.m. the third Saturday of every month at the Elvstrøm Lutheran Church, 217 177th Ave. NE, Lake Stevens. The cost is \$5 per person; children younger than 4 are free.

Pancake breakfast:

8 to 10:30 a.m. the third Saturday of the month, East County Senior Center, 276 Hwy 560 Parkway, Monroeville. Enjoy pancakes, eggs, ham, sausage, coffee and milk and juice prepared and served by volunteers. The cost is \$5 for adults and \$3 for children younger than 12. Proceeds benefit the center. 360-794-6339.

Reading with Rover:

Children are welcome to read to therapy dogs and receive bookmarks, paw stamps and more at various Sno-Isle libraries and bookstores on most Saturdays between 10 a.m. to noon. Mukilteo Library has "Read with Camko and Risa" on Thursdays. Events and locations can be found at www.readingwithrover.org, or contact your local Sno-Isle library.

Table tennis at the Everett senior center:

7:30 a.m. to 4 p.m. Mondays, 12-30 to 3 p.m. Wednesdays, 8:30 a.m. to 3:30 p.m. Saturdays at 2035 Lombard Ave., Everett. Cost is \$1 per session. 425-257-8780.

Village Community Services:

Friday family jam sessions, 1 to 3 p.m. at 338 N. MacLeod Ave., Arlington. Kids and adults are invited. Older children younger than 16 must be accompanied by a parent or caregiver. 360-653-7152, ext. 14.

Willow Place:

Three-hour activity sessions for older teens and adults with developmental disabilities. Exercise, games, music. The sessions are 9 a.m. to noon and 1 to 4 p.m. Mondays through Thursdays at 9610 48th Drive NE, Marysville. \$10 for those with caregivers, \$15 for those who come by themselves. 360-653-2324.

GROUPS

Everett amputee support group:

7 p.m. every fourth Thursday. New Life Church, 6830 Highland Blvd. The group provides support and information to people who have experienced or are facing amputation. Families and friends are invited. For more information, call Maurine at 425-338-1395 or email maurine@nycba.com, or Betty at 202-331-2997.

U.S. Coast Guard Auxiliary:

7 p.m., second Tuesday of every month at Port of Everett Conference Center, 404 14th St. NW. The group supports the Coast Guard, teaches boating safety classes and conducts free vessel examinations. Contact Marie Porterfield, 425-629-3241, 529-949-6719 or Marie.Porterfield@gmail.com.

Employment Network:

Free help with job search, resume writing and interviewing, 10 a.m. to noon Fridays at the North Creek Presbyterian Church, 1164th St. SE, Mill Creek. 425-743-2386.

Family support group:

7:30 p.m. every second, third and fourth Monday of every month, Mountain View Presbyterian Church, 5115 100th St. NE, Marysville. A group to help families of adults living with mental illness to share ideas about coping and becoming better caregivers for their loved ones.

Marysville MS self-help group:

10:30 to noon, second Saturday of each month, except July and August, at Cascade Christian Reformed Church, 1308 51st Ave. NE, Marysville. Linda 425-771-5471.

Monroe running group:

9:30 a.m. Saturdays and 6 p.m. Wednesdays at the YMCA, 14033 Rylands Blvd., Monroe. Runners of all ages and skill levels can attend. YMCA membership is not required. 360-805-1879.

Mothers and More:

7:30 to 9 p.m. third Tuesday. Spotted Cow Cream and Bean in Mill Creek Town Center. Prospective members welcome. 425-357-4659 for more information or snomishmothers@gmail.com.

Mukilteo running club:

7:30 a.m. Saturdays, about the Harbour Point Middle School track. All ages and abilities welcome. The group runs a 5K and 10K race on the track. For more information, email mukilteorun@gmail.com.

Parkinson's disease support group:

2 to 4 p.m. fourth Saturday, Rainier Room, 1303 Rockefeller Ave., Everett. 425-257-9421.

Puget Sound Camera Club:

7 p.m. every second Thursday and Friday Monday at Maplewood Presbyterian Church, 19523 84th Ave. W., Edmonds. 425-776-2442.

Puget Sound singles:

For people older than 45. Friends, family, breakfast on Thursdays. 425-331-1155.

Parents and Friends of Lesbians and Gays:

The event chapter of the national support group meets at 7 p.m. third Monday at the Everett United Church of Christ, 7624 Rockeller Ave. www.pfslg.org.

Support group for parents of children with behavioral problems:

7 to 9:30 p.m. Thursdays at Zion Lutheran Church, 4634 Algaer Ave., Everett. The network offers peer support for parents struggling with children exhibiting risky behaviors such as drug or alcohol use. Groups are confidential and free. 360-888-4620 or www.psn.org.

Support group for special education parents in the Everett School District:

6:30 to 8 p.m. every third Wednesday except December at View Ridge Elementary School, 4800 Dogwood Dr. 360-659-7403.

Take Off Pounds Sensibly:

Club Meetings every Wednesday morning at 8:30 a.m. at St. Phillips Episcopal Church, 4212 84th St. NE, Marysville. Volunteers are needed for the Road to Recovery program. For more information, call 425-252-2227, email mjghoson@bbbs-sno.org, or go to http://aaron.bbbbs-sno.org.

Assist cancer patients:

The Cancer Resource Center at the Providence Regional Cancer Center provides support for volunteers to work weekly four-hour shifts meeting with cancer patients and caregivers to provide support. Drivers for the Road to Recovery program are also needed. The program provides rides for cancer patients to their treatments and appointments. Volunteers use their own vehicles and get mileage reimbursement. For more information, call 425-322-1114.

The Caring for Our Children Foundation:

The nonprofit in Everett is seeking volunteers to help as an office assistant, grant writer or as a phone fundraiser for about 20 hours a week. People ages 55 and older are encouraged to apply. For more information, call Melody Gibson at 425-734-2635 or go to www.caringforourchildrenfoundation.org.

The Volunteer Choir Services:

The program, Catholic Music Ministries, is actively seeking volunteers to assist with household chores and more. Volunteers may help the same person each week or be asked for on-call assistance depending on their schedules and interests. The assistance enables elders and adults with disabilities to remain independent in their own homes. For more information, contact Cherise Webb at 425-734-6323.

The Binky Patrol:

A group of quilters, knitters and crocheters who make blankets for children in traumatic situations, is looking for volunteers for donations of fabric, yarn or thread. Meetings are on the first Sunday of each month in Marysville. For more information, call 360-659-7198.

Annual John Sorensen Charity Tents Held-

Endless Tournaments to raise funds for the Donors' Dilemma Service of Snohomish County. A tournament is scheduled to start at 1:30 p.m., Sept. 9 at Lucky Dog Sports Bar, 2611 Colby Ave. in Everett. For more information, call 425-257-9863 for more information. Another tournament is set for 3 p.m. Sept. 15 at One-Eyed Jack's Road House, 14019 Hwy 99, Lynnwood. Call 425-743-5570. Registration begins at 2 p.m. A fifth tournament is scheduled at 2 p.m. Sept. 23, Flight's Pub, 7601 Evergreen Way, Everett. Call 425-37-4659.

Benefit for Costa Rican charity:

The Northwest Christian Church is organizing a run-walk fundraiser to benefit the Children's Feeding Center in Costa Rica. People can either run or walk 3.1 miles, starting at 8 a.m. Sept. 22 at the church, 5700 23rd Drive W. in Everett. For more information, go to www.firstnorth.org/loveforallnorthwestthrice-a-year.

Volunteer with United Way:

Volunteer United Way is looking for volunteers, projects and non-profits that wish to be part of the 19th annual Days of Caring the event. People can either run or walk 3.1 miles, starting at 8 a.m. Sept. 22 at the church, 5700 23rd Drive W. in Everett. For more information, go to www.firstnorth.org/loveforallnorthwestthrice-a-year.

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Knot Kiz:

The free clothing center for kids in need in the Marysville area is seeking donations of clean, gently used clothing and cash donations. Call for an appointment or volunteer information. 360-659-8521.

Knitting to Make a Difference:

The group is accepting people from all skill levels to make blankets, hats and scarves for babies and homeless children. The group meets from 9:30 to 11 a.m. Mondays at the Lynnwood Senior Center, 19000 44th Ave. W. Needles and yarn provided. The fee is \$5. For more information, call 425-670-5050.

Volunteer to deliver meals:

The Meals on Wheels program of Island County Senior Services is in need of drivers. The group delivers meals to home-bound seniors on Camano Island. The program operates from Camano Center, 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-3222 or ask a volunteer to speak with the folks in the kitchen.

Stool supplies accepted at retail stores:

A national drive for school supplies to set to benefit Boys & Girls Club of Snohomish County from Camano Center, 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-3222 or ask a volunteer to speak with the folks in the kitchen.

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The free clothing center for kids in need in the Marysville area is seeking donations of clean, gently used clothing and cash donations. Call for an appointment or volunteer information. 360-659-8521.

Knitting to Make a Difference:

The group is accepting people from all skill levels to make blankets, hats and scarves for babies and homeless children. The group meets from 9:30 to 11 a.m. Mondays at the Lynnwood Senior Center, 19000 44th Ave. W. Needles and yarn provided. The fee is \$5. For more information, call 425-670-5050.

Volunteer to deliver meals:

The Meals on Wheels program of Island County Senior Services is in need of drivers. The group delivers meals to home-bound seniors on Camano Island. The program operates from Camano Center, 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-3222 or ask a volunteer to speak with the folks in the kitchen.

Stool supplies accepted at retail stores:

A national drive for school supplies to set to benefit Boys & Girls Club of Snohomish County from Camano Center, 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-3222 or ask a volunteer to speak with the folks in the kitchen.

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Everett Girl Scouts volunteer on D.C. trip

Girl Scout Troop 52148, a group of 14- to 16-year-old girls from Everett, began planning for an East Coast trip while working on their Bronze Award in 2008.

In 2009, the troop set goals for Girl Scout cookie sales and decided to sell crafts at various sales. This summer, they finally had enough money to fly to the nation's capital for an eight-day visit.

Elizabeth Ackerson, 16, Michelle Raines, 16, Dana Smith, 14, Emma Kate Ramsey, 14, Ann Barrett, 15, and Cassidy Joiner, 15, sold cookies and crafts to family, neighbors and friends to fund their trip.

In Washington, D.C., the girls volunteered in the National Congressional Cemetery clearing out an overgrown portion of a garden facing the street.

They also made and distributed bags to homeless people. The bags contained instant noodle soup and oatmeal, coffee, tea, hot chocolate, granola bars and a pair of socks.

When not working, they visited the war memorials and presidential monuments and most of the Smithsonian museums, where they saw several displays in honor of the 100th anniversary of the Girl Scouts.

The troop plans to create an informational slide show to encourage similar trips and projects by other Girl Scouts.

Purrfect Pals grant helps low-income cat owners

Purrfect Pals near Snokey Point has received a \$5,000 grant award from the Washington State Federation of Animal Care and Control Agencies.

The money should provide for more than 170 spay or neuter surgeries for cats belonging to low-income families in Snohomish County.

The funds for the grant were made possible by the sale of state "We Love Our Pets" vehicle license plates. Revenue from the sales of these license plates was earmarked through an agreement with the state for surgeries



Everett Girl Scout Troop 52148 made a trip to Washington, D.C., where they toured museums and did volunteer work.



A cat at Purrfect Pals near Snokey Point gets treatment. A grant helps low-income people get free care for their pets.



Soroptimists donate to group collecting medical supplies for people in need

Marysville Soroptimist members Donna Wright (left) and Louise Alexander-Way (right) present a \$1,000 check to Debi Foster, president of Rescue: Medical Supplies for People in Need.

Rescue, a nonprofit, is dedicated to recovering unused medical supplies and equipment for aid to people in remote regions of the world.

For more information, go to www.rescuemedicals.org.

for dogs and cats. Since 2007, the federation has awarded \$279,000 in license plate grant funds to qualifying animal welfare organizations, enabling the completion of nearly 10,250 spay and neuter surgeries.

Purrfect Pals, a non-profit, no-kill cat shelter and sanctuary, is located at 230 McIae Road. Free spay and neuter surgeries are available weekly.

Appointments can be made by calling the shelter, 360-652-9611 or emailing cats@purrfectpals.org.

More information is at www.purrfectpals.org.

TOPS donates to state Special Olympics

TOPS group 1116 in Marysville has donated \$50 to Washington Special Olympics.

The weight-loss support group meets at 10 a.m. Wednesdays at Marysville Free Methodist Church, Grove and 67th streets.

To submit news for the Applause column, contact reporter Gae Fiege: 425-339-3427; gfege@heraldnet.com.

OPPORTUNITIES

Help: Volunteer with Bird Fest in Edmonds

Organizers for Puget Sound Bird Fest in Edmonds are looking for people to help with registration, monitoring speakers and with children's activities, from 9 a.m. to 5 p.m. Sept. 8 at the Frances Anderson Center, 700 Main St., Edmonds.

More info: Sally Linder at 425-771-0227 or sallylinder@edmonds.wa.gov.

Volunteer: Domestic Violence Services

Domestic Violence Services of Snohomish County is looking for volunteers to help victims of domestic abuse.

Volunteers first need to take a five-week training course scheduled from 5:30 to 8:30 p.m. Mondays, and 9 a.m. to 3 p.m. Saturdays starting Oct. 1, at 1310 Pacific Ave., Everett.

The classes are free for people who commit to 10 hours of service within a six-month period. Professionals looking for training can attend the course for a \$200 fee. Snacks will be provided.

More info: Sharon Lee at 425-239-2827, ext. 24, or sharon@divs-snocco.org.

Help: PAWS needs foster families for pets

Progressive Animal Welfare Society Companion Animal Shelter in Lynnwood is looking for people to provide a temporary home to about 100 kittens.

People interested in helping must attend a three-hour special training session. People should expect to take care of the animals up to six weeks. They only need to provide shelter and food. The non-profit will provide veterinary care.

More info: To register, call PAWS Foster Care Program at 425-787-2500, ext. 822, or www.paws.org.

Donate: Food bank is collecting school supplies

Sky Valley Food Bank is starting its Supplies 4 Success program to get school supplies for children in need. The food bank is in need of pens, paper, backpacks, crayons and colored pencils.

Donations can be dropped at the site from 8 a.m. to 11:30 a.m., Monday, Wednesday and Friday,

and from 5:30 to 7 p.m. Mondays. The food bank is located at 233 Sky River Parkway, Monroe. School supplies are to be distributed during the last two weeks of August. Cash donations are accepted.

More info: www.svfdbank.org.

Help: Barbers and beauticians needed

Providence Hospice & Home Care of Snohomish County is looking for barbers or beauticians, who are licensed in the state, to volunteer by providing haircuts to hospice patients at their homes in Everett and south county.

The frequency may be between two and six patients a month.

More info: Joanie Hemm, 425-261-4815 or Joan.Hemm@Providence.org.

Help: Seniors needed to be volunteers

Retired and Senior Volunteer Program of Snohomish County is looking for people older than 55 to help in different volunteer projects through the county.

More info: John McAlpine 425-374-6374, 888-240-8572 or johnm@csww.org.

Tuskegee airman George Hickman dies in Seattle

By PHUONG LE
Associated Press

SEATTLE — George Hickman, one of the original Tuskegee airmen and a longtime usher at University of Washington and Seattle Seahawks games, has died at age 88.

His wife, Doris, confirmed Monday that he died early Sunday morning in Seattle.

Hickman was one of the country's first black military pilots and ground crew members who

fought in World War II.

In 2007, he and other Tuskegee airmen traveled to Washington, D.C., to receive the Congressional Gold Medal, the nation's highest civilian honor. In 2009, he attended President Barack Obama's inauguration as a special guest.

Hickman was a fixture at Seattle sporting events and greeted fans at Seahawks and Huskies games.

Doris Hickman says her husband was "just a wonderful man."

Volunteers

From Page B1

member or a victim who needs help getting services. It might be the middle of the night and they just need help," volunteer Belinda Glyod said.

Glyod, 49, is a teacher at Meadowdale Middle School in the Lynnwood area. She's been a volunteer for the victim advocacy group since 2005 after answering

taking notes, for a family who lived out of state and couldn't be the courtroom everyday. She called the family every night, relaying what had happened during court. The Bellingham woman says she wants families to feel that there is someone in their corner, even during their darkest times.

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disaster planning, recovery and survival skills aimed at assisting the community in disaster response and recovery.

Everett residents and business owners may participate or send employees to these free emergency preparedness classes.

More than 450 people have

participated in the Everett Fire Department CERT Program.

Applications are available at the Everett Office of Emergency Management located at 2801 Oakes Ave. in downtown Everett. Class size is limited.

For more information, contact Mary Schoenfeld at 425-257-7965.

contract to dispose of Snohomish County's waste.

That contract is set to expire next year. County leaders have offered Allied a four-year contract extension, with an optional extra year. A sticking point has been proposed language that would allow the county to end the contract without cause.

The county plans to open the long-haul trash contract to other

bidders within the next few years. Allied's major competitor, industry giant Waste Management, has shown intense interest in the long-term contract.

Both companies sent representatives to Monday's council meeting.

Noah Haglund:
425-339-3465;
nhaglund@heraldnet.com.

for people in need

Marysville Soroptimist members Donna Wright (left) and Louise Alexander-Way (right)

present a \$1,000 check to Debi Foster, president of Rescue: Medical Supplies for People in Need.

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Volunteers

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member or a victim who needs help getting services. It might be the middle of the night and they just need help," volunteer Belinda Gloyd said.

Gloyd, 49, is a teacher at Meadowdale Middle School in the Lynnwood area. She's been a volunteer for the victim advocacy group since 2008 after answering an advertisement recruiting for unpaid helpers. With a master's degree in counseling, the Marysville mom thought she'd have the skills to assist victims and their families.

"It's important to be in knowing that for a brief moment in someone's life I'm there in a positive way to stand beside them," Gloyd said.

The agency has advocates in Snohomish, Island, King, Whatcom and Skagit counties. They help people understand their rights as crime victims and connect them with services, such as support groups.

Along with answering calls from clients, the non-profit also counts on volunteers to assist in other ways.

Barb Skudlarich, 70, a retired nurse, once sat through a trial,

taking notes, for a family who lived out of state and couldn't be courtroom everyday. She called the family every night, relaying what had happened during court. The Bellingham woman says she wants families to feel that there is someone in their corner, even during their darkest times.

Some people find they aren't suited to work directly with crime victims and their families, executive director Marge Martin said.

Instead, they assist with organizing remembrance events, writing grants or providing technical support in the office.

"There are a number of ways to help us," Martin said.

The agency initially provides 40 hours of training over two weekends. Volunteers also are encouraged to attend yearly training sessions to become better equipped to assist victims and their families.

Gloyd says the agency takes good care of its volunteers, offering them support, too.

"You're just not left alone," she said.

Diana Hefley: 425-339-3463;
hhefley@heraldnet.com.

Gain emergency response training in Everett

HERALD STAFF

EVERETT — The Everett Fire Department is offering a fall Community Emergency Response Team (CERT) class Thursdays from 6:30 to 8:30 p.m. Sept. 13 through Nov. 1.

The eight-week course will teach

Trash: County Council authorizes purchase

From Page B1

an upcoming bond sale. Council Chairman Brian Sullivan was absent.

The Port of Everett earlier this summer authorized the sale to the county.

Trash company Allied Waste has a long-term lease to use the rail yard. The facility is central to the company's \$20-million-per-year

Two plead guilty in pot dispensary raids

State and federal authorities raided the Seattle Cannabis Cooperative, which they said was a front for illicit drug sales.

By GENE JOHNSON
Associated Press

SEATTLE — Two people charged as part of the biggest crackdown on marijuana dispensaries in Washington state pleaded guilty to federal charges Monday, acknowledging their business was a front for an illicit drug distribution and money-laundering scheme.

Seattle residents Craig Dieffenbach and Jingling Mo entered the pleas in U.S. District Court in Seattle. They face potential five-year mandatory minimum sentences but could receive significantly less time if they cooperate with investigators.

The pair ran two dispensaries under the name Seattle Cannabis Cooperative, which were among about 20 dispensaries

raided by state and federal authorities last November. Authorities said the shops purported to be serving medical marijuana patients but were fronts for illicit drugs.

At one point, Mo, with Dieffenbach's knowledge, sold a pound of marijuana to a customer who turned out to be a DEA informant, they admitted in court. Mo also offered to sell 25 pounds for distribution in the Midwest — and suggested the informant buy lousy weed, under the theory that drug users there wouldn't know the difference.

Dieffenbach had previously run into legal trouble of a different sort. He filed for bankruptcy protection after being sued for marketing vodka under the name of legendary guitarist Jimi Hendrix and agreeing to settle

the case for \$3.2 million. He declined to comment after the hearing Monday but asked a reporter not to write a story about the plea agreements, he said, because he could lose his job working for a Realtor.

Prosecutors are seeking to have about \$25,000, a pistol and two rifles seized in the case forfeited to the federal government.

A defendant in another of the raids, Brionne Keith Corbary, pleaded guilty Monday afternoon to a count of conspiracy to distribute marijuana. Corbary, who ran a three-dispensary outfit called The GAME Collective, admitted selling marijuana for a profit.

"These cases are proof that the defendants had very little to do with helping sell drugs and a lot to do with helping themselves," U.S. Attorney Jenny Durkan said. "We're not going to prosecute sick people or their actual caregivers, but we're not going to let common

drug dealers charge as something they're not."

The raids came at a time when several prominent residents of the state — including two former Seattle U.S. attorneys, John McKay and Kate Plummer, and the former head of the FBI's San Diego office, Charlie Manigo — had endorsed a ballot measure that would allow adults 21 and over to buy marijuana for recreational use at state-sanctioned stores.

Washington voters approved a medical marijuana law in 1998, and dispensaries have proliferated across the state in recent years. Last year, Gov. Chris Gregoire vetoed legislation that would have created a state system for licensing medical marijuana dispensaries over concern that it would require state workers to violate the federal Controlled Substances Act by inspecting marijuana grow operations, among other things.

Sentence

From Page B1

parents. She was there after attending a party with him and his girlfriend.

Penny and his girlfriend, 19, reportedly told police that they were with the girl the night before she died. Penny bought a bottle of tequila and shared it with the teens before they all left for a party where there was beer and cocaine available, court papers said.

The older girl told detectives that the high school

junior may have used cocaine while at the party.

At his parents' home, Penny crushed up one oxycodone pill and part of another. The three each snorted a line. The girl quickly fell asleep, according to Penny and his girlfriend. They moved her to the floor and they took the bed. They told detectives that they heard her snoring loudly during the early morning hours.

Penny woke up around 1 p.m. and noticed that something was wrong with the girl.

He said he tried to wake her but she didn't have a pulse. Penny yelled for his parents. His father began life-saving efforts and Plevy called 911, court papers said.

Paramedics were unable to revive the girl.

Marysville police interviewed Penny, who admitted that he provided the teen with Opana, a brand name for oxycodone. He also admitted that he sold drugs, including marijuana and prescription painkillers, court papers said. Detectives collected scales, ledgers and jars containing marijuana from Penny's bedroom.

Deputy prosecutor Julie Mohr asked that Penny be

sentenced to the high end of the sentencing range.

"The defendant was an adult; the victim was a minor," she said.

Defense attorney Mark Mestel told the judge that the girl had used drugs in the past and the group was sharing drugs the night she died. Penny had no felony history, although he did have four misdemeanors.

"I'm sorry for what happened," the defendant said, turning around to face the victim's family.

Penny said he didn't expect their forgiveness.

Eric Stevick: 425-339-3446; stevick@heraldnet.com

OBITUARIES AND MEMORIALS

Iona Ann Davis

Iona Ann Davis, born June 24, 1924 in Sanborn, MN, passed away on August 17, 2012 in Everett, WA.

She is survived by her son, Bill Mallard of Kettle Falls, WA; daughters, Wilma Leishman (Dave) of Snohomish, WA and Roberta Joslovitz of Marysville, WA; eight grandchildren, and numerous great-grandchildren. She was preceded in death by her husband, Murlin Davis. Iona will be deeply missed by all who knew her.

Per her request, no services will be held.

The family wishes to express their heartfelt thanks to the staff at Merril Gardens in Marysville for their excellent care, love, and friendship to their mom.

Funeral services will be held at 11 a.m. on Thursday, August 23, 2012 at 11 a.m. at Schaefer-Shipman Funeral Home, 804 State Ave. Marysville, WA 98270.

Purdy & Walters
with Cassidy
Funeral Home
1700 Pacific Ave., Everett
(425) 252-1191
Cassidy is a proud member of the
www.purdywalters-cassidy.com

Sandra McGee

Sandra McGee of Mill Creek, WA, passed away on August 17, 2012.

A memorial service will be held Friday, August 24, 2012, 11 a.m. at Schaefer-Shipman Funeral Home, 804 State Ave. Marysville, WA 98270.

SCHAEFER-SHIPMAN
Funeral Home
804 State Ave. Marysville
(425) 252-1191
www.schaefer-shipman.com

Selvin Ivar Stensen

Selvin (Sal) Ivar Stensen passed away peacefully in Stanwood, Washington, on August 15, 2012 at the age of 97 years. He was born on May 30, 1915 in Mount Vernon, WA.

Selvin was the third of four children born to John and Mary Stensen. He and his siblings grew up on the Silvina farm that was home to his grandfather and great-uncle in 1875 and, which, Selvin later purchased from his father. Sal graduated from Arlington High School where he excelled in sports.

On February 14, 1938, he married Ruth Margaret Boe of Stanwood. Together, they farmed the original Stensen homestead along the Stillaguamish River, and raised their two children, Selvin and Shirley. Selvin was a member of the Peace Lutheran Church, the Silvina Community and the Sons of Norway.

Selvin is survived by his children, Scott (Bernice) Stensen of Stanwood and Laura (Curt) Cummings of Carnation Island; five grandchildren, Selvin (Colin) Kerston of Graham, WA, Ken (Kerry) Stensen of Grand Lodge, MI, Lisa (Jacob) Parker of Stanwood, Brian (Pierangela) Cummings of Bremerton, and Susan (Dave) Cummings-Thibodeau of Driggs, ID; twelve great-grandchildren and one great-great-granddaughter; as well as his sister-in-law, Mary Jane (Boe) Lund, and numerous



In Loving Memory
Nicholas Vincenzo De Simone
May 9, 1988-August 20, 2007

We little knew that morning that God was going to call your name. In life we loved you dearly.

In death we still do the same. It broke our hearts to lose you, you did not go alone; for part of us went with you.

The day God called you home. You left us peaceful memories, your love is still our guide; and though we cannot see you,

you are always at our side. Our family chain is broken and nothing seems the same,

but as God calls us one by one,

the chain will link again.

Love,
Mom, Pappa,
and all who love you.

Man injured after shooting himself

MONROE — A Monroe man, 21, was hospitalized Sunday after accidentally shooting himself in the thigh.

The shooting happened about 8 a.m. outside his home, according to Monroe police.

Investigators believe the man thought he had unloaded the handgun, removing its magazine. Monroe police spokeswoman Debbie Willis said. He was adjusting the gun in his waistband when it fired.

His brother drove him to the hospital.

Police have forwarded the case to prosecutors for review. The man did not have a concealed pistol license.

Edmonds: Fire damages garage

An Edmonds-area family of four was displaced Sunday after a garage fire caused smoke damage to their home.

The fire started just before 2 p.m. at a two-story house in the 15100 block of 62nd Ave. W. said Leslie Hynes, spokeswoman for Snohomish County Fire District 1.

A 12-year-old boy was home alone at the time. Crews arrived to find flames inside the garage and heavy black smoke throughout the house. The fire was extinguished in about 15 minutes. No injuries were reported.

Damage was estimated at \$80,000, mostly from smoke.

"Investigators have been unable to determine an exact cause, but at this time they do not believe this is a suspicious fire," Hynes said.

Crews also responded from Lynnwood.

Lake Goodwin: Stanwood woman struck by car

A Stanwood woman was seriously injured Saturday

night after being struck by a car near Lake Goodwin.

The crash happened about 9:15 p.m. near the intersection of Fire Trail Road and 34th Ave. NW.

The woman, 60, was sitting in the road in the dark when a crossover, Snohomish County sheriff's spokeswoman Shari Ireton said Monday.

The driver stayed with the woman until emergency crews arrived.

No charges are expected to be filed against the driver," Ireton said.

The woman was taken to Harborview Medical Center in Seattle.

Mountlake Terrace: ID on motorcyclist killed

A man who died Saturday in a motorcycle crash in Mountlake Terrace has been identified as Connor M. Ireland.

The Snohomish County Medical Examiner's Office said the Seattle man, 23, died from blunt force injuries in an early morning accident.

The mishap occurred around the 5900 block of 212th Street SW when he crashed into a rock wall around 1:20 a.m. Saturday, Mountlake Terrace Police Cmdr. Doug Hansen said.

The Washington State Patrol has been asked to help with the accident investigation, he said.

Lynnwood: Rollover crash victim named

A man killed in a rollover crash on I-5 near Lynnwood last week has been identified as Randall W. Bates, 50, of Granite Falls.

The crash happened about 11:30 p.m. Wednesday in the southbound lanes of the highway, near 164th Street SE.

Bates died from head injuries, according to the Snohomish County Medical Examiner's Office. His death was ruled an accident.

No other vehicles were involved. The Washington State Patrol is investigating the crash.

From Herald staff reports

Cle Elum wildfire 57 percent contained

ASSOCIATED PRESS

YAKIMA — Fire crews have reached 57 percent containment on a central Washington wildfire that has burned dozens of homes.

The Taylor Bridge Fire east of Cle Elum has burned across more than 36 square miles or 23,000 acres of grass, sagebrush and timber. About 1,000

firefighters are fighting the blaze. On Monday, some of them conducted controlled burns of potential fuels.

Meanwhile, a new, lightning-caused fire near Wenatchee was reported close to full containment.

The Keane Ranch fire has burned one square mile of grass, brush and timber.

her car keys, rummaged through her purse and took money from her as well, police reported.

At one point, when the woman thought he was gone, she left her bedroom. He then reportedly forced her into another room, made her lie down and hit her with a pillow. The woman also said he

Arrest

From Page B1

and siren, and followed the Mustang to an area near the Third Avenue S. overpass.

Kirk reportedly then got out of the car, jumped a guard rail and took off.

The pair ran the dispensary under the name Seattle Cannabis Cooperative, which were among about 20 dispensaries

for bankruptcy protection. Attorney Jenny Durkan said, "We're not going to prosecute sick people or their actual caregivers, but we're not going to let common

workors to violate the Substance Abuse Controlled Substances Act by inspecting marijuana grow operations, among other things.

have a concealed pistol license.

In Mountlake Terrace, as identified as Connor M. Ireland.

The Snohomish County Medical Examiner's Office said the Seattle man, 21, died from blunt force injuries in an early morning accident.

The mishap occurred around the 5900 block of 212th Street SW when he crashed into a rock wall, crashed into a wall, Saturday around 1:20 a.m., Saturday, Mountlake Terrace Police Cmdr. Doug Hansen said.

The Washington State Patrol has been asked to help with the accident investigation, he said.

Lynnwood: Rollover crash victim named

A man killed in a rollover crash on I-5 near Lynnwood last week has been identified as Randall W. Bates, 50, of Granite Falls.

The crash happened about 1:30 p.m. Wednesday in the southbound lanes of the highway, near 164th Street SE.

Bates died from head injuries, according to the Snohomish County Medical Examiner's Office. His death was ruled an accident.

No other vehicles were involved. The Washington State Patrol is investigating the crash.

From Herald staff reports

Edmonds: Fire damages garage

An Edmonds-area family of four was displaced Sunday after a garage fire caused smoke damage to their home.

The fire started just before 2 p.m. at a two-story house in the 15100 block of 62nd Ave. W., said Leslie Hynes, spokeswoman for Snohomish County Fire District 1.

A 12-year-old boy was home alone at the time.

Crews arrived to find flames inside the garage and heavy black smoke throughout the house. The fire was extinguished in about 15 minutes. No injuries were reported.

Damage was estimated at \$80,000, mostly from smoke.

"Investigators have been unable to determine an exact cause, but at this time they do not believe this is a suspicious fire," Hynes said.

Crews also responded from Lynnwood.

Lake Goodwin: Stanwood woman struck by car

A Stanwood woman was seriously injured Saturday

firefighters are fighting the blaze. On Monday, some of them conducted controlled burns of potential fuel.

Meanwhile, a new, lightning-caused fire near Wenatchee was reported close to full containment.

The Keane Ranch fire has burned one square mile of grass, brush and timber.

Cle Elum wildfire 57 percent contained

ASSOCIATED PRESS

YAKIMA — Fire crews have reached 57 percent containment on a central Washington wildfire that has burned dozens of homes.

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her car keys, rummaged through her purse and took money from her as well, police reported.

At one point, when the woman thought he was gone, she left her bedroom. He then reportedly forced her into another room, made her lie down and hit her with a pillow. The woman also said he made gestures she took as threats to suffocate her.

Police reportedly then went into the garage and tried to steal the woman's car but couldn't figure how to start it.

Police were outside the house, trying to get him to surrender. He refused to obey their commands and ran back into the house, locking himself in the basement.

The standoff ended about 9 a.m. after officers shot cans of pepper spray into the basement.

They had rescued the woman about a half-hour earlier, once they could get her out safely.

Kirk allegedly grabbed the woman, told her he had a gun and a knife and threatened multiple times to kill her.

He searched the house for clothes, demanded

Arrest

From Page B1

and siren, and followed the Mustang to an area near the Third Avenue S. overpass.

Kirk reportedly then got out of the car, jumped a guard rail and took off.

At some point, his shorts fell off, and he kept running in a "yellow neon no sleeve shirt," police wrote.

Another officer soon spotted him along Elm Street.

By then, Kirk reportedly was climbing onto a bicycle, naked. He had the helmet on but it fell off, police wrote.

Kirk then allegedly broke into a stranger's Second Avenue home, smashing through a basement window, police said.

In her mid 40s, was asleep inside.

"She woke up to this naked, bloody man barging into her bedroom door," the report said.

Kirk allegedly grabbed the woman, told her he had a gun and a knife and threatened multiple times to kill her.

He searched the house for clothes, demanded

sentenced to the high end of the sentencing range.

The defendant was an adult; the victim was a minor," she said.

Defense attorney Mark Mestel told the judge that the girl had used drugs in the past and the group was sharing drugs the night she died.

Penny had no felony history, although he did have four misdemeanors.

"I'm sorry for what happened," the defendant said, turning around to face the victim's family.

Penny said he didn't expect their forgiveness.

Eric Stevick: 425-339-3446; stevick@heraldnet.com.

He said he tried to wake her but she didn't have a pulse. Penny yelled for his parents. His father began life-saving efforts and Penny called 911, court papers said.

Paramedics were unable to revive the girl.

Marysville police interviewed Penny and admitted that he provided the teen with Opanax, a brand name for oxycodone. He also admitted that he sold drugs, including marijuana and prescription painkillers, court papers said. Detectives collected scales, ledgers and jars containing marijuana from Penny's bedroom.

Deputy prosecutor Julie Mohr asked that Penny be

OBITUARIES AND MEMORIALS

Iona Ann Davis

Iona Ann Davis, born June 21, 1924 in Sanborn, MN, passed away on August 17, 2012 in Everett, WA.

She is survived by her son, Bill Meland of Kettle Falls, WA; daughters, Wilma Leishman (Dave) of Snohomish, WA and Roberta Joselovitz of Marysville, WA; eight grandchildren, and numerous great-grandchildren.

She was preceded in death by her husband, Murfin Davis. Iona will be deeply missed by all who knew her.

Per her request, no services will be held.

The family wishes to express their heartfelt thanks to the staff at Merrill Gardens in Marysville for their excellent care, love, and friendship to their mom.

Please sign the Guest Book at www.thesunnet.com/obituaries.

Sandra McGee

Sandra McGee of Mill Creek, WA, passed away on August 17, 2012.

A memorial service will be held Friday, August 24, 2012, 11 a.m. at Schaefer Shipman Funeral Home, 804 State Ave. Marysville, WA 98270.

SCHAEFER-SHIPMAN
Funeral Home
804 State Ave. Marysville
www.schaefer-shipman.com

"Dee Dee" Williams

Donna Dee (Cameron) Williams, 48, entered into rest on August 17, 2012.

Funeral Service will be at the Tulalis Tribal Gym on Wednesday, Aug 22 at 10 a.m., followed by Interment Services at Mission Beach Cemetery.

SCHAEFER-SHIPMAN
Funeral Home
804 State Ave. Marysville
www.schaefer-shipman.com

"Please sign the Guest Book at www.thesunnet.com/obituaries" indicates that an online Guest Book has been established under the name of the deceased. This will allow friends and family to express condolences and share memories. All entries are at no cost.

Selvin Ivar Stensen

Selvin (Sal) Ivar Stensen passed away peacefully in Stanwood, Washington on August 15, 2012 at the age of 97 years. He was born on May 30, 1915 in Mount Vernon, WA.

Selvin was the third of four children born to John and Mary Stensen. He and his siblings grew up on the Silvana farm that was homesteaded by their grandfather and great-uncle in 1875 and which, Selvin later purchased from his father. Sal graduated from Arlington High School where he excelled in sports.

On February 14, 1938, he married Ruth Margaret Boe of Stanwood. Together, they farmed the original Stensen homestead along the Stillaguamish River, and raised four children. Sal and Ruth were active members of the Peace Lutheran Church, the Silvana Community and the Sons of Norway.

Selvin is survived by his children, Scott (Bernice) Stensen of Stanwood and Laura (Curt) Cummings of Camano Island; five grandchildren, Shelly (Colin) Kertson of Graham, WA, Ken (Kerry) Stensen of Grand Lodge, MI, Lisa (Jacky) Parker of Stanwood, Brian (Pierangela) Cummings of Bremerton, and Susan (Dave) Cummings-Thibodeau of Driggs, ID; twelve great-grandchildren; and one great-great-granddaughter; as well as his sister-in-law, Mary Jane (Bob) Boe. He was preceded in death by his wife, Ruth, his beloved wife of 70 years, on June 20, 2008. Also preceding him were his parents; an infant daughter, granddaughter, DeAnne Cummings; and his siblings, Ingvald Stensen, Clara Corbin, and Ida Erickson.

The family would like to extend their gratitude and appreciation to Dr. James Beckner, and to the nursing staff at Josephine Sunset Home for the excellent care given to Selvin.

A memorial service to celebrate Selvin's life will be announced at a later date. Memorials may be made to The Little White Church of the Hill, The Zion Lutheran Cemetery fund or to a charity of your choice.

Please sign the Guest Book at www.thesunnet.com/obituaries.



In Loving Memory
Nicholas Vincenzo De Simon
May 9, 1988-August 20, 2007

We little knew that morning that God was going to call your name.

In life we loved you dearly.

In death we do the same. It broke our hearts to lose you,

for part of us went with you, the day God called you home.

You were a peaceful member of Camano Island, and your love is still our guide; and though we cannot see you,

you are always at our side.

Our family chain is broken and nothing seems the same, but as God calls us one by one, the chain will link again.

Love,
Mom, Papop, Michelle & Mike



In Loving Memory
Michael (Mike) Litke

This has been a sad and lonely year without you son. We miss your caring ways and sense of humor. May you and your dad continue to watch over the family and friends you left behind.

You will always have a special place in our hearts.

Mom, Family and Friends.

Sentence

From Page B1

parents. She was there after attending a party with him and his girlfriend.

Penny and his girlfriend, 19, reportedly told police that they were with the girl the night before she died. They bought a bottle of tequila and shared it with the teens before they all left for a party, where there was beer and cocaine available, court papers said.

The older girl told detectives that the high school



Billy Ray Tyree

Billy Ray Tyree passed away August 15, 2012. He was born in Norman, Arkansas, and lived in the Mukilteo, Washington area for 40 years.

He worked in the office furniture business for many years and also was the right hand at the Mukilteo Liquor store. Bill was a great mentor and help to many friends and was also a friend of Bill W.

He leaves behind the love of his life, his wife, Ingrid Tyree of 40 years, and is survived by his brothers, Joe, JD, Don and his children, Jeff, Sherice, Gary, Karin and their spouses; six grandchildren, Austin, Chad, Melony, Dawnelle, Amanda and Adam; and seven great grandchildren.

A celebration of life will be held Wednesday, August 22, 2012 at Everett Golf and Country Club at 4:00 p.m. The public is invited and, in lieu of flowers, please send donations to the Everett Gospel Mission.

Please sign the Guest Book at www.thesunnet.com/obituaries.

To Place an In Memoriam or Obituary, please call 425-339-3023

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IN OUR VIEW | MEASURING OUTCOMES

A new metric for Congress

The ill-regarded practice of "teaching to the test" has a political corollary, jawing to win. The means-to-ends mind-set is identical — disregard any deeper mission and do what it takes. Focus-grouped rhetoric, like commercial advertising, is oriented to one thing, to snare our attention and vote. Pollsters quantify our strengths and fears, reducing voters to an algorithm.

And so, like bargain shoppers, we are forced to dig beneath the political gloss to determine if there's any there there.

A Gallup poll released earlier this year has Congress' job approval at a basement-level 10 percent. (Journalism, once government's watchdog, registers nearly as low.) The anti-Congress sentiment flows from a culture of polarization

that began in 1995 and has only grown worse. Will these members strategize together (especially if they represent opposite parties)? They might be challenged (by The Herald editorial board and, more significantly, by future constituents) to sit down regularly with their colleagues to establish a get-it-done vision, of working in common cause to help Snohomish County as well as the country.

Demographics also inform the political culture. Even with net migration down relative to the 1980s and 1990s, the Puget Sound region could grow by a million-plus residents over the next decade. Washington's ossified political class will need to track with this evolving population. Do we have the educational and transportation

infrastructure to accommodate so many more souls? If not, why not?

As more new families begin to call Washington home, they might look to even long-serving members of Congress as tabula rasa. Our Congressional delegation should measure up to regular evaluations (which they do through elections) that are outcome-focused (what did you actually do?) versus outputs (what did you vote for or against?).

The political season is, alas, the cruelest season of all. It insinuates itself, erupting just as the days grow shorter and colder. Americans will likely never experience a post-partisan country. It doesn't hurt to try, however. Those basic, unadorned questions are the first step.

Rape remark shows why concerns real

WASHINGTON — At least until Election Day, Republicans were supposed to pretend that their party's alleged "war on women" was nothing but a paranoid fantasy stoked by desperate Democrats. Obviously, Rep. Todd Akin didn't get the memo.

Akin, campaigning to unseat Sen. Claire McCaskill, D-Mo., in November, was trying to explain his stance against abortion Sunday when he committed what cannot be dismissed as a mere gaffe. It was an abomination that could only stem from benighted ignorance — and it brings the whole "war on women" thing back into scary focus.

If you think I'm exaggerating, let me quote Akin in full. He was explaining why he opposes abortion even in cases of rape — and how pregnancy as a result of rape, in any event, isn't something that should overly concern us:

"It seems to me, first of all, from what I understand from doctors, that's really rare. If it's a legitimate rape, the female body has ways to try to shut that whole thing down. But let's assume that maybe that didn't work or something. You know, I think there should be some punishment, but the punishment ought to be of the rapist, and not attacking the child."

Whoa. He's begun with the ignorant and offensive distinction Akin tries to draw between "legitimate rape" and some other kind of rape. He did not elaborate, but I'm pretty sure I know what he means.

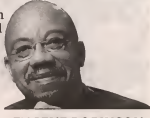
He's obviously talking about what Republicans call "forcible rape." Last year, Akin co-sponsored a bill in the House that would have narrowed the exception that allows Medicaid funds to pay for abortions for women who are raped. The proposed measure would have permitted the use of funds only to end pregnancies resulting from "forcible rape." GOP vice presidential candidate Paul Ryan was another co-sponsor of the measure, which ultimately failed.

The statutory rape of a child by an adult would not fit the definition the House Republicans tried to impose: nor would the rape of a woman who was drugged, say, or who had limited mental capacity. Never mind the fact that as far as criminal is concerned, rape is rape. Never mind the fact that all rape, by its very nature, is "forcible."

Akin's assertion about "legitimate rape" is really nothing but an attempt to blame the victim. It stems from the view that the only true victim is a woman who is raped while violently resisting a ski-masked assailant who came in through the bedroom window. Anything short of that, she must have been asking for it.

Now let's examine Akin's claim about what "doctors" have told him. Are these real doctors? Did they actually go to medical school? I find it hard to believe that any physician told Akin that "the female body has ways to try to shut that whole thing down." I think he made it up.

That "female body" line is not only a frightening glimpse at the dangerous nonsense rattling around inside the heads of some on the far right. It is also — in its sheer befuddled clueless anatomical ignorance — an illustration of why we need more women in public office. When Akin says "ways to try to shut that whole thing down," what exactly does he mean? What does the envy hanging inside him that mysterious, unknowable realm? Is it sorcery? Witchcraft?



EUGENE ROBINSON

LETTERS TO THE EDITOR

■ ELECTION

Media makes Ryan next target

OK folks — fasten your seat belts; the mainstream liberal media is sharpening its claws, and VP candidate Paul Ryan is its next victim.

After reading David Sirota's Sunday column, "Who is Paul Ryan?", a blistering rundown of Mr. Ryan's sins, faults and defects, I wondered how a writer could so cleverly warp the truth to satisfy his passions. Obviously he is just another dime-a-dozen product of the liberal media massacre machine. Everyone in this country by the way, should realize that Obama is that media's darling.

Thank the media for much of the almost instant attack on Mitt Romney that deliberately projected an image of him as a dud and a jerk. They called him every name from "unlikeable" to "cruel." He was cold, uninspiring, greedy, unfriendly, ineffective, etc. There were even articles saying he wasn't "human" enough. All of which is utter rubbish. They are going to try to do the same thing to Rep. Paul Ryan. The trouble is, though, the public usually doesn't make an effort to gain perspective and they believe that toxic negativism.

Before you believe what people like David Sirota writes, remember he and those like him are leftist Obama pawns — out for the kill.

Kate Howard
Edmonds

■ SAFETY

Helmet choices show brain's range

As a former member of the Mountain Rescue Council, thank for the Sunday Mirror

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letters@heraldnet.com

Mail: Letters section
The Herald
P.O. Box 930
Everett, WA 98206

Have a question about letters? Call Carol MacPherson at 425-239-4472 or send an e-mail to letters@heraldnet.com.

councils and school boards?

What has happened to democracy in this country?

The same party that screams to get government out of people's lives is the one that tells a woman that she must carry a rapist's child to term. That she can't have contraceptives to plan her family or help her with a medical condition. That she cannot have an abortion to save her life.

It's the same party that forbids gays and lesbians from adopting children, marrying, or serving their country openly. They can die, but not tell any one who they really are.

Republicans. If you don't recognize yourselves here, take another look in the mirror!

Bubbles Sudds Dezotell
Everett

■ ELECTION

Majority can't afford top's greed

Whether it be guns, guns, abortion, or such, just don't let any one issue consume you as you contemplate your vote this fall, with so much at stake.

One side is using such tactics, so you won't think about the greater picture. Do you

are cut and a country drifting backward instead of to the future, with programs such as research, infrastructure, and technology. Think of what we all could benefit from.

The far greater impact on so many more, and the future of this nation, lies in help, progress, and innovations to come; rather than any one issue to divide us.

You and I should think only of this when we cast our ballot this November!

Barb Kelley
Mill Creek

■ ECONOMY

Demand creates jobs, not the rich

I had to respond to the Aug. 16 letter, "Demonizing rich reaps nothing." In fact, the opposite is true. By educating people about income disparity in this country, which is, by far, the largest of all industrialized nations, and reminding people that since the Bush-era tax cuts, the highest-income earners are paying the lowest rates in U.S. history and that net job growth during the Bush administration was zero. Clearly, the rich don't create jobs.

Norm Kosko
Carnado Island

algorithm. And so, like bargain shoppers, we are forced to dig beneath the political gloss to determine if there's any there at all.

A Gallup poll released earlier this year has Congress' job approval at a basement-level 10 percent. (Journalism, once government's watchdog, registers near as low.) The anti-Congress sentiment flows from a culture of polarization

we might look to a new metric, something concrete and rhetoric-proof, to measure a lawmaker's worth. We might begin with a basic, unadorned, "What did you sponsor and what was the outcome?"

Asking essential, no-wiggle-room questions is critical for a number of reasons. Beginning in 2013, Snohomish County will have three members of Congress, with representatives

Demographics also inform the political culture. Even with its migration down relative to the 1980s and 1990s, the Puget Sound region could grow by a million-plus residents over the next decade. Washington's ossified political class will need to track with this evolving population. Do we have the educational and transportation

outlets you actually do? versus outbought them once you vote for or against?

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Whoa.

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He's obviously talking about what Republicans call "forcible rape." Last year, Akin co-sponsored a bill in the House that would have narrowed the exception that allows Medicaid funds to pay for abortions for women who are raped. The proposed measure would have permitted the use of funds only to end pregnancies resulting from "forcible rape." GOP vice presidential candidate Paul Ryan was another co-sponsor of the measure, which ultimately failed.

The statutory rape of a child by an adult would not fit the definition the House Republicans tried to impose; nor would the rape of a woman who was drugged, say, or who had limited mental capacity. Never mind the fact that as far as criminal law is concerned, rape is rape. Never mind the fact that all rape, by its very nature, is "forcible."

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Akin, by the way, is a member of the House Committee on Science, Space and Technology. I am not kidding.

Akin allows that something of the magical process by which rapists' sperm are rejected doesn't work. In those few cases, he says, our aim should be punishing the rapist, not "attacking the child."

Now let's see, we've accounted for how we should treat the rapist, and we've accounted for how we should treat the product of the rape—the fetus or unborn child, depending on how you see abortion—and I guess that's it. But wait, wasn't there someone else involved?

Oh yes, the woman. The person who had to endure the rape, who is suspected of not having suffered a "legitimate" rape, and who now, according to Akin, should be legally obliged to bring the rapist's baby to term.

Akin's stupid, sexist remarks were immediately denounced by Mitt Romney and other prominent Republicans.

But the GOP is going to do the one thing that would neutralize the "war on women" issue: Stop the misogynistic attacks. Stop them now.

Eugene Robinson is a Washington Post columnist. His email address is eugenerobinson@washpost.com.

EUGENE ROBINSON

LETTERS TO THE EDITOR

ELECTION

Media makes Ryan next target

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Before you believe what people like David Sirota writes, remember he and those like him are leftist Obama pawns—out for the kill.

Kate Howard Edmonds

SAFETY

Helmet choices show brain's range

As a former member of the Mountain Rescue Council, thanks for the Sunday Viewpoints commentary, "Our conflicted brains." And even more thanks for the photographic illustration of such two aspects of our brains on the paper's front page. (Article, "Get outside.") Specifically the "modern brains" of the mountain biker and hikers choosing to wear hard-hat helmets for brain protection. Strikingly, in contrast, is the photo of 16-year-old rock climber, Sean Bailey, wearing no head protection as he exercises his "reptilian" brain of "contusion bias" or simply put, dumbness.

Please see the picture in the link below of a rock climbing head injury that can occur even with a hard hat from rock fall (e.g., loosened by the rock or climber above, a slip or catching of the delay rope on a ledge or a slip by the climber himself). Please do not let your children be supervised by like-minded adults guiding this "reptilian" brain 16-year-old rock climber as you can result in brain damage or damage like the below



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Republicans. If you don't recognize yourselves here, take another look in the mirror!

Bubbles Sudds Dezotell Everett

ELECTION

Majority can't afford top's greed

Whether it be gays, guns, abortion, or such, just don't let any one issue consume you as you contemplate your vote this fall, with so much at stake.

One side is using such tactics, so you won't think about the greater picture. How do you want to see our dependence on fossil fuels as BP does? How about more deregulation of banks, which they so need? Or is it back to the health-care system where many pay more, for those who no longer can afford this "luxury"?

Maybe it's the social program that help so many one time in their life allowing them to visualize the American dream, too. Pell grants, Head Start, Meals on Wheels, unemployment benefits, and yes, food stamps that are necessary, especially for optimal learning of our children.

I could go on listing significant cuts proposed, but you get the point. So much would be eliminated, not attempted, or proposed for the future. This would be at our expense so that the "Romneys and Ryans" expenses would be almost non-existent when it comes to their income taxes. (Less than one percent under Ryan's budget.)

All this greed, while services

are cut and a country drifting backward instead of to the future, with programs such as research, infrastructure, and technology. Think of what we all could benefit from.

The far greater impact on so many more, and the future of this nation, lies in help, progress, and innovations to come, rather than any one issue to divide us.

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Barb Kelley Mill Creek

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Demand creates jobs, not the rich

I had to respond to the Aug. 16 letter, "Demonizing rich repeats nothing." In fact, the opposite is true. By educating people about income disparity in this country, which is, by far, the largest of all industrialized nations, and reminding people that since the Bush-era tax cuts, the highest-income earners are paying the lowest rates in U.S. history and that net job growth during the Bush administration was zero. Clearly, the rich don't create jobs.

The only thing that creates jobs is demand for goods and services, and that demand is fueled by the middle class. The rich don't create demand for anything, they just park their money off-shore to avoid paying taxes.

When the middle class has extra money in their pockets they go out to dinner more often, they go to the movies, they spend more at the grocery store, they go on vacation and they may buy a new washer and dryer, a refrigerator, or a new car. All of these things stimulate local and national economies and create jobs.

According to the writer, I may be a non-thinking liberal, but at least I have my facts straight and I didn't get my information spoon-fed to me by right-wing news sources.

To believe in trickle-down economics is to believe in the tooth fairy.

Robert Morris Everett

Weather

B6 | HERALD | WWW.HERALDNET.COM/WEATHER | 08.21.12

TODAY
69° 55°
 Early clouds to partly sunny

TOMORROW
65° 54°
 A.M. drizzle to p.m. sunbursts

THURSDAY
61° 52°
 Cool with clouds and limited sun

FRIDAY
65° 52°
 Periods of sun, a shower possible

SATURDAY
69° 54°
 Partly sunny

Western WA
 Mostly cloudy today, except clouds breaking for some sun near the Cascades. Mostly cloudy tonight.

Mountains
 Mostly cloudy today with a shower or thunderstorm around. Partly cloudy tonight.

Eastern WA
 Intervals of clouds and sunshine today. A shower or thunderstorm in spots, arriving during the afternoon in the east.

Puget Sound
 Wind northwest 7-14 knots today. Waves 1-3 feet. Visibility clear. Wind west 9-16 knots tonight. Waves 2-4 feet. Mostly cloudy.

Northwest Weather

City	Today	Tomorrow
Washington	73/55/pc	66/41/pc
Bellingham	88/53/pc	85/44/pc
Everett	87/57/pc	81/52/pc
Ellensburg	85/53/pc	65/49/pc
Friday Harbor	68/51/pc	67/49/pc
Moses Lake	80/54/pc	80/54/pc
Ocean Shores	69/56/pc	60/53/pc
Olympia	70/51/pc	68/47/pc
Port Angeles	85/53/pc	84/53/pc
Pullman	85/49/pc	78/42/pc
Spokane	86/57/pc	79/54/pc
Seattle	70/54/pc	65/51/pc
Tacoma	70/53/pc	66/50/pc
Walla Walla	89/62/pc	85/57/pc
Wenatchee	89/53/pc	86/45/pc
Yakima	89/53/pc	85/45/pc
Idaho	86/59/pc	81/57/pc
Boise	86/55/pc	80/47/pc
Conor d'Alene	83/53/pc	81/47/pc
Sun Valley	84/56/pc	65/44/pc
Oregon	84/56/pc	65/44/pc
Astoria	80/44/pc	79/42/pc
Bend	78/53/pc	78/47/pc
Elgin	80/44/pc	72/58/pc
Klamath Falls	88/53/pc	82/58/pc
Medford	78/55/pc	71/53/pc
Portland	86/59/pc	81/57/pc
Roseburg	81/53/pc	81/52/pc
Salem	81/53/pc	78/53/pc
Montana	81/45/pc	78/41/pc
Butte	94/58/pc	86/52/pc
Great Falls	92/53/pc	82/44/pc
Missoula	88/53/pc	83/53/pc
Alaska	62/50/pc	64/52/pc
Anchorage	62/50/pc	64/52/pc

National Weather

City	Today	Tomorrow
Albany	76/54/pc	81/55/pc
Albuquerque	86/61/pc	85/64/pc
Altoona	80/62/pc	88/66/pc
Anchorage	62/50/pc	64/52/pc
Atlanta	86/65/pc	86/65/pc
Atlanta	80/65/pc	80/65/pc
Baltimore	82/65/pc	84/64/pc
Baton Rouge	88/70/pc	87/67/pc
Boston	81/64/pc	81/64/pc
Buffalo	76/54/pc	80/58/pc
Burlington, VT	78/59/pc	80/53/pc
Charleston, SC	84/71/pc	86/69/pc
Charlotte	84/63/pc	86/64/pc
Chicago	80/68/pc	84/63/pc
Cincinnati	80/68/pc	82/68/pc
Cleveland	76/53/pc	80/64/pc
Columbus, OH	76/53/pc	83/68/pc
Dallas	88/71/pc	93/74/pc
Denver	88/61/pc	93/65/pc
Des Moines	82/61/pc	89/64/pc
Detroit	78/57/pc	82/68/pc
El Paso	94/75/pc	95/73/pc
Fairbanks	82/58/pc	82/58/pc
Fargo	84/61/pc	86/65/pc
Fort Myers	92/76/pc	92/76/pc
Grand Rapids	88/66/pc	94/63/pc
Greenboro	82/64/pc	84/65/pc
Hartford	82/67/pc	84/63/pc
Houston	88/73/pc	88/75/pc
Indianapolis	84/72/pc	93/73/pc
Jackson, MS	88/64/pc	90/67/pc
Kansas City	91/61/pc	91/67/pc
Knoxville	84/58/pc	85/61/pc
Las Vegas	103/62/pc	99/64/pc
Little Rock	89/63/pc	92/62/pc
Los Angeles	84/66/pc	82/65/pc
Louisville	84/62/pc	88/64/pc
Lubbock	85/64/pc	89/68/pc
Memphis	86/65/pc	92/66/pc
Miami	91/78/pc	90/81/pc
Minneapolis	76/61/pc	85/65/pc
Mobile	88/68/pc	88/70/pc
Montgomery	88/66/pc	92/63/pc
Newark	82/65/pc	86/66/pc
New Orleans	88/73/pc	89/73/pc
New York City	81/66/pc	83/68/pc
Norfolk	84/71/pc	83/71/pc
Oakland	70/54/pc	66/55/pc
Oklahoma City	88/64/pc	92/70/pc
Omaha	84/63/pc	84/63/pc
Orlando	88/71/pc	90/77/pc
Palm Springs	102/62/pc	102/77/pc
Philadelphia	82/66/pc	84/66/pc
Phoenix	104/84/pc	101/78/pc
Pittsburgh	78/55/pc	80/75/pc
Portland, ME	80/57/pc	80/57/pc
Portland, OR	76/55/pc	71/53/pc
Providence	81/62/pc	83/61/pc
Raleigh	83/65/pc	85/65/pc
Rapid City	89/61/pc	95/61/pc
Reno	90/57/pc	89/58/pc
Richmond	84/66/pc	85/65/pc
Sacramento	88/63/pc	90/65/pc
St. Louis	84/62/pc	91/66/pc
St. Petersburg	89/71/pc	90/75/pc
Salt Lake City	92/69/pc	90/65/pc
San Antonio	93/78/pc	94/74/pc
San Diego	77/68/pc	75/65/pc
San Francisco	68/54/pc	67/55/pc
San Jose	78/56/pc	76/56/pc
Stockton	82/56/pc	90/56/pc
Syracuse	76/51/pc	82/51/pc
Tallahassee	86/70/pc	87/68/pc
Tampa	89/77/pc	89/76/pc
Tempe	102/80/pc	99/78/pc
Topeka	91/61/pc	92/66/pc
Tucson	91/65/pc	96/72/pc
Washington, DC	84/67/pc	85/67/pc
Wichita	91/63/pc	92/68/pc
Winston-Salem	84/64/pc	84/68/pc
Yuma	101/84/pc	99/81/pc

KIRO 7 Weather

REBECCA STEVENSON
 CHIEF METEOROLOGIST

Almanac

Everett through 5 p.m. yesterday: 74/58
 High/low: 74/58
 Normal high/low: 73/55
 Records (1991/1918): 86/40
 Barometric pressure (noon): 30.65
 24 hours ending 5 p.m.: 0.00
 Month to date: 0.00
 Normal month to date: 0.64
 Year to date: 24.18
 Normal year to date: 19.41

Air Quality Index
 Yesterday's offender: Particulates

Pollen Index
 Today: Trees, Grass, Weeds, Molds

Source: NAB

Tides

Time	Feet	Port Townsend	Time	Feet
First low	2:01 a.m.	1.5	First low	1:04 a.m.
First high	8:05 a.m.	9.8	First high	7:38 a.m.
Second low	1:59 p.m.	2.6	Second low	12:58 p.m.
Second high	8:15 p.m.	11.4	Second high	7:48 p.m.

Whidbey Island
 through 5 p.m. yesterday: 65/57
 High/low: 65/57
 Normal high/low: 67/52
 Records (1962/1968): 86/44
 Barometric pressure (noon): 30.75
 24 hours ending 5 p.m.: 0.00
 Month to date: 0.00
 Normal month to date: 0.59
 Year to date: 14.75
 Normal year to date: 11.17

Sun and Moon

Sunrise today: 6:12 a.m.
 Sunset tonight: 8:11 p.m.
 Moonrise today: 11:18 a.m.
 Moonset today: 5:44 p.m.

More Information

Road Reports:
 www.wsdot.wa.gov

Availance Reports:
 www.nwac.noaa.gov

Burn Ban Information:
 Puget Sound: 1-800-595-4341

Website: www.psealar.org

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World Weather

City	Today	Tomorrow
Amsterdam	73/69/pc	68/58/pc
Athens	92/71/pc	96/79/pc
Baghdad	111/81/pc	109/82/pc
Bangkok	92/77/pc	93/78/pc
Beijing	86/63/pc	84/59/pc
Berlin	83/67/pc	78/55/pc
Buenos Aires	84/63/pc	73/55/pc
Cairo	97/75/pc	97/74/pc
Dublin	67/53/pc	64/50/pc
Hong Kong	90/81/pc	90/81/pc
Jerusalem	87/68/pc	88/67/pc
Johannesburg	78/53/pc	73/55/pc
London	73/55/pc	71/54/pc

World Weather

City	Today	Tomorrow
Madrid	101/69/pc	103/70/pc
Mexico City	72/56/pc	70/56/pc
Montreal	73/57/pc	78/59/pc
Moscow	83/40/pc	84/46/pc
Paris	86/65/pc	86/65/pc
Rio de Janeiro	80/60/pc	80/60/pc
Riyadh	109/63/pc	107/61/pc
Rome	91/70/pc	91/68/pc
Singapore	86/78/pc	87/77/pc
Stockholm	68/57/pc	65/52/pc
Sydney	70/43/pc	65/52/pc
Tokyo	89/76/pc	91/79/pc
Toronto	78/57/pc	81/59/pc

National Extremes
 (for the 48 contiguous states)

Highest Death Valley, CA: 119
 Low: Tomahawk, WI: 32

Map

Shows noon positions of weather systems and precipitation. Temperature bands are highs for the day.



Partly sunny

Weather

REBECCA STEVENSON
CHIEF METEOROLOGIST

71/52
Tacoma
76/53

Tides
Everett

Time	Feet	Port Townsend	Time	Feet	
First low	2:01 a.m.	1.5	First low	1:04 a.m.	1.5
First high	8:05 a.m.	9.8	First high	7:38 a.m.	6.8
Second low	1:59 p.m.	2.6	Second low	12:58 p.m.	2.5
Second high	8:15 p.m.	11.4	Second high	7:43 p.m.	8.6

Puget Sound
Wind northwest 7-14 knots today. Waves 1-3 feet. Visibility clear. Wind west 8-16 knots tonight. Waves 2-4 feet. Mostly cloudy.

City	Today	High/Low	City	Today	High/Low	City	Today	High/Low	City	Today	High/Low
Albany	76/54/c	81/55/s	Jackson, MS	86/64/c	90/67/c	Kailash	83/51/r	85/55/c	Portland, ME	88/57/c	91/67/s
Albuquerque	86/77/r	85/54/r	Kansas City	51/42/s	51/67/s	Rapid City	89/60/s	95/53/s	Portland, OR	88/57/c	91/67/s
Amarillo	88/62/c	88/66/c	Knoxville	84/58/c	85/63/s	Remo	90/57/c	89/59/s	Portland, RI	84/66/c	85/65/c
Anchorage	62/50/c	64/52/c	Las Vegas	103/71/r	99/84/r	Richmond	84/66/c	85/65/c	Portland, VA	88/53/s	90/56/s
Atlanta	86/65/c	86/65/s	Little Rock	84/66/c	85/63/s	Sacramento	88/53/s	90/56/s	Portland, WA	84/66/c	85/65/c
Atlantic City	80/66/c	80/68/r	Los Angeles	84/66/c	82/65/c	St. Louis	84/62/c	91/66/s	Portland, WI	84/66/c	85/65/c
Austin	53/30/c	54/70/s	Louisville	84/62/c	88/64/s	St. Petersburg	89/76/r	90/75/r	Portland, OR	88/57/c	91/67/s
Baltimore	82/55/c	84/64/r	Lubbock	85/64/c	89/68/c	Salt Lake City	92/68/c	90/65/r	Portland, ME	88/57/c	91/67/s
Baton Rouge	88/70/c	90/69/c	Memphis	86/65/c	92/66/s	San Antonio	93/71/c	94/74/r	Portland, RI	84/66/c	85/65/c
Bellows Falls	84/65/s	85/71/r	Miami	91/78/r	90/81/r	San Diego	77/66/c	75/65/c	Portland, VA	88/53/s	90/56/s
Birmingham	89/64/c	89/64/s	Minneapolis	74/61/s	79/63/c	San Francisco	60/54/c	67/59/c	Portland, WA	84/66/c	85/65/c
Boise	96/59/c	87/57/r	Mobile	88/66/c	87/70/c	Stockton	92/56/s	90/56/s	Portland, WI	84/66/c	85/65/c
Boston	81/64/c	81/64/c	Montgomery	89/65/c	92/63/c	Syracuse	75/51/c	82/52/s	Portland, OR	88/57/c	91/67/s
Buffalo	75/54/c	80/53/s	Newark	82/65/c	85/66/r	Tallahassee	85/70/r	87/69/r	Portland, ME	88/57/c	91/67/s
Burlington, VT	84/70/r	86/69/c	New Orleans	88/73/c	87/73/c	Tampa	89/71/r	89/71/r	Portland, RI	84/66/c	85/65/c
Charleston, SC	84/70/r	84/70/r	New York City	61/68/c	63/68/r	Tempe	102/82/r	99/79/r	Portland, VA	88/53/s	90/56/s
Charlotte, WV	80/54/c	84/55/s	Norfolk	84/71/r	83/71/r	Topeka	91/61/s	93/66/s	Portland, WA	84/66/c	85/65/c
Cheyenne	82/56/s	86/61/r	Oakland	70/54/c	66/55/c	Tulsa	89/65/c	96/72/s	Portland, WI	84/66/c	85/65/c
Chicago	78/59/s	84/63/s	Oklahoma City	88/64/c	92/70/s	Tucson	95/76/r	97/73/r	Portland, OR	88/57/c	91/67/s
Cincinnati	80/58/c	82/59/s	Omaha	84/63/s	84/63/s	Washington, DC	84/67/c	85/67/r	Portland, RI	84/66/c	85/65/c
Cleveland	76/53/c	80/54/s	Orlando	88/72/r	90/73/r	Wichita	91/63/c	92/68/s	Portland, VA	88/53/s	90/56/s
Columbus, OH	78/58/c	83/60/s	Palm Springs	103/80/c	103/77/r	Winston-Salem	84/66/c	84/66/c	Portland, WA	84/66/c	85/65/c
Dallas	88/70/r	93/74/c	Philadelphia	82/66/c	84/66/r	Yuma	101/84/c	99/81/r	Portland, WI	84/66/c	85/65/c
Denver	82/51/s	83/56/s	Phoenix	104/84/r	101/78/r				Portland, OR	88/57/c	91/67/s
Des Moines	88/70/r	89/64/r	Portland, ME	88/57/c	79/57/c				Portland, RI	84/66/c	85/65/c
Detroit	78/57/c	82/60/s	Portland, OR	76/55/c	71/53/c				Portland, VA	88/53/s	90/56/s
El Paso	94/75/s	95/73/r	Providence	81/62/c	83/61/r				Portland, WA	84/66/c	85/65/c
Evansville	82/58/c	85/60/s							Portland, WI	84/66/c	85/65/c
Fairbanks	61/41/c	66/45/s							Portland, OR	88/57/c	91/67/s
Flagstaff	84/61/s	86/58/s							Portland, RI	84/66/c	85/65/c
Fort Myers	92/75/c	92/76/r							Portland, VA	88/53/s	90/56/s
Fresno	98/66/s	94/63/s							Portland, WA	84/66/c	85/65/c
Grand Rapids	76/56/c	81/60/c							Portland, WI	84/66/c	85/65/c
Greensboro	83/64/c	84/65/c							Portland, OR	88/57/c	91/67/s
Hartford	82/57/c	84/59/r							Portland, RI	84/66/c	85/65/c
Honolulu	88/73/s	88/73/c							Portland, VA	88/53/s	90/56/s
Houston	94/72/r	93/73/c							Portland, WA	84/66/c	85/65/c
Indianapolis	80/57/r	84/61/s							Portland, WI	84/66/c	85/65/c

Almanac
Everett through 5 p.m. yesterday

High/low	74/58
Normal high/low	73/55
Records (1991/1918)	85/40
Barometric pressure (noon)	30.065
24 hours ending 5 p.m.	0.00
Month to date	0.00
Normal month to date	0.64
Year to date	24.18
Normal year to date	19.41

Arlington
through 5 p.m. yesterday

High/low	75/54
Normal high/low	73/55
Records (2009/2010)	89/44
Barometric pressure (noon)	30.075
24 hours ending 5 p.m.	0.00
Month to date	0.00
Normal month to date	0.87
Year to date	36.84
Normal year to date	26.99

Whidbey Island
through 5 p.m. yesterday

High/low	65/57
Normal high/low	67/52
Records (1966/1983)	86/44
Barometric pressure (noon)	30.075
24 hours ending 5 p.m.	0.00
Month to date	0.00
Normal month to date	0.52
Year to date	14.75
Normal year to date	11.17

Air Quality Index
Yesterday's offender: Particulates

Good: 0-50; Moderate: 51-100; Unhealthy (for sensitive groups): 101-150; Unhealthy: 151-200; Very unhealthy: 201-300; Hazardous: 301-500

WA Dept. of Environmental Quality

Pollen Index
Today

Tree:
Grass:
Weed:
Mold:

Source: NAB

Sun and Moon

Sunrise today: 6:12 a.m.
Sunset tonight: 8:11 p.m.
Moonrise today: 11:16 a.m.
Moonset today: 9:44 p.m.

First Aug 24, Full Aug 31, Last Sep 8, New Sep 15

More Information
Road Reports: www.wsdot.wa.gov

Avance Reports:
www.nvavac.noaa.gov

Burn Ban Information:
Phone: 1-800-595-4341
Website: www.pscleanair.org

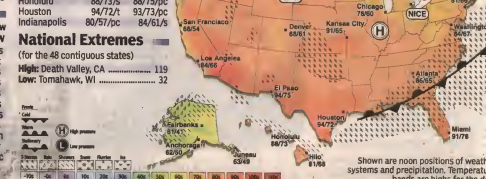
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World Weather

City	Today	Tomorrow	City	Today	Tomorrow
Amsterdam	52/71/r	66/58/s	Madrid	101/69/s	103/70/s
Athens	92/77/r	96/70/s	Mexico City	72/56/r	70/56/r
Baghdad	111/81/s	109/82/s	Moscow	73/57/c	79/59/s
Beijing	92/77/r	93/78/r	Paris	63/45/c	64/46/s
Berlin	83/67/c	78/56/s	Rio de Janeiro	86/65/c	80/66/s
Buenos Aires	64/53/s	73/55/r	Riyadh	109/53/s	107/51/s
Cairo	97/75/s	97/74/s	Rome	81/70/s	81/68/s
Dublin	67/53/s	64/50/s	Singapore	88/78/r	87/77/s
Hong Kong	90/81/c	90/81/r	Stockholm	66/57/c	66/52/r
Jakarta	87/66/s	88/67/s	Sydney	70/43/s	76/52/c
Johnsburg	78/53/s	75/50/s	Tokyo	89/79/s	91/79/s
London	73/55/s	71/54/c	Toronto	78/70/c	81/75/s

National Extremes
(for the 48 contiguous states)

High: Death Valley, CA 119
Low: Tomahawk, WI 32



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NOVEMBER 9 & 10, 2012

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DR. ELIZABETH
SMOOTS

How to treat a strain or sprain

We've all been injured from time to time. The vast majorities of these common injuries are strains or sprains.

Both conditions usually occur as the result of a single, abrupt incident. The resulting symptoms are similar, too — most frequently pain and swelling.

What, exactly, are the differences between sprains and strains?

Pulling a muscle: A strain is an injury caused by overstretching or tearing a muscle. It is sometimes called a pulled muscle. Mild strains result in minute tears in a few muscle fibers. In more severe strains, the fibers may suffer a major tear with the loss of muscle strength or movement.

Strains most commonly occur in the hamstring and quadriceps muscles in the thigh and the muscles in the groin and shoulder. Conditions that increase the risk of a strain include lack of conditioning, poor flexibility, cold, fatigue or a previous injury.

Hurting a ligament: A sprain is an injury to the ligaments and soft tissues that surround and support a joint. The injuries, which range from mild tears to complete ruptures, tend to be more serious than strains. They can take longer to heal and, in severe cases, can result in an unstable joint.

Ankles and knees are the joints most susceptible to sprains. The injury often results from a sudden, twisting motion.

What to do for first aid: To reduce pain and swelling from sprains and strains, use rest, ice, compression and elevation. Rest the injured area for at least 24 to 48 hours. Since swelling usually starts immediately, apply ice packs right away.

See SMOOTS, Page C8



"Market Warriors" began in July on PBS channels. The list of television shows about hunting for elusive treasure amid mountains of discarded junk keeps on growing like a suburban landfill.

DAVID AARON TROY / WGBH

Television gets picky

More shows than ever feature people who turn junk into treasure

By MELISSA RAYWORTH
Associated Press

Tracy Hutson wanders through a graveyard of ovens that haven't roasted a turkey or baked a ham since decades before she was born. Picking through their discarded parts, she muses: "The rust on this is just so gorgeous."

Her "Picker Sisters" partner, Tanya McQueen, agrees yet another item to bargain for purchase and turn into a high-end piece of furniture on their Lifetime network TV series.

You'll find a similar pair of women, the "Junk Gypsies," doing much the same thing over on HGTV. And these two pairs are not alone.

The list of television shows about hunting for elusive treasure amid mountains of discarded stuff keeps growing like a suburban landfill. At least three new entries premiered this summer, adding to the already double-digit roster of shows about "pickers" and pawn shop owners and people who bid for the contents



Toy hunter Jordan Hemmrough is shown in his storage space in Ridgewood, N.J. The show premiered Wednesday on the Travel Channel.

ELIZABETH FRASER / TRAVEL CHANNEL

of storage containers.

Why, especially when we're so overloaded with our own clutter and junk, are we so fascinated with the search through other people's castoffs?

Jordan Hemmrough, host of "Toy Hunter," which premiered Wednesday on the Travel

Channel, believes people love junk-hunting shows because they reconnect us with a time we like to remember as simpler and happier.

We recognize items instantly, from toys to household goods to advertising signage. Previous generations of Americans kept

things longer, and there was less to choose from when you did buy new. Many of us had the same CorningWare coffee pot, the same Fisher-Price toys as our neighbors.

Items designed in the 1950s and 1960s "are from a period that consciously looked to the future," said Allen Topolski, associate professor of art at the University of Rochester.

It was a time of optimism, and although "we never got the jet packs we were promised," we enjoy revisiting that feeling as junk-hunting TV hosts come across this stuff, he said.

The thrill of the hunt

T.J. Heckman has "been into junk" for nearly all of his 26 years. He, for father and his uncle "used to go out all the time just picking up stuff. I remember when I was 6 years old bringing home a kitchen table on my bicycle."

In his work as a delivery truck driver in the Pittsburgh area,

See PICKY, Page C8

Electrifying neon returns for another school year

The trend among kids 'taps into youth, emotion and standing out, which they like'

By SAMANTHA CRITCHFIELD
Associated Press

Neon is a fashion trend that might be best suited to the cool

of pint-sized athletes will buy into the bright footwear that has made Nike's track and field sneakers one of the most buzzed-about looks of the Olympics.

to treat a strain or sprain

We've all been injured from time to time. The vast majority of these common injuries are strains or sprains.

Both conditions usually occur as the result of a single, abrupt incident. The resulting symptoms are similar, too — most frequently pain and swelling.

What, exactly, are the differences between strains and sprains?

Pulling a muscle: A strain is an injury caused by overstretching or tearing a muscle. It is sometimes called a pulled muscle. Mild strains result in minute tears in a few muscle fibers. In more severe strains, the fibers may suffer a major tear with the loss of muscle strength or movement.

Strains most commonly occur in the hamstring and quadriceps muscles in the thigh and the muscles in the groin and shoulder. Conditions that increase the risk of a strain include lack of conditioning, poor flexibility, cold, fatigue or a previous injury.

Hurting a ligament: A sprain is an injury to the ligaments and soft tissues that surround and support a joint. The injuries, which range from mild tears to complete ruptures, tend to be more serious than strains. They can take longer to heal and, in severe cases, can result in an unstable joint.

Ankles and knees are the joints most susceptible to sprains. The injury often results from a sudden, twisting motion.

What to do for first aid: To reduce pain and swelling from sprains and strains, use rest, ice, compression and elevation. Rest the injured area for at least 24 to 48 hours. Since swelling usually starts immediately, apply ice packs right away.

See SMOOTS, Page C8



“Market Warriors” began in July on PBS channels. The list of television shows about hunting for elusive treasure amid mountains of discarded junk keeps on growing like a suburban landfill.

DAVID AARON TROY / I/GBN

Television gets picky

More shows than ever feature people who turn junk into treasure

By MELISSA RAYWORTH
Associated Press

Tracy Hutson wanders through a graveyard of ovens that haven't roasted a turkey or baked a ham since decades before she was born. Picking through their discarded parts, she muses, “The rust on this is just so gorgeous.”

Her “Picker Sisters” partner, Tanya McQueen, agrees; yet another item to bargain for, purchase and turn into a high-end piece of furniture on their Lifetime network TV series.

You'll find a similar pair of women, the “Junk Gypsies,” doing much the same thing over at HGTV. And these two pairs are not alone.

The list of television shows about hunting for elusive treasure amid mountains of discarded stuff keeps growing like a suburban landfill. At least three new entries premiered this summer, adding to the already double-digit roster of shows about “pick-ters” and pawn shop owners and people who bid for the contents



ELIZABETH FRASER / TRAVEL CHANNEL

Toy hunter Jordan Hembrough is shown in his storage space in Ridgewood, N.J. The show premiered Wednesday on the Travel Channel.

of storage containers.

Why, especially when we're so overloaded with our own clutter and junk, are we so fascinated with the search through other people's castoffs?

Jordan Hembrough, host of “Toy Hunter,” which premiered Wednesday on the Travel

Channel, believes people love junk-hunting shows because they reconnect us with a time we like to remember as simpler and happier.

We recognize items instantly, from toys to household goods to advertising signage. Previous generations of Americans kept

things longer, and there was less to choose from when you did buy new. Many of us had the same CorningWare coffee pot, the same Fisher-Price toys as our neighbors.

Items designed in the 1950s and 1960s “are from a period that consciously looked to the future,” said Allen Topolski, associate professor of art at the University of Rochester.

It was a time of optimism, and although “we never got the jet packs we were promised,” we enjoy revisiting that feeling as junk-hunting TV hosts come across this stuff, he said.

The thrill of the hunt

T.J. Heckman has “been into junk” for nearly all of his 26 years. He, his father and his uncle “used to go out all the time just picking up stuff. I remember when I was 6 years old bringing home a kitchen table on my bicycle.”

In his work as a delivery truck driver in the Pittsburgh area,

See PICKY, Page C8

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The trend among kids ‘taps into youth, emotion and standing out, which they like’

By SAMANTHA CRITCHELL
Associated Press

Neon is a fashion trend that might be best suited to the cool kids — or real kids.

Unlike so many looks that trickled down from designer runways to mass retailers and into teenagers' closets, the almost electrifying shades of pink, green, yellow and orange have been hanging out in high school hallways for a while. And they're back again for the new school year.

“Teens stayed with neon because for them, it's so easy to wear. It taps into youth, emotion and standing out, which they like doing,” says Seventeen senior fashion editor Marissa Rosenblum.

The highlighter colors have evolved this season into accessories, beauty products and outerwear. There are still little T-shirts, colored jeans, hoodies and athletic apparel, but Rosenblum says the way to wear neon is as a single bright pop, not head to toe.

It's probably a safe bet that lots

of pint-sized athletes will buy into the bright footwear that has made Nike's track and field sneakers one of the most buzzed-about looks of the Olympics.

Try mint green jeans with a yellow neon tank with a gray cardigan, said Anu Narayanan, vice president of women's merchandising for Old Navy. “Neon looks best as a surprise within a look.”

For its largely grade-school customer, The Children's Place will pair neon with navy as the cooler weather moves in. “The children have a sense of humor about their clothes,” said TCP senior vice president of design Michael Giannelli.

Elena Klam is creative director and co-owner of the jewelry brand Lia Sophia, which is launching a fashion jewelry collection called Sisters aimed at the tween and teen set. It includes neon, preapproved by Klam's teenage daughters and their friends.

Klam said that even schools with strict dress codes will likely allow superbright friendship bracelets or earrings.

“You don't have to be the ‘pik’



THE CHILDREN'S PLACE

Green neon laces pop on a navy sneaker.

girl” when it's neon. That has a bit of an edge to it,” Klam said.

The skater-snowboarder-surfer look has brought brights back into favor for boys. “Skater kids and surfer dudes are wearing bright pinks and deep purples, and they're also getting into orange and banana,” Giannelli said.

Seventeen editor Rosenblum cautions: “You have to choose the color that looks good on you. That funny off-green is definitely an important color, but it's not for everyone.”



THE CHILDREN'S PLACE

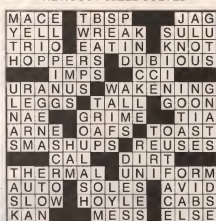
An orange neon skirt stands out.

DAILY CROSSWORD

ACROSS

- 1 Popular salad
- 5 Boat fronts
- 10 City of surprise
- 14 Little chirper
- 15 Woodworking tool
- 16 Footnote abbr. (2 wds.)
- 17 Ms. Dinesen
- 18 Free
- 19 Break the news
- 20 City near Vesuvius
- 22 Steppe
- 24 Pause fillers
- 25 Furtive whisper
- 28 Deviser
- 30 Strides along
- 35 Color
- 36 Academic stat.
- 37 Give a hand
- 38 Naval officers
- 41 Lack
- 43 Role seeker
- 44 University
- 45 Ush athlete
- 46 Web suffix
- 47 "Goodfellas" Oscar winner
- 48 Tennis gear
- 50 Mend a heel
- 54 Likes instantly (2 wds.)
- 58 Most unusual
- 62 — dunk
- 63 Synthetic fabric
- 66 Potpourri
- 67 — spumante
- 68 Habituate
- 69 Isn't capable
- 70 Tooth part
- 71 Invited
- 72 Patella site

PREVIOUS PUZZLE SOLVED



8-21-12 © 2012 UFS, Dist. by Univ. Links for UFS

DOWN

- 1 Bed size
- 2 Bear in the sky
- 3 Lowest high tide
- 4 Short sock
- 5 Math symbol
- 6 Makes
- 7 Overseas
- 8 Sluggish Mel —
- 9 Psychics
- 10 Sasquatch kin
- 11 Route for Ben-Hur
- 12 Sanskrit dialect
- 13 High-fashion mag
- 14 Be off-base
- 15 Reference book
- 16 Kid's ammo
- 17 Of poor quality
- 18 Punt fraction
- 19 Twig-and-mud homes
- 20 O.C. aides
- 21 Type of poem
- 32 Puerto Rican port
- 33 Disney site
- 34 Wineglass parts
- 35 Summer Games org. (2 wds.)
- 36 Power systems
- 37 — — loss
- 38 Summoned
- 39 44-cup brewer
- 40 Proof reader
- 41 Leave the
- 42 Space station
- 43 Courtyards
- 44 Dappled horses
- 45 Romanov title
- 46 In addition
- 47 Green Hornet's valet
- 48 Throw off heat
- 49 Zeal
- 50 60 Trg function
- 51 Carryall
- 52 Hearty laugh
- 53 Scoundrel's strike

Teach BFF's rude kid some manners

H. Carolyn:

My best friend's daughter, 10, is a little (twit). She never smiles at you, and if she deigns to speak to you, it is a one-word answer spoken with hostility.

When I walk into my friend's house, her daughter looks up and looks at and refuses to say hello. If she speaks, it is by whispering either to her mother or a friend, and I can tell she is talking about the people present.

But of course my friend thinks the sun rises and sets by her daughter. She tries to be mom of the year and admits to feeling guilty about travel for her job and the fact that Dad is absent working six months out of the year.

I don't want to ever be around this girl again, and I am going to refuse invitations to visit their home.

My friend gets defensive and refuses to hear any criticism of her daughter.

Do I just forget the friendship, or is there a way to approach this and try to do some good?

Can't Stand Her Kid!

Apparently you've tried to approach this with your friend, and her defenses knocked you back. And you've reached the point where you'd consider ending the friendship over the daughter's rudeness.

Add it up: 1 + 1 = liberation. You



CAROLYN HAX
TELL ME ABOUT IT

have nothing to lose here and society mode to gain — not having a better-worded heart-to-heart with her mom, but by addressing the demon daughter herself, on the spot with Puppins-like playful restraint (asiness undermines your point).

When she looks you up and down, "Does my outfit meet your approval?"

When she answers you with hostile monosyllables, "Hm. You appear to be old enough to speak in full sentences ... maybe I should try again."

Let her mother hear this.

In other words, village up! It's the adults' job to teach snippy children the rules.

Dear Carolyn:

I have just been "friend dumped." A very close friend of a few years stopped talking to me, and when I asked why, she ended the friendship with an Internet message. She

claimed (in literally three sentences) it was because the friendship is unhealthy.

The friendship was unhealthy at times — I have jealousy and fifth-wheel issues — but it was because we lived together, and we don't anymore.

I can't wrap my head around the idea that someone I trusted so much would do this to me so easily, without feeling bad or giving me even a paragraph of explanation.

The worst part is, I will have to see this person regularly in school. I know I need to move on, but I am very deeply hurt. How do I stop obsessing over this and this feeling bad?

The Dropped Friend

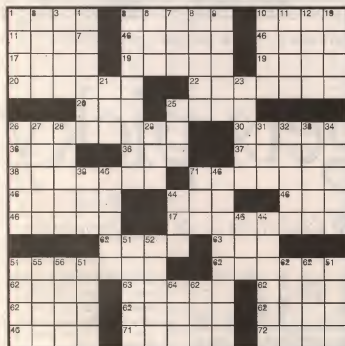
I'm sorry. Getting dumped hurts, and getting dumped abruptly hurts even more.

Be careful, though; an abrupt end can also be distracting to the point where valuable information gets lost in the why-me haze.

Please turn your attention not to the how-could-someone-I-trusted-do-this-to-me-so-easily question, but instead to those "jealousy and fifth-wheel issues."

If you were to trace your insecurities, where do you think you'll find the roots?

Write to Carolyn Hax, c/o The Washington Post, 1150 15th St. NW, Washington, D.C. 20071. E-mail: telnet@washpost.com. © Washington Post Writers Group



SUPER QUIZ

Score 1 point for each correct answer on the Freshman Level, 2 points on the Graduate Level and 3 points on the Ph.D. Level.

Subject: Shoes

FRESHMAN LEVEL

1. In the nursery rhyme, who lived in a shoe?

2. Who went to bed with "one shoe off and one shoe on?"

3. Muslims remove their shoes before entering this building.

GRADUATE LEVEL

4. What precedes "three, four shut the door?"

5. Which president had to duck when a shoe was thrown at him?

6. Who might have shoes led to their car bumper?

PH.D. LEVEL

7. Where was Nikita Khrushchev when he banged his shoe on a desk in protest?

8. Who said, "After me will

come one ... whose shoes I am not worthy to loose?"

9. Why did God tell Moses to "put off thy shoes from thy feet?"

ANSWERS: 1. An old woman. 2. My son Jack. 3. Mosque. 4. "One, two buckle my shoe." 5. George W. Bush. 6. New York City. 7. U.S. General Assembly. New York City. 8. John the Baptist. 9. He was standing on holy ground.

SCORING: 18 points — congratulations, doctor; 15 to 17 points — honors graduate; 10 to 14 points — you're pretty smart, but no grinch; 4 to 9 points — you really should hit the books harder; 1 point to 3 points — enroll in remedial courses immediately; 0 points — who made the questions to you?

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BIRTHDAYS

Former football player Pete Retzlaff is 81. Actor-director Melvin Van Peebles is 80. Playwright Mark Crowley ("The Boys in the Band") is 77. Singer Ken Rogers is 74. Actor Clarence Williams is 73. Rock-and-roll musician James Burton is 73. Singer Harold Reid (The Statler Brothers) is 73. Singer Jack DeShannon is 71. Actress Pat McCormack is 67. Actress Loretta Devine is 63. Singer Glenn Hughes is 60. Country musician Nik Kline is 58. Actress Kim Cattrall is 56. College Football Hall of Famer and former NFL quarterback Kim McMahon is 53. Actress Cleo Kline is 50. Actress Carrie-Anne Moss is 42. MLB player Craig Counsell is 42. Rock musician Liam Howlett (Prodigy) is 41. Actress Alicia Witt is 37. Singer Kelly is 33. TV personality Brody Jenner is 29. Singer Melissa Schuman is 28. Olympic gold medal sprinter Usain Bolt is 26. Actor Kody Cash is 25. Actress Hayden Panettiere is 23. Actor RJ Mitte (TV: "Breaking Bad") is 20.

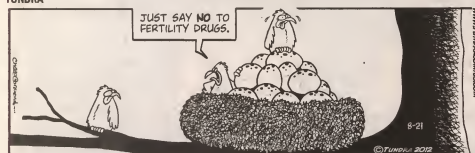
Thought for Today: "Paradoxical as it may seem, to believe in youth is to look backward; to look forward we must believe in age."

— Dorothy L. Sayers, English author (1893-1957)

CLASSIC PEANUTS



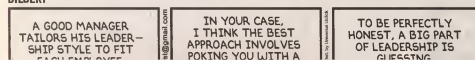
TUNDRA



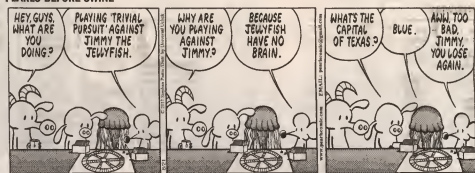
SIX CHIX



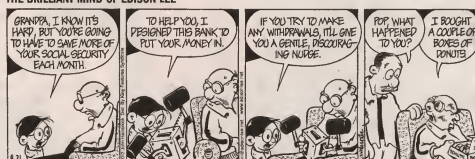
DILBERT



PEARLS BEFORE SWINE



THE BRILLIANT MIND OF EDISON LEE



BUCKLES



Look a little harder for men ready and willing

Dear Abby: I'd like to respond to "Where the Boys Aren't" (May 26). We're right here every day, lady, working in the same building, going to the same functions, eating at the same diners and attending the same churches. But we don't measure up to the standards you have set.



DEAR ABBY

You can find us at work at sports bars with friends having a beer, early morning weekends on the lake or stream fishing, kicking back watching a game on TV or working on a hot rod or motorcycle like the one we had—or wanted—in high school. We are NOT on a cruise, at the mall, upscale bar or wine tasting. In short, we're not doing what YOU like to do. Think about the guy you were married to who had to be dragged or nagged to the outings you enjoy.

You want to find a guy in your age range? That's easy. Step back, be honest and really look at yourself. How do you act, dress, talk? Would YOU date you? Do YOU measure up to the standards you have set for the right guy? If there's something you would change, then change it. Take the time to see who he is, what he enjoys and remember, he's not going to change, and if he did, he wouldn't be what you wanted anyway.

—Contest, Secure, Single 58-year-old Man

Dear Single Man: Thank you for taking the time to write. Apparently, these ladies need to find new hunting grounds. Read on:

Dear Abby: Most guys would pay handsomely for the addresses of the clubs where women go to meet men. What is "Where" doing that prevents her from meeting all the men she wants? My guess is she doesn't walk up and introduce herself. She doesn't grasp that dating rules get reversed at some point. She's hoping to be swooped off her feet like a schoolgirl.

RIP HAYWIRE



MOTHER GOOSE & GRIMM

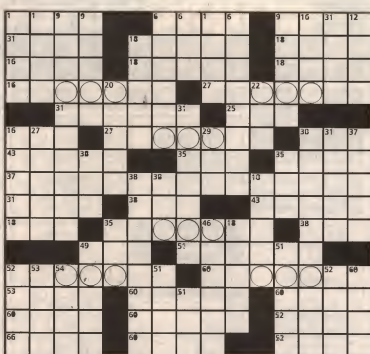


MARVIN



THE NEW YORK TIMES CROSSWORD PUZZLE

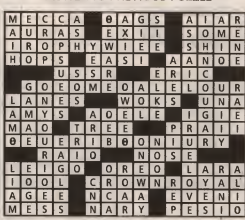
- ACROSS
- Karate school
 - Pier
 - "Look what I just did!"
 - Washington who was called "Queen of the Blues"
 - "Voulez-vous coucher avec moi ce soir?"
 - Geographical formation whose name is Spanish for 9-down
 - Rizzo, "Midnight Cowboy" role
 - What might take a stand outside a school?
 - Dope fiend
 - Burn without a flame
 - Tap
 - New Year's
 - Baja bear
 - Land where the Danube flows
 - Cleopatra's killer
 - Hold filler
 - Mover's vehicle
- Model _____ Nicole Smith
- Author of the book whose title is circled in the grid
- "Yes, there is _____" the fields we go
- Japanese port
- Right out of the box
- With lack of distinctiveness
- Street cred
- "Get it?"
- Bonbons, e.g.
- Musical instruments listed very late alphabetically
- Trouser measurements
- Latin love
- Straighten
- Brickell who sang "What I Am"
- China's _____ En-lai
- Keuter
- Groucho or Chai
- "King _____"
- Send out



PUZZLE BY PETER A. COLLINS

- DOWN
- Like morning grass, typically
 - Dairy-free spread
 - Temporarily
 - Nebraska home of Berkshire Hathaway
 - Crown
 - Prov. east of Manitoba
 - Mama _____ Elliot
 - Iranian Revolution leader
 - See 16-Across
 - Gung-ho
 - Hockey feint
 - Computer giant
 - Malfoy (Harry Potter villain)
 - Continental coins
 - Tube travelers?
 - Business where the customers call the shots?
 - Indian _____
 - Beetle Bailey's boss
 - '60s war locale
 - Camp David Accords
 - Capture
 - Winner's demand
 - H.S. dropout's document
 - FBI employee: Abbr.
 - Abide
 - "Isn't _____ bit like you and me?" (Beatles lyric)
 - "The Highwayman" poet
 - Live member
 - One of the D's in D.D.E.
 - 1950s-'60s comic Bruce
 - Gesture accompanying "Beats me"
 - Swarms
 - 2009 Cy Young Award winner Greinke
 - "If you ask me," in textpeak
 - Bugs Bunny or Tweety Bird
 - Dickensian setting
 - Servino of "Mighty Aphrodite"
 - Very exciting
 - "It _____" (formal acknowledgment)

ANSWER TO PREVIOUS PUZZLE



BRIDGE CLUB

If you take two birds and tie them together, you'll have something with four wings, but it won't be able to fly. When a good defender picks a line of defense, he looks for his single best declarer. He assumes that declarer has a hand, consistent with the bidding, that will let the defense prevail.

Today's East won the second spade, pondered and led a diamond. That ended matters quickly: South drew trumps

and claimed 10 tricks.

"If you had the king of diamonds," East told West, "I needed to lead a diamond before declarer set up dummy's clubs."

East's argument wouldn't fly. Once West showed the king of spades, South surely held the top hearts and diamonds to justify his bidding. East should try for a trump promotion: He takes the ace of clubs at the third trick, then leads the ace of spades. Whatever South does, West's 3-10-4 of trumps will be worth a trick.

Note that if East led the ace of spades at Trick Three, South could effectively pitch

his club loser.

DAILY QUESTION
You hold: ♠ A J 10 9 8 5 6 ♦ 10 5 4 ♣ A J ♣ You are the dealer with both sides vulnerable.

What is your opening call?
ANSWER: This is a matter of style and tempo. Many experts would open one spade; they would be swayed by the two Quick Tricks and the good intermediates in spades. I wouldn't criticize a one-bid, but in my judgment, the hand is too weak for a weak two-bid. I'd like to obstruct the opponents as well as seek my own contract.

Tribune Media Services

South dealer N-S vulnerable		NORTH	
♠	7 5 3	♠	A J 10 9 8 5
♥	6	♥	4
♦	K Q 9 3 2	♦	10 4
♣	10 8 6 5	♣	A J 7
WEST		SOUTH	
♠	8 7 2	♠	A K 9 8 5 2
♥	10 4	♥	6
♦	10 8 6 5	♦	10 4
♣	10 8 6 5	♣	4
South	1 ♠	West	4 ♠
3 ♥	East	4 ♥	East Pass

Opening lead — A K

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PICKLES



POOCH CAFE



STONE SOUP



JUMBLE

SUDOKU

AIIIEEE!

like to do. Think about the guy you were married to who had to be dragged or nagged to the outings you enjoy.

You want to find a guy in your age range? That's easy. Step back, be honest and really look at yourself. How do you act, dress, talk? Would YOU date you? To YOU measure up to the standards you have set for the right guy? If there's something you would change, then change it. Take the time to see who he is, what he enjoys and remember, he's not going to change, and if he did, he wouldn't be what you wanted anyway.

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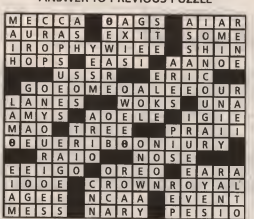
stupid as to put her you a higher class of bum. "Where" has repeatedly failed Dating 101. There's hardly a middle-aged guy in America who would turn down a woman who offered him a piece, a cold beer and a quiet Friday night at home. I'd even help with the dishes. But everything about her spells HIDDEN AGENDA—Nameless in Florida

Dear Abby: I can speak only for myself. Yes, I AM at home watching bad cable TV—not because I want to, but because some of us choose to be here for our elderly parents. We're not out and about except to take our mothers on errands, our dads for haircuts and both for medical appointments, on top of managing their finances and looking after their home.

Guess what? Society looks down on us because we have put their needs ahead of ours. We might not be at the typical social events, but we're out there. The next time you see a middle-aged man with a little old lady in the grocery store, bump into his cart and you might find a nice, lonely guy like me. —Tony in Connecticut

www.DearAbby.com
Universal UCLink

ANSWER TO PREVIOUS PUZZLE



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DAILY QUESTION

You hold: ♠A10985 ♠6 ♦1054 ♦A ♣A ♣J7. You are the dealer with both sides vulnerable.

What is your opening call? **ANSWER:** This is a matter of style and temperament. Many experts would open one spade; they would be swayed by the two Quick Tricks in the good intermediates in spades. I wouldn't criticize a one-bid, but in my judgment, one hand is fine for a weak two-bid. I'd like to obstruct the opponents as well as seek my own contract.

Tribune Media Services

South dealer
N-S vulnerable

NORTH
♠ 3 2 1
♥ Q 7 3
♦ A
♣ Q 9 3 2

WEST
♠ K
♥ J 10 4
♦ 9 8 6 2
♣ 10 8 6 5

EAST
♠ A ♣ J 10 8 5
♥ 6
♦ 10 5 4
♣ A ♣ J 7

SOUTH
♠ A ♣ A ♣ 9 8 5 2
♥ A ♣ A ♣ 7
♦ A ♣ A ♣ 7

South West North East
3♥ Pass 2♥ Pass
3♥ Pass 2♥ Pass

Opening lead — ♠ K
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RIP HAWYRE



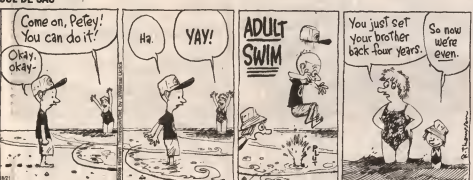
MOTHER GOOSE & GRIMM



MARVIN



CUL DE SAC



RED & ROVER



PICKLES



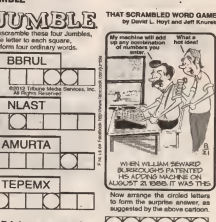
POOCH CAFE



STONE SOUP



JUMBLE

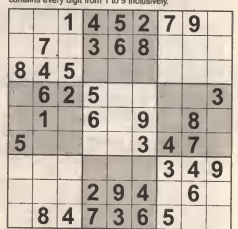


Print your answer here: _____

Yesterday's Jumble: SHOVE BLINK THOUGHT CANNON. Answer: Things to do when with fish drive was. Plus — A LONG SHOT.

SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 (including zero).



Difficulty Rating: ☆☆☆☆

NO KIDDING

EARLY TO RISE

- They did it young
1. Bob Kane co-created "Batman" — age 18
2. Pony Express riders — as young as 11
3. Youngest to summit Mount Everest — age 13
4. L. B. Nichols created his swimmer — age 12
5. Youngest to swim English Channel — age 11 years, 11 months
6. Created first graphical Web browser — age 22

Source: World Features Syndicate

ANSWERS TO PREVIOUS PUZZLE

8	1	5	2	4	7	6	3
9	3	7	8	6	1	5	2
6	2	4	3	5	7	8	9
7	6	1	9	4	3	2	8
2	4	3	5	7	8	9	1
5	8	9	1	2	6	3	4
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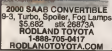
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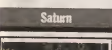
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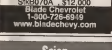
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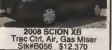
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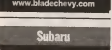
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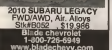
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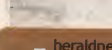
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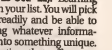
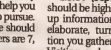
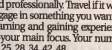
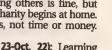
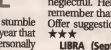
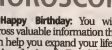
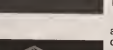
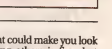
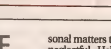
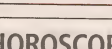
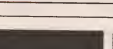
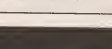
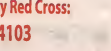
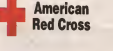
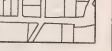
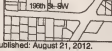
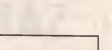
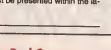
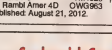
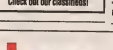
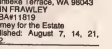
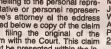
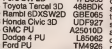
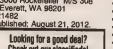
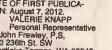
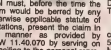
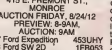
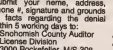
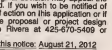
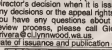
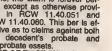
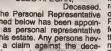
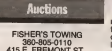
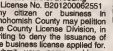
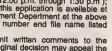
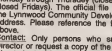
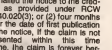
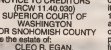
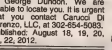
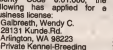
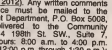
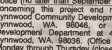
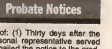
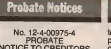
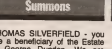
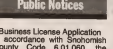
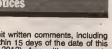
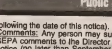
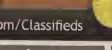
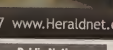
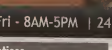
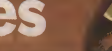
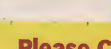
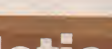
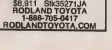
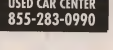
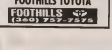
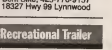
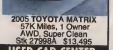
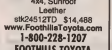
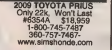
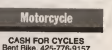
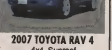
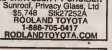
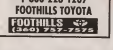
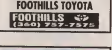
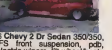
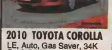
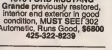
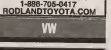
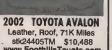
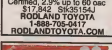
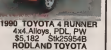
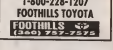
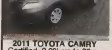
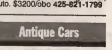
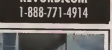
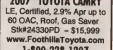
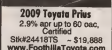
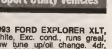
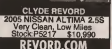
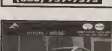
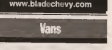
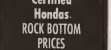
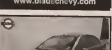
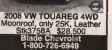
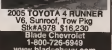
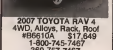
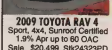
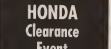
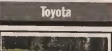
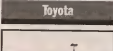
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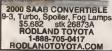
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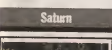
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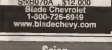
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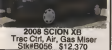
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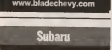
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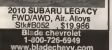
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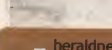
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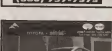
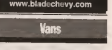
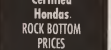
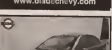
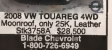
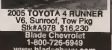
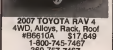
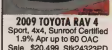
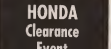
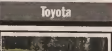
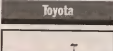
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What to drink for workouts

Drink water before exercise and a sports drink with carbohydrates after.

By **BARBARA QUINN**
The Monterey County Herald

Headaches, fatigue, lack of alertness, No, these are not the signs of staying up late watching TV. They are the tell-tale signs of dehydration — the excessive loss of fluids from the body.

We've heard it before. Water is the most abundant nutrient in our body. It's the primary ingredient in muscles, blood and other body cells. Without it, body processes become sluggish and inefficient. No doubt, lack of fluids can kill much quicker than lack of food.

Athletes have special fluid needs because they are athletes. For example, I learned that well-trained athletes sweat more — not less — than the rest of us. Why? Because water (perspiration) is what keeps these extremely active bodies from overheating. Cool. And just because we're not running 26 miles with 800 other athletes does not mean we don't need to pay attention to our own water needs. Here are some hydration reminders from sports nutrition experts:

Check your urine. If it's the color of straw or lemonade, you're appropriately hydrated, experts say. Dark or apple-juice-colored urine signals dehydration, or the need for more fluids.

Check your weight. Before you exercise. After you exercise. Performance suffers with as little as 2 percent loss of fluid. Restore every pound you lose during exercise with a pound or so (16 to 24 ounces) of fluid.

Drink plain water before you exercise. It's the best

choice for most of our activities that last less than 90 minutes.

Sip on about 4 ounces (½ cup) of fluid after about 15 to 20 minutes of exercise. If your workout goes beyond 90 minutes, add a sports drink that contains some carbohydrates (sugar) plus electrolytes (sugar) such as sodium and potassium.

Good choices for sports drinks, according to sports nutrition experts, are those that are moderate in calories (about 50 to 70 calories per 8-ounce cup), moderate in sodium (not more than 110 to 220 milligrams), and high in potassium. BTW, cold beverages help cool the body and have been found to be better absorbed.

Replenish energy stores and electrolytes after intense exercise. Eating or drinking fluids that contain protein and carbohydrates within a half-hour after vigorous exercise can store energy back into depleted muscles, researchers say.

Chocolate milk, for example, has been found to have the perfect ratio of carbohydrates to protein for recovery after an activity that lasts more than an hour.

Pay attention to calcium and magnesium-rich foods. Muscle cramps can result when these minerals are low. Good sources of calcium and magnesium? Milk, yogurt, spinach, nuts and seeds, whole grain breads, cereals, crackers.

Take it easy with protein drinks. Beverages loaded with extra protein can actually increase the risk for dehydration. They are not recommended as fluid replacement drinks.

Barbara Quinn is a registered dietitian and certified diabetes educator at the Community Hospital of the Monterey Peninsula. Email her at barbara.quinnchomp.org.

THE WASHINGTON POST

Here are some ways to look cool when you're hot:

ViewSPORT (\$25 and up, viewSPORT.us): Rather than be embarrassed by sweat, embrace it with these shirts that display hidden messages when you soak through them (either with perspiration or water). Shirts such as "I Am a Hero," "Earn It" and "Be Elite" are admittedly

cheesy, but the big reveal is incentive to work harder. Also available in kid styles.

Shees (starting at \$159 for a set, shees.com): Athletes wear wicking fabrics when they work out, so why not sleep on them, too? A better night's rest can translate to a better game the next day. That's the concept behind the "world's first performance bed sheets," created by a pair of women's basketball coaches in

2007 and available at Bed, Bath and Beyond.

SweatHug (\$20, sweat-hug.com): Oregon cyclist John Rahm could keep sweat from dripping into his glasses until last September, when he sewed an absorbent piece of felt to a do-rag and placed his creation inside his helmet. The dry ride convinced him he needed to manufacture and market this cap. Look out for a headband version soon.

Smoots: Short of breath?

From Page C1

Repeat for 10 to 20 minutes every 2 to 3 hours during waking hours for the first 1 to 2 days. Use a thin towel to protect your skin from the cold.

Also, loosely wrap the injured area with an Ace bandage. And elevate it higher than your heart. Taking an over-the-counter nonsteroidal anti-inflammatory drug like ibuprofen or naproxen may help as well. Carefully follow directions on the label.

Seek medical care: If the injury becomes severely painful, swollen or discolored; weak, numb or deformed; or symptoms last more than two days.

What causes shortness of breath?

The medical term for breathing difficulty is dyspnea. The common problem is characterized

by sensations of running out of air and not being able to breathe fast or deep enough.

A variety of disorders from simple to serious can trigger abnormal or uncomfortable breathing. Among the culprits, heart or lung problems occur the most often. Nonrespiratory factors such as panic attacks, pain or hyperventilation may be involved as well.

Here are some of the more serious disorders that can lead to shortness of breath:

Heart problems such as heart attack, coronary artery disease, heart failure, arrhythmia, or anemia.

Lung diseases like pneumonia, asthma, chronic bronchitis, emphysema, pneumothorax (air leaking from the lungs), or pulmonary embolism (blood clot in the lungs).

Upper airway obstruction such as foreign body aspiration, epiglottitis (infection of

the throat opening), croup, or mononucleosis.

Other conditions including medication effects, drug overdose, metabolic problems, and muscle or nerve disorders.

Since breathing trouble can be serious, see your physician promptly for an evaluation if you experience shortness of breath.

For more information: American College of Sports Medicine, www.acsm.org; American Academy of Family Physicians, http://familydoctor.org

Dr. Smoot is a family physician in Seattle. Send comments to readers@drsmoots.com or visit www.drsmoots.com.

Dr. Smoot's columns are not intended as a substitute for medical advice or treatment. Before adhering to any recommendations in this column consult your health care provider.

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Picky: Craftsmanship's value

From Page C1

he's constantly scouting roadshows for anything potentially fun or useful. He loves bringing things home, and loves watching these shows for the excitement of scoring something awesome at little or no cost.

"The stuff today being made is garbage compared to the stuff back then," Heckman said. "They took their time and put effort into making it."

Craig Dalen, who coordinates sustainability programs at Grantham College in Pennsylvania, sees this as a strong explanation for the popularity of these shows. "Many goods now are designed to break down and need to be replaced, and our desires are socially engineered to want more, better, the latest. I think some are rediscovering the value in these goods because of the craftsmanship and the materials."

Two shows that premiered last month — PBS's "Market Warriors" — from the producers of "Antiques

Roadshow") and the "American Pickers" spin-off "Picked Off" — raise the bar by merging the junk-hunting genre with competition. "Picked Off" has a \$10,000 grand prize, while the "Market Warriors" winner only earns "bragging rights" for eclipsing his peers," according to the show's website.

DIY desire

For the "Picker Sisters" and "Junk Gypsies," it's all about what these found goodies can become. These shows, along with sites like Pinterest, offer fresh and sometimes outrageous ideas for affordable do-it-yourself projects.

Whether many viewers actually try their hand at a project is another question. But it's fun to see someone turn a chipped sink into a flower-filled planter rather than tossing it into a landfill, even if you'll never attempt a similar task.

Although the creation and sale of DIY items via sites like Etsy.com is a trend, "we are also creating in many ways a voyeuristic

culture where we can consume the data and information," Dalen said. "It's easy to organize and pin it for a day."

The hosts

Junk-hunting hosts and competitors fall into two major camps: the fierce, take-no-prisoners people who bristle with bravado, and the folksy, charming people you'd love to invite over for dinner.

The friction-filled family on "Pawn Stars" can't close a deal without an argument, while the tattooed Darrell Sheets lovingly bumps heads with his son Brandon on "Storage Wars."

Mike Wolfe and Frank Fritz, the stars of "American Pickers," invariably incur the biting sarcasm of their office manager, Danielle.

Dalen thinks that as the rate of change in our lives keeps accelerating, our hunger to look back toward an era of relative stability — "this nostalgic kind of grasping onto what we had" — is only likely to grow.

HEALTH RESOURCES

Providence Regional Cancer Partnership: 1717 13th St., Everett, Call 425-237-3500 or see www.cancerpartnership.org for more information. Click on "Support Services," then on "Classes" or "Support Groups."

■ **Cancer classes** include weight loss, art therapy, cancer and sleep, gentle yoga, mindfulness-based stress reduction, nutrition, weight loss, and "Look Good, Feel Better" for women with cancer.

■ **Support groups** are offered for caregivers, survivors and people diagnosed with breast cancer, lung cancer, prostate cancer and stage IV cancer.

Providence Regional Medical Center Everett: Colby campus, 1321 Colby Ave.; Pacific campus, 916 Pacific Ave.; Pavilion for Women and Children, 900 Pacific Ave. Call 425-304-6000 to learn more about classes or see www.providence.org. Click on Everett, then "Health Information & Classes."

■ **Cancer classes** include heart, smoking cessation, hip and knee pain, CPR and first aid, blood pressure, baby-sitting, pregnancy and childbirth preparation, cesarean birth, infant care, sibling preparation, new dads, car-seat safety and parenting.

■ **Support groups** are offered for new mothers, and people dealing with cancer, sleep apnea, lung disease, heart disease and stroke, caregiver stress and bereavement, including separate grief groups.

Skagit Valley Hospital and regional clinics: Call 800-814-2424 to sign up for a class or see www.skagithospital.org/events.

■ **Cancer classes** include doctor presentations, diabetes, AARP driver safety, prehabilitation education, pulmonary rehabilitation, joint replacement, childbirth preparation, breast feeding and newborn care, and car seat safety.

■ **Support groups** are offered for children of cancer patients and people dealing with heart problems, bereavement and ostomy, and "Look Good, Feel Better" for women dealing with skin and hair changes associated with cancer.

■ **Health screenings**, offered for free or low cost, include heart and vascular, stroke and aneurysm, skin cancer, bone density, cholesterol, diabetes, blood pressure, heart health and vitamin D.

Safe Harbor Free Clinic: 9631 26th St. NW, Stanwood, near the corner of 271st Street and 97th Avenue. Call 425-870-7364 or 888-558-2277. See www.safeharborfreeclinic.org for driving directions. This clinic serves uninsured and underinsured clients from 6 to 9 p.m. Friday nights on a first-come, first-served basis. Includes medical and basic acute illnesses, baby and well-child checks, childhood immunizations and referrals to services in Snohomish and Skagit counties.

Swedish Edmonds: 21601 76th Ave. W., Edmonds. Call 206-386-2002 to sign up for classes or see www.swedish.org. Click on "Classes & Resources," then "Health Classes."

■ **Cancer classes** include fall prevention, diabetes prevention, weight loss, nutrition, stroke prevention, baby-sitting, cholesterol, blood pressure, chronic pain, AARP driver safety, growing up male for tweens, growing up female for tweens, joint replacement, sibling preparation, CPR and first aid.

■ **Support groups** are offered for new mothers, caregivers and people struggling with grief, and a separate group for couples who have an infant child.

Valley General Hospital: 14701 179th Ave. SE, Monroe. 360-724-1411. See www.valleygeneral.com and click on "Classes & Events."

■ **Cancer classes** include childbirth preparation, car seat safety, CPR, first aid, baby-sitting, prediabetes, mental health, fitness and AARP driver safety.

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Free mammograms: By appointment for the uninsured or underinsured. Citrine Health, 2817 Rodeo Drive, Everett. 425-259-8899. www.citrinehealth.org.

Free testing: Walk-in, 5 to 7 p.m. Tuesdays, 3020 Rucker Ave., Everett, or 5 to 7 p.m. second and fourth Mondays, 6101 200th St. SW, Lynnwood; free for those who qualify. HIV for patients at low risk, other HIV testing, appointment, offered by the Snohomish Health District, 425-339-5298, www.snohcd.org.

CAREERS

YWCA Pathways to Work: Free daytime workshops for people reentering the workforce. Weekly classes, which are three hours long, include how to set goals, build self-esteem, translate life experiences into marketable skills, create great resumes, practice interviewing skills and learn where to get training and find work. Call 425-258-2766, ext. 228 or write Brenda Pathways at bpathways@ywcaworks.org or register. Space is limited.

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For the "Picker Sisters" and "Junk Gypsies," it's all about what these found goodies can become. These shows, along with sites like Pinterest, offer fresh and sometimes outrageous ideas for affordable do-it-yourself projects.

Whether many viewers actually try their hand at a project is another question. But it's fun to see someone turn a chipped sink into a flower-filled planter rather than tossing it into a landfill, even if you'll never attempt a similar task.

Although the creation and sale of DIY items via sites like Etsy.com is a trend, many are also creating in many ways a voyeuristic

culture where we can consume and learn. "It's easy to organize and pin it for a day,"

The hosts

Junk-hunting hosts and competitors fall into two major camps: the fierce, take-no-prisoners people who bristle with bravado, and the folksy, charming people you'd love to invite over for dinner.

The friction-filled family on "Pawn Stars" can't close a deal without an argument, while tattooed Darrell Sheets lovingly bumps heads with his son Brandon on "Storage Wars."

Mike Wolfe and Frank Fritz, the stars of "American Pickers," invariably incur the biting sarcasm of their office manager, Danielle.

Dalen thinks that as the rate of change in our lives keeps accelerating, our hunger to look back toward an era of relative stability — "this nostalgic kind of grasping onto what we had" — is only likely to grow.

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ENTER ON:

AUGUST 22 TO AUGUST 26

Simply stop by and enter at any of the following Safeway locations and you could win a \$200 Safeway Shopping Spree! Contest is open to All Safeway customers including current HERALD subscribers! (see Herald booth at store for details, times listed below)

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SNOHOMISH 1119 13th Street
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Congratulations to
Beckie Johnson
Winner of the July Shopping Spree



Beckie Johnson is seen here with Ryan Strand, Night Supervisor at the Silver Firs Safeway located at 5602 134th Place SE in Everett.

Enter at the Herald booth from Noon to 6 p.m., Wednesday, August 22 to Friday, August 24 and 10 a.m. to 5 p.m., Saturday, August 25 and Sunday, August 26. One entry per person, per day. No purchase necessary. Must be at least 18 years of age to enter. Void where prohibited. Prizes will be selected every month. See the Daily Herald representative for contest rules.

Herald

000719480-01

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PAYING OUT UP TO \$7.2 MILLION



FREE 1-ON HAWAIIAN BLACKOUT
FRIDAY 7PM
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Each guest will receive (1) FREE Hawaiian Blackout. First ball out will determine odd/even numbers to be covered, playing on for a blackout, single winner will receive a "Hawaiian Trip" voucher valued at \$2,000 or \$1,500 Cash. Multiple winners will split \$1,000 Cash.

Winners must be present and playing with a valid bingo receipt to claim prize.

\$3,000
HAWAIIAN LEI HOT SEAT DRAWING
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AUGUST 4, 11, 18 & 25

(1) Winner drawn at each session. Each winner will choose a "Hawaiian Lei" to determine prize.

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SUNDAY - AUGUST 26
(10) Winners drawn at 11AM, 3PM & 7PM Sessions. Guests may obtain entry tickets.

7PM Slots - August 25th or half time just for playing a bingo slot machine. Drawing winners will be announced at each session, halfline August 26th.

Winners must be present and playing BINGO slot to win. Guests may win more than one prize.

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Sports

SECTION D | HERALD | WWW.HERALDNET.COM/SPORTS | TUESDAY, 08.21.12



Mariners

Michael Saunders hits two two-run homers as Seattle beats the Indians 5-3 for its sixth straight victory, **D3**

COMMUNITY SPORTS



Willie Steele (left), Daniel Matalomani (center) and Ezra Chavez (right) listen as coach Steve Hume gives instructions for a dribbling drill at a basketball clinic at Grace Academy in Marysville. JOE DYER / THE HERALD

Basketball goes high tech

JOE DYER
/ THE HERALD
Coach
Steve Hume
watches
Daniel
Matalomani
as he
dribbles two
basketballs
around
obstacles.



Steve Hume uses a shooting machine and motion-sensor basketballs to improve player's skills at his clinics.

By AARON LOMMERS
Herald Writer

MARYSVILLE — Former Granite Falls boys varsity basketball coach Steve Hume has a passion for helping others get better.

That's why Hume created a basketball clinic for local players, mostly at the high school and college level that want to improve their games. Hume works out the players twice a week and at those practices, the players get the opportunity to use a few of the more extravagant teaching tools he has at his disposal. Hume's approach is largely

technologically based.

The Gun 8000 shooting machine made by the Shoot-a-way company and the motion-sensor basketballs made by 94fifty Sports Technologies Hume uses can be found at any one of his practices. These aren't just any old tools; the Gun 8000 keeps track of players shooting percentages from different spots on the floor and helps the players work on the arc of their shot. The 94fifty basketballs keep track of everything from revolutions of the ball on a jump shot to the amount of time it takes to get a shot up after a pass.

These tools offer a technological approach to helping players improve their shooting. They also

aren't cheap. Hume said the Gun 8000 cost about \$6,000 and the motion sensor basketballs and the computer that comes along with it cost \$2,000. Hume paid for both on his own dime.

On top of that, Hume said he isn't interested in turning a profit with his basketball camps, only helping players get better. The money he charges, \$100 per month, goes to gym rentals, buying equipment and to pay liability insurance.

Hume's technological approach is innovative and rare. It is also fun for the players, but make no mistake, the practices are rigorous and push

See **HIGH TECH**, Page D4

AquaSox's Unsworth has a style all his own

Pitcher from South Africa has exceeded expectations of Mariners' organization



Ems top Aquasox 5-1

By NICK PATTERSON
Herald writer

EVERETT — Opportunity knocked for the Everett



Willie Steele (left), Daniel Matalomani (center) and Ezra Chavez (right) listen as coach Steve Hume gives instructions for a dribbling drill at a basketball clinic at Grace Academy in Marysville. JOE DYER / THE HERALD

Basketball goes high tech



JOE DYER / THE HERALD
Coach Steve Hume watches Daniel Matalomani as he dribbles two basketballs around obstacles.

Steve Hume uses a shooting machine and motion-sensor basketballs to improve player's skills at his clinics.

BY AARON LOMMERS
Herald Writer

MARYSVILLE — Former Granite Falls boys varsity basketball coach Steve Hume has a passion for basketball. He also has a passion for helping others get better.

That's why Hume created a basketball clinic for local players, mostly at the high school and college level that want to improve their games. Hume works out the players twice a week and at those practices, the players get the opportunity to use a few of the more extravagant teaching tools he has at his disposal. Hume's approach is largely

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See HIGH TECH, Page D4

AquaSox's Unsworth has a style all his own

Pitcher from South Africa has exceeded expectations of Mariners' organization

BY NICK PATTERSON
Herald Writer

EVERETT — Dylan Unsworth has had to make many adjustments in pursuit of his dream of the big leagues. The Everett AquaSox pitcher had to adjust to growing up fast, beginning his professional career at the tender age of 17.

He had to adjust to a new culture, coming along to the United States from his native South Africa.

And he had to adjust to playing against competition in a country where baseball is far higher on the food chain than in his home country.

But Unsworth's biggest adjustment is still a work in progress.

"Probably his biggest adjustment now is fashion," AquaSox pitching coach Rich Dorman said with a wry expression. "He'll wear a pink shirt with pink shoes, and I'm sure he gets looked at going to the mall. I guess that's cool in South Africa."

Responded Unsworth, who also sports some flamboyant tattoos: "I get it from my teammates every day. But growing up I liked to match my clothes. If I'm



JENNIFER BUCHANAN / THE HERALD
AquaSox pitcher Dylan Unsworth charts pitches during a game earlier this month at Everett Memorial Stadium.

See UNSWORTH, Page D2

Ems top Aquasox 5-1

BY NICK PATTERSON
Herald writer

EVERETT — Opportunity knocked for the Everett AquaSox early in their game Monday night against the Eugene Emeralds. However, the Sox didn't answer the door, and opportunity never stopped by for another house call.

Everett stranded nine runners on base during the first five innings, and the Sox succumbed to the Eugene Emeralds, 5-1 at Everett Memorial Stadium.

Everett put two runners on base in four of the first five innings, and in the fifth the Sox advanced their lone runner to third. But Everett was unable to capitalize on any of those chances, stranding six runners in scoring position.

Then the Sox didn't get much of anything going offensively in the final four frames. The one run Everett scored came in the bottom of the ninth and was essentially conceded by the Emeralds.

"It was a tough one," Everett manager Rob Munneau said. "We had our opportunities early on, we just left a bunch of guys on base, and they got some clutch hits



TONIGHT'S GAME
Eugene at Everett, 7:05 p.m.
Radio: KRSD (1380 AM)

See SOX, Page D2

1pm ESPN Little League World Series
 5pm ESPN2 Little League World Series
 7pm ROOT Cincinnati at Seattle

BASKETBALL
 7pm ESPN2 Minnesota at Seattle

CYCLING
 1pm NBCS USA Pro Challenge
 8pm NBCS USA Pro Challenge

SOCCER
 11:30am ROOT Borussia Mönchengladbach vs FC Dynamo Kyiv
 3am ROOT Hibernians FC vs Celtic FC

WEDNESDAY
 BASEBALL
 9am ESPN2 Senior League
 12:30pm ROOT Cleveland at Seattle
 1pm ESPN Little League World Series
 5pm ESPN2 NY Yankees at Chicago (AL)
 1pm ESPN Little League World Series

CYCLING
 1pm NBCS USA Pro Challenge
 8pm NBCS USA Pro Challenge
MOTORCYCLE RACING
 9pm NBCS AMA Motocross
SOCCER
 11:30am ESPN2 Chelsea vs Reading
 1pm ROOT Madrid CF vs Paris Saint-Germain
 2:45am CBUT Women's FIFA U20 World Cup: Norway vs Canada
 3am ROOT SC Braga vs Udinese Calcio

RADIO
 BASEBALL
 7:05pm 1380 Eugene at Everett
 7:10pm 710 Cleveland at Seattle
BASKETBALL
 7pm 1090 Minnesota at Seattle

WEDNESDAY
 BASEBALL
 12:40pm 710 Cleveland at Seattle
 7:05pm 1380 Spokane at Everett

University of Washington head coach Lorenzo Romar says the team will have a different offense this season to match the team's personnel better. However, the team will still remain 'high octane' according to Romar.

UW to have new-look offense

Team will switch to more high-post looks according to coach Romar

By SCOTT M. JOHNSON
 Herald Writer

SEATTLE — With two underclassmen leaving early in the NBA and the program's only recruit deciding to quit before practices even started, the University of Washington men's basketball program has had plenty of change since the end of last season.

Well, here's more. Head coach Lorenzo Romar said Monday that the Huskies will turn to a high-post offense this season — and beyond. Romar said the offense fits this year's personnel and did not shake down the notion that it could help recruiting in the future.

"I always liked it," Romar said of an offense that was used by the Jim Harrick-coached UCLA teams on which he was an assistant. "It's not like we've never run it before, but it's always been a secondary offense for us."

With a European tour scheduled to begin this weekend,

Romar thought the timing was right to begin using an offense that requires big men to handle the ball near the free-throw line and distribute to teammates. The Huskies used forms of it in the past, when they had big men like Ron Brockman, but have lately relied on more of a motion offense based on perimeter play.

One thing Romar wanted to make clear was that the new offense, while using the interior players in new roles as distributors, will not mean UW is turning to a slow-down, half-court game. "Understand," he said, "we are not slowing the ball down. ... We're still going to be high-octane."

UW's top two scorers — Tony Wroten Jr. and Terrence Ross — left early for the NBA, while incoming transfer Mark McLaughlin decided he did not want to play for the Huskies. That leaves a core of point guard Abdul Gaddy, wings C.J. Wilcox and Scott Suggs and 7-footer Aziz N'Diaye. Romar also likes

the frontcourt depth with players like 6-11 redshirt Jernard Jarreau, 6-10 Shawn Kemp Jr. and 6-8 Martin Breunig.

Jason Jackson to be a Dawg

UW's newest assistant coach brings 32 years of coaching experience and a national championship ring that he earned 15 months ago. Having won an NCAA Division II National Championship at Western Washington, longtime Vikings coach Brad Jackson is a Husky now.

"It's a big change for me, personally," said Jackson, who spent the past 27 years at WWU. "I'm definitely looking forward to it." Jackson, whose first day was Monday, admitted that he's not sure what his main role will be at UW. But the opportunity to pursue a different challenge motivated him to leave his longtime position to be an assistant on Romar's staff.

"As you get down to where you're finished working," the 60-year-old Jackson said, "you don't want to look back at things you never got to do." And whether he believes his head coaching days are behind him, Jackson said: "Never say never. But I'm here to coach on this staff."

Evans, who played one game at Danville in 2000, will play as a rehab assignment, was with the team to get a first-hand look of some of Seattle's minor-league prospects.

"I'm just kind of looking at what the team has done this year," Wilson said. "I know it's close to the end of the season, but it's a chance to see some of these guys and what they're doing. They won the first half, so they're in good shape and looking forward to the playoffs."

Wilson, who was inducted into the Mariners Hall of Fame in July for his standout 12-year career with the WS, serves primarily as a broadcaster within the organization these days. However, he also spends some time roving the minors and adding his perspective to the team during the season.

"This is my first stop this year," Wilson said. "In past years I've gone to several different spots. I didn't get as much of a look at the team as I would like going in and checking out the different clubs and different players. You get a chance to see them in spring training and enjoy getting a chance to see them during the season."

"There's just so much to learn about this game," Wilson added about what he hopes to learn during his visit. "Maybe I'll have a chance to give a pointer here and there. But it's another voice as to how to play this game." Wilson's one game for the Sox came in July of 2013, when he recovered from a strained oblique muscle. He went 1-for-2 with a solo home run, but the Sox fell 18-10 to the Yankees.

"I don't remember too much," Wilson said of the game. "I just remember playing one game. It was a long game — I think one game that we were struggling a little bit, but I remember it fondly. What a great place to come to get ready to go."

Wilson concludes his visit with the Sox today.

Switching it up

Sox catcher Marcus Littlewood has had a nice season on the plate. However, almost all of the switch hitter's damage has been done from the left side. Prior to Sunday's game, Littlewood was batting .272 left-handed versus 184 right-handed, and almost all of his power came from the left side. Littlewood was slugging a robust .493 left-handed while slugging a meager .211 right-handed, and all eight of his homers came lefty.

So when Littlewood seemed to get a grand slam while batting right-handed Sunday against Eugene, it came as quite the relief. "That was my first right-handed home run in a long time," Littlewood said. "It felt good. I'm still working on seeing left-handed pitching and getting better on the right side, but it's coming along."

Littlewood, who is a natural right-handed hitter, had just 14 bats right-handed going into Monday, which is too small a sample size to draw any conclusions. However, he had similar issues last season. Of his nine home runs, seven came from the left side. Everett and Clinton, eight came from the left side.

"I'm really happy about [Sunday's home run] because it was good," said Littlewood, who turned on a 1-0 changeup from lefty Juan Marcano for his grand slam. "It was a good step in the right direction."

Sox: Offense manages just 5 hits in loss to Eugene

From Page D1

themselves. It was just one of those nights."

Corey Adamson went 3-for-5 with three RBI to lead Eugene (16-12 second half, 40-25 overall, which moved back into a tie with Everett (12-13, 40-25) for the best overall record in the Northwest League.

Ketel Marte was the lone Everett batter to have more than one hit as he went 2-for-5. The Sox managed just five hits. Everett had its chances against Eugene starting pitcher Justin Hancock. Hancock came into the game with the league's second-best ERA at 1.79. Yet the Sox constantly threatened as Hancock gave up two hits and four walks during his four innings.

However, the hard-throwing right-hander somehow navigated his way through the mess, working out of jams with the aid of six strikeouts.

"He got some big-time strikeouts," Mummam said of Hancock. "He stepped it up when he got men on base tonight, so hats off to him."

Everett starter Steven Ewing had a solid effort, but received no run support and saw his record fall to 3-2. The lefty went 5.1 innings, allowing three runs on seven hits and one walk. He struck out four.

Eugene opened the scoring in the top of the third. Albert Martinez led off with a single, advanced to second on a passed ball, took third on Mallett Smith's sacrifice bunt, then scored on Adamson's single to center, giving the Emeralds a 1-0 lead.

Meanwhile, the Sox were busy stranding runners. Everett left two runners on base in each of the first three innings. In the third the Sox had runners at second and third with nobody out, but Hancock struck out Marcus Littlewood and Alfredo Morales

before getting Janelly Zorrilla to ground out, and a zero remained in Everett's runs column.

"When we didn't score anybody in that inning, it seemed to give them the momentum," Mummam said. "And they got some clutch hits."

Those clutch hits came for Eugene in the fifth. With two on and two out, Smith placed a drag bunt to just the right spot on the right side of the infield, scoring Dane Phillips from third. Then Adamson smacked his second RBI single of the game to right, making it 3-0.

Eugene added a fourth run in the seventh as Adamson was at it again. This time lining an RBI single over a downed infield. The Emeralds struck one more on for good measure in the ninth on Jeremy Baltz's RBI single up the middle.

Everett avoided being shut out in the ninth, in large part because of Eugene's lack of interest. With

one out Mike Faulkner walked, took second on indifference, third on a wild pitch, then scored untested on Jamarick McGruder's flyout to shallow center.

Monday's box score

Emeralds 5, AquaSox 1												
Eugene	ab	r	b	e	Everett	ab	r	b	e			
McLaughlin	4	0	0	0	McGee	2	0	0	0			
Carroll	5	0	0	0	Martinez	5	0	0	0			
Adrian	4	0	0	0	Adrian	4	0	0	0			
Toussaint	10	0	0	0	Littlewood	3	0	0	0			
Quinn	4	0	0	0	Martinez	4	0	0	0			
Phillips	3	1	0	0	Zorrilla	4	0	0	0			
Quinn	4	0	0	0	Smith	4	0	0	0			
Stevens	3	0	0	0	Hubert	3	0	0	0			
Smith	2	0	0	0	Faulkner	1	0	0	0			
	21	5	1	0	Littlewood	32	1	0	1			
Eugene	001	020	101	—	5	12	1	0				
Everett	000	000	001	—	1	0	0	0				

E-Cannon (12) 109—Eugene's Steven Ewing (5.1 IP—6 H, 3 R, 1 ER, 3 BB, 1 HBP, 1 K, 1 W, 1 B, 1 LOB, 10 SO) pitched 5.1 IP, 6 H, 3 R, 1 ER, 3 BB, 1 HBP, 1 K, 1 W, 1 B, 1 LOB, 10 SO. Everett's 26—Phillips (17), Martinez (10), Stevens (7), 10 SO, 5 BB, 1 HBP, 1 K, 1 W, 1 B, 1 LOB, 10 SO.

California, Conn. advance at LLWS

ASSOCIATED PRESS

SOUTH WILLIAMSPORT, Pa. — The 12-year-old Danny Martz drove a breaking ball to the grassy hill beyond the right field wall to help Petaluma, Calif., advance in the Little League World Series with a 5-4 victory over Parsippany, N.J., on Monday.

California's next game is a rematch against Fairfield, Conn., which advanced when Will Lucas tossed a no-hitter in a 2-0 victory over New Castle, Ind. Petaluma beat Fairfield 6-4 on Thursday on Day 1 of the World Series.

Curacao also packed a punch Monday, scoring three times in the fifth inning to rally for a 4-3 victory over Canada in an elimination game.

Mexico edged Taiwan 4-3, and Nebraska will return home with a win after scoring 15 runs in the second inning of a 17-1 victory over Ramstein, Germany in a consolation game.

Unsworth

From Page X1

wearing red shoes I've got to have a red T-shirt, red watch or something red to match. That's just kind of my style. It makes me feel good."

Unsworth's pitching has made the Sox feel good, too. Unsworth is part of Everett's 1-2 teenage punch at the top of the rotation. Victor Sanchez has received the bulk of the attention because he's just 17, but from a results standpoint the 19-year-old Unsworth has been equally effective.

Unsworth has been a picture of consistency for the Sox this season. In 12 starts the right-hander is 6-1 with a 3.91 ERA. In 7 1/3 innings he's allowed five hits, 10 walks and struck out 56. He's gone at least five innings in all but one of his starts. Going into the weekend he led the Northwest League in innings pitched and was tied for second in wins.

And Unsworth does it without

blowing people away. The skinny 6-foot-1, 175-pound Unsworth has a modest fastball that sits in the mid-to-upper 80s. However, it paints the corners with it. As a result he gets as many called third strikes as anyone on Everett's staff.

Dorman had no hesitation when asked the key to Unsworth's effectiveness.

"Fastball command," Dorman responded. "He's always been able to command the strike zone. He throws a ton of strikes. He's a competitor, he wants the baseball, he's good at using his fastball on the outside of the plate, and he's consistent."

"He's exceeded our organization's expectations," Dorman added. "He's been throwing the ball really well, he's competing, and he's staying healthy. He's getting stronger. Typically 19-year-old kids would break down physically with so many innings, but he's actually getting stronger as the seasons progressed. He's done a great job."

It's been quite the journey to Everett for Unsworth.

Baseball is well down the list of

popular sports in South Africa, far behind the likes of rugby, track and field, and swimming. Unsworth is just the second South African to appear for the AquaSox, following in the footsteps of shortstop Anthony Phillips, who played for Everett from 2008-10.

Unsworth played all those other sports while growing up, but he found himself drawn to baseball. He attended an academy in Italy when he was 16, then was selected to represent South Africa at the 2009 Baseball World Cup.

"When I was at the Italian academy (a Seattle) Marine scout saw me there," Unsworth said.

"Two weeks later I got selected for the men's South African side and pitched great at the World Cup. When I got back the Mariners scout was waiting with a contract, and here I am."

After signing with the Mariners Unsworth packed up and headed to the states at 17.

"I didn't finish school and my mom could see I just wanted to be living my dream," Unsworth said. "It was pretty tough my first and second year," Unsworth added. "It

was my first time out of the country, by myself, coming for seven or eight months to stay by myself. It was just adjusting to life here, that's different, house wise and the environment."

But Unsworth settled in well on the field. His first season, playing for Seattle's team in the rookie Arizona League, he showed he had the distinction of walking just one batter in 50 1/3 innings. He struggled a little playing for Pulaski of the rookie Appalachian League last season, but still had a great control record with 10 walks in 61 innings, giving him a 1.00 ERA. He was throwing too many strikes.

This season the walks are slightly up, but he's having his best campaign.

"I feel like I've been doing a great job," Unsworth said. "There's been a few walks, but I've given up very few runs. But I've been throwing a lot of strikes, attacking the zone, getting outs and going long in games."

And he's even adjusted to living in the states — perhaps with the exception of the whole wardrobe thing.

MARINERS | Update



TODAY'S GAME

Cleveland at Seattle, 7:10 p.m.

TV: ROOT Radio: 710 ESPN

Starting pitchers: Righthander Fernando Hernandez (11-5, 2.60 ERA) vs. Roberto Hernandez (0-1, 7.50)

Hernandez honored

SEATTLE — A night before he makes his 26th start of the season, the American League decided to recognize his 25th and named Seattle Mariners ace Felix Hernandez its Player of the Week.

"I've been pitching every week, and that's the only I've gotten" Hernandez said.

Guess pitching the 23rd perfect game in major league history gets it done, although former Mariner Joel Pinderhewes was the award on May 7, 2006, without one. So it goes.

Asked about the award, manager Eric Wedge laughed and said "You would think so!"

Hernandez may have been happier with the news his wife, Sandra and children Mia and Abraham, flew into Seattle from Venezuela and will be at his Tuesday start against Cleveland.

"The last game was the first home game they missed all season," Hernandez said. "I'm getting them. I think like everyone else is going to get, and I've got my yellow shirt already. Then there's that 'Felix-ing' thing."

Ah, that. After the final pitch of his perfect game against Tampa Bay last Wednesday, Hernandez struck a pose unique to him — one leg upturned, both arms straight up, right pointer finger aimed at the sky.

"[Franklin] Gutierrez asked me 'Why did you do that?' and I told him, 'I don't know,'" Hernandez said. "I had no idea what I was doing, but I've seen pictures of people doing it all over the place. It's pretty awesome."

He said he was more than willing to have the pose show up in 2013 Seattle Mariners commercials, especially if it makes the end of Larry Hernandez, his make-believe secret identity.

"Larry is out," he said. "I'm tired of that."

What was really on his mind Monday?

"Nine more starts," Hernandez said. "That's what matters most to me."

September call ups

September call ups are around the corner, but Wedge wouldn't get into details other than to say Mike Carp and Franklin Gutierrez are expected back for the final full month of 2012.

Left-hander Dan Hultzen?

"I'm not going to get into that, but [general manager] Jack Zduriencik and I have a pretty good idea of who we want here," Wedge said.

Short hops

The Mariners began the night having won 12 of their last 13 home games — the fourth time in franchise history the team has gone 12-1 at home during some stretch of a season. Seattle also did it in 1991, 1995, 2001. They have never gone 13-1. Jesus Montero got the day off. He'd had one hit in an at-bats this home game. — John Jaso, the Mariners designated hitter Monday, began the night having started 29 games at catcher and one at first base. — Adam Alton Alert: The first 34,000 fans in Safeco Field tonight will get a free "King of Perfection" T-shirt commemorating Hernandez's perfect game. — Fernando Hernandez's perfect game was the 25th since 1901 when Hernandez gets two strikes on a batter.

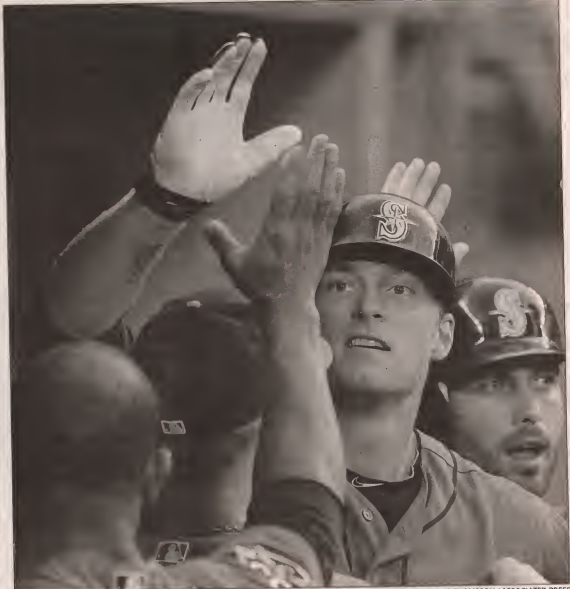
Larry LaRue, The News Tribune

Yankees' Pineda charged with DUI

By ERIC BOLAND

Newday

CHICAGO — Injured Yankees right-hander Michael Pineda was charged with driving under the influence of alcohol after a police officer stopped his car on Tuesday night.



The Mariners' Michael Saunders (left) is congratulated in the Seattle dugout after he hit the first of his two two-run homers in Monday's game against the Indians.

's win sixth straight

Saunders hits 2-2-run HRs in 5-3 win over Tribe

By LARRY LA RUE
The News Tribune

Monday's box score

Mariners 5, Indians 3										
	AB	R	H	E	BB	SO	BP	IP	W	L
Cleveland	33	3	10	2	7	10	0	9.0	0	1
Kipnis 2b	5	0	2	2	0	0	0	3.0	0	0
Alcubuerca 1b	4	0	0	0	0	0	0	3.0	0	0
Crosby 3b	4	0	0	0	0	0	0	3.0	0	0
Castaneda 2b	4	0	0	0	0	0	0	3.0	0	0
Brantley 1b	4	0	0	0	0	0	0	3.0	0	0
Duncan 3b	4	0	0	0	0	0	0	3.0	0	0
Kirchman 1b	4	0	0	0	0	0	0	3.0	0	0
Carr 1b	4	0	0	0	0	0	0	3.0	0	0
Donald 3b	4	0	0	0	0	0	0	3.0	0	0
Henderson 3b	4	0	0	0	0	0	0	3.0	0	0
Urbaniak 1b	4	0	0	0	0	0	0	3.0	0	0
Tolosa 3b	4	0	0	0	0	0	0	3.0	0	0
Seattle	33	5	10	2	7	10	0	9.0	1	0
Wedge 1b	4	2	3	0	0	0	0	3.0	1	0
Alcubuerca 1b	4	2	3	0	0	0	0	3.0	1	0
Singer 3b	4	2	3	0	0	0	0	3.0	1	0
Jaso 3b	4	2	3	0	0	0	0	3.0	1	0
Smith 1b	4	2	3	0	0	0	0	3.0	1	0
Thames 1b	4	2	3	0	0	0	0	3.0	1	0
Oliver 1b	4	2	3	0	0	0	0	3.0	1	0
Urbaniak 1b	4	2	3	0	0	0	0	3.0	1	0
Ryan 1b	4	2	3	0	0	0	0	3.0	1	0
Totals	31	5	10	2	7	10	0	9.0	1	0

Cleveland 100 020 000 3-8 6 Seattle 002 001 200-5-8 6

*Game for Donald in the 9th.

*1st inning: Cleveland 7, Seattle 8. — 2nd inning: Seattle 28, Cleveland 10. — 3rd inning: Seattle 12, Cleveland 10. — 4th inning: Seattle 12, Cleveland 10. — 5th inning: Seattle 12, Cleveland 10. — 6th inning: Seattle 12, Cleveland 10. — 7th inning: Seattle 12, Cleveland 10. — 8th inning: Seattle 12, Cleveland 10. — 9th inning: Seattle 12, Cleveland 10. — 10th inning: Seattle 12, Cleveland 10. — 11th inning: Seattle 12, Cleveland 10. — 12th inning: Seattle 12, Cleveland 10. — 13th inning: Seattle 12, Cleveland 10. — 14th inning: Seattle 12, Cleveland 10. — 15th inning: Seattle 12, Cleveland 10. — 16th inning: Seattle 12, Cleveland 10. — 17th inning: Seattle 12, Cleveland 10. — 18th inning: Seattle 12, Cleveland 10. — 19th inning: Seattle 12, Cleveland 10. — 20th inning: Seattle 12, Cleveland 10. — 21st inning: Seattle 12, Cleveland 10. — 22nd inning: Seattle 12, Cleveland 10. — 23rd inning: Seattle 12, Cleveland 10. — 24th inning: Seattle 12, Cleveland 10. — 25th inning: Seattle 12, 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Seahawks trade linebacker Ruud to Saints

By JOHN BOYLE
Herald Writer

RENTON — The Seattle Seahawks parted ways with a veteran linebacker Monday, showing just how confident they are in a rookie linebacker.

Barrett Ruud, who was signed in April as a possible replacement for David Hawthorne, has been traded to New Orleans for an undisclosed draft pick, the Seahawks announced. Hawthorne signed a free-agent deal with the Saints during the offseason.

Not long after signing Ruud, the Seahawks took Bobby Wagner in the second round of April's draft. Wagner almost immediately became Seattle's starting linebacker, in part because Ruud was unavailable for much of the offseason while recovering from offseason surgeries.

Head coach Pete Carroll made no secret of the fact that he hoped Wagner could handle the starting job, but Ruud, who spent six seasons in Tampa Bay before signing with Tennessee in 2011, was an experienced linebacker who gave the Seahawks insurance if Wagner wasn't ready.

Wagner started each of Seattle's first two preseason games, and played extensively in both games. Apparently he showed enough in those two games for the Seahawks to feel comfortable parting ways with Ruud. The Saints, meanwhile, are thin at linebacker following injuries to starters Curtis Lofton and Hawthorne.

Starting middle linebacker Lofton has a high ankle sprain and weak side linebacker Hawthorne had arthroscopic knee surgery on Monday to repair his meniscus, which he apparently tore during Friday night's preseason game against Jacksonville.

The Seahawks also waived defensive end Dexter Davis, and re-signed cornerback Donny Lisowski, who was released earlier in training camp to make room on the roster for Terrell Owens.

Davis, a seventh-round pick in 2010, showed potential as a pass rusher, but struggled to stay healthy throughout his tenure in Seattle. He missed most of last season after having hip surgery, and this year he had been battling an injury to his right hip. Davis played in last weekend's preseason game.

Lisowski, a product of Seattle's O'Dea High School, was signed as an undrafted free agent out of Montana.

NFL | Notebook

Chiefs' LB Lalai suspended for season opener

ASSOCIATED PRESS

KANSAS CITY, Mo. — The NFL has suspended Pro Bowl linebacker Tamba Hali played in Kansas City Chiefs for the season opener against Atlanta for violating its policy on substance abuse.

The league announced the suspension in a brief statement Monday without disclosing details. Hali will miss the Sept. 9 game against the Falcons and be fined an additional game check. He will be eligible to return the following day and he is still allowed to participate in preseason practices and games.



BRIAN BLANCO / ASSOCIATED PRESS

Jake Locker, who played at the University of Washington, was named the Titans' starting quarterback, getting the nod over ex-Seahawk Matt Hasselbeck.

Titans pick Locker

Ex-UW star named Tennessee's starting quarterback

ASSOCIATED PRESS

NASHVILLE, Tenn. — The Tennessee Titans aren't waiting any longer: Jake Locker is their starting quarterback.

Titans coach Mike Munchak said Monday that Locker, the former star at the University of Washington, will start this season over veteran Matt Hasselbeck, choosing to go with the passer Tennessee hopes to build around after drafting Locker out of Washington in April 2011.

Munchak announced the decision after practice, saying Locker gives the Titans their best chance to win the AFC South as their quarterback this season and hopefully for many seasons to come.

"By no means has this job been given to him," Munchak said. "He's earned it."

The Titans had let the quarterbacks compete through the offseason, with each starting a game this preseason and splitting snaps in practice. Munchak says Hasselbeck, who played 10 seasons with the Seattle Seahawks, was way ahead of Locker last season, but Locker caught up and won the job with his ability to move the team and score points.

The eighth pick overall in the 2011 draft, Locker will play 40 to 50 snaps Thursday night against Arizona with three weeks to prep for the opener Sept. 9 against

New England.

"It's really cool," Locker said of the decision. "It's something I'm proud of, but it's not going to change my approach on how I practice or my preparation for a game. That will still all be the same, but it is cool to be given this opportunity."

Locker also said the competition with Hasselbeck allowed both to push each other in a positive way.

"It forced you to come back and try to rebound or build on what you had done before," Locker said.

Munchak said giving Hasselbeck the news was a tough conversation. Munchak helped talk the veteran into signing a three-year deal with the Titans last July after the NFL lockout ended, and Hasselbeck turned in the fourth-best season in yards passing in franchise history. Only Hall of Famer Warren Moon had thrown for more.

Hasselbeck also helped Munchak go 9-7 in his debut season as head coach, just missing a playoff berth on a tiebreaker. Munchak said Hasselbeck was exactly what they needed with his leadership and experience.

The veteran said he's been in Locker's shoes and knows it's an exciting move for the young quarterback.

"I had the chance to help lead a franchise and help build a program, and I had a chance to be

the guy under center, and he's got that chance right now," Hasselbeck said. "As hard as it was, Munchak made his decision, and as hard as it was for me to hear that, I'm also excited for Jake. I'll help and support him any way I can, and I'll be happy to do it."

Locker has the mobility Hasselbeck is lacking going into his 14th season. Combined with his toughness and strong arm, Locker started 40 games for the Huskies, throwing for 7,639 yards with 53 touchdowns and 35 interceptions.

With the Titans, Locker threw for 542 yards with four touchdowns and no interceptions coming off the bench in five games as a rookie.

"When Jake did get a chance to play last year, he was ready to go," Munchak said. "He played well and handled situations. He moved the team. He brought excitement and energy, and when the season ended, we thought we had something special, like we did when we drafted him."

In his NFL debut as a starter last week — a 30-7 win at Tampa Bay — Locker struggled and was intercepted on his second pass. He was just 4 of 11 for 21 yards but also ran twice for 24 yards, including a long scramble of 21 yards. It's that mobility paired with a revived Chris Johnson that the Titans hope will rev up an offense that was next to last in rushing last season.

Pierre-Paul did not owe him an apology.

"I definitely think it has (created) a lot of distractions to our

UW's Crichton looks like different player

By RYAN DUVISH
The News Tribune

SEATTLE — This is the football player Talla Crichton was supposed to become — a strong, fast, physical defensive end that can play both the run and the pass.

Unfortunately for Crichton, many people only seem to remember him as the skinny, overwhelmed, true freshman, who played like one back in 2009.

It's an unfair measure of the player that Crichton is today.

After all, it was four years ago. He's overcome a knee injury, added about 30 pounds of muscle — much of it to his upper body — and played in enough games to understand what it takes to be successful.

Now in his last season of college football, he's hoping to leave a lasting impression that will make people forget about a first impression that was way too premature.

"I just want to go out and play with fanatical effort and do whatever I can to help my team," he said.

Right now, Crichton is better suited to help his team than at any point in his career.

As a true freshman out of Lakewood, Calif., he was forced into the lineup because of an injury to Darrion Jones and lack of depth at defensive end.

"I was pretty light and fast," he said. "I got pushed around quite a bit."

It showed against Stanford in his first start when he was man-handled by the Cardinal's massive offensive line.

"In a perfect world, he probably should have redshirted," said UW head coach Steve Sarkisian. "But in the situation we were in when we got going, he had to play."

Crichton's sophomore season was cut short after he sustained a knee injury on a sack of Oregon State quarterback Ryan Katz. He tried to come back after a few weeks, but was never quite the same and sat out the rest of the year.

Last season, he started the first three games and played in eight others. But he never really found his niche. The knee was still an issue. It had drained him of his speed and he stepped off the line of scrimmage. He was reduced to having to use upper body strength.

"I had to bulk up," he said. "I got bigger."

He put in a ton of time in the weight room with strength coach Irv Levin.

"It's really paid off," Sarkisian said.

This past spring, Crichton looked like a different player. Sure the hybrid 3-4 defense brought in by new defensive coordinator Justin Wilcox made a difference. But it helped that Crichton was healthy for the first time.

"My knee got stronger and I got misplayed back," he said. "I feel like I'm a balanced player."

It's shown in full camp, where he's been a consistent force up front.

"I think this is the best he's looked playing since he's been here," Sarkisian said. "He's been battling that knee injury for what felt like a couple years. But he's playing explosive, playing confidently."

He chased down scrambling quarterback Keith Price from behind, and he's just blown through blockers to get to ball carriers.

"He had a great rush here today in team practice. He's about

Giants insist they weren't hazing Amukamara

By TOM CANAWAN
Associated Press

EAST RUTHERFORD, N.J.

With that said, we just got to do a better job of being conscious of how that looks and how people can perceive it."

Pierre-Paul did not owe him an apology.

"I definitely think it has (created) a lot of distractions to our

the Seahawks' long after signing Rud, the Seahawks took Bobby Wagner in the second round of April's draft. Wagner almost immediately became Seattle's starting linebacker, in part because Rud was unavailable for much of the offseason while recovering from offseason surgery.

Head coach Pete Carroll made no secret of the fact that he hoped Wagner could handle the starting job, but Rud, who spent six seasons in Tampa Bay before signing with Tennessee in 2011, was an experienced linebacker who gave the Seahawks insurance if Wagner wasn't ready.

Wagner started each of Seattle's first two preseason games, and played extensively in both games. Apparently he showed enough in those two games for the Seahawks to feel comfortable pairing ways with Rud. The Saints, meanwhile, are thin at linebacker following injuries to starters Curtis Lofton and Hawthorne.

Starting middle linebacker Lofton has a high ankle sprain and weak side linebacker Hawthorne had arthroscopic knee surgery on Monday to repair his meniscus, which was apparently torn during Friday night's preseason game against Jacksonville.

The Seahawks also waived defensive end Dexter Davis, and re-signed cornerback Donny Lisowski, who was released earlier in training camp to make room on the roster for Terrell Owens.

Davis, a seventh-round pick in 2010, showed potential as a pass rusher, but struggled to stay healthy throughout his tenure in Seattle. He missed most of last season after having hip surgery, and this year had been battling an injury to his other hip. Davis played in last week's preseason game.

Lisowski, a product of Seattle's O'Dea High School, was signed as an undrafted free agent out of Montana.

NFL | Notebook

Chiefs' LB Hali suspended for season opener

ASSOCIATED PRESS

KANSAS CITY, Mo. — The NFL has suspended Pro Bowl linebacker Tamba Hali of the Kansas City Chiefs for the season opener against Atlanta for violating its policy on substance abuse.

The league announced the suspension in a brief statement Monday without disclosing details.

Hali will miss the Sept. 9 game against the Falcons and be fined an additional game check. He will be eligible to return the following day, and he is still allowed to participate in preseason practices and games. The Chiefs play the Seattle Seahawks on Friday night.

Dolphins pick Tannehill

DAVIE, Fla. — Rookie quarterback Ryan Tannehill has won the Miami Dolphins' starting job.

Coach Joe Philbin announced Tannehill will start the Dolphins' opener Sept. 9 at Houston. Tannehill beat out Matt Moore, who finished last year as Miami's starter.

Cowboys' Bryant injures knee

SAN DIEGO — Dallas Cowboys receiver Dez Bryant was injured during training camp in his right knee after an MRI revealed no trace to a ligament or tendon.

Bryant injured his knee during a joint practice Monday with the San Diego Chargers.

The Cowboys say Bryant will be eased on a day-to-day basis, but it remains to be seen if he will be able to practice.

Bills cut Merriman

ORCHARD PARK, N.Y. — It's lights out for Shawne Merriman in Buffalo after the Bills cut the one-time star pass rusher. General manager Buddy Nix said the decision was based in part on the potential the Bills saw in two younger players who had been competing with Merriman for the fourth defensive end spot.



BRIAN BLANCO / ASSOCIATED PRESS

Jake Locker, who played at the University of Washington, was named the Titans' starting quarterback, getting the nod over ex-Seahawk Matt Hasselbeck.

Titans pick Locker

Ex-UW star named Tennessee's starting quarterback

ASSOCIATED PRESS

NASHVILLE, Tenn. — The Tennessee Titans aren't waiting any longer: Jake Locker is their starting quarterback.

Titans coach Mike Munchack said Monday that Locker, the former star at the University of Washington, will start this season over veteran Matt Hasselbeck, choosing to go with the passer Tennessee hopes to build around after drafting Locker out of Washington in April 2011.

Munchack announced the decision after practice, saying Locker gives the Titans their best chance to win the AFC South as their quarterback this season and hopefully for many seasons to come.

"By no means has this job been given to him," Munchack said. "He's earned it."

The Titans had let the quarterbacks compete through the offseason, with each starting a game this preseason and splitting snaps in practice. Munchack says Hasselbeck, who played 10 seasons with the Seattle Seahawks, was way ahead of Locker last season, but Locker caught up and won the job with his ability to move the team and score points.

The eighth pick overall in the 2011 draft, Locker will play 40 to 50 snaps Thursday night against Arizona with three weeks to prep for the opener Sept. 9 against

New England.

"It's really cool," Locker said of the decision. "It's something I'm proud of, but it's not going to change my approach on how I practice or my preparation for a game. That will still all be the same, but it is cool to be given this opportunity."

Locker also said the competition with Hasselbeck allowed both to push each other in a positive way.

"It forced you to come back angry to rebound or build on what you had done before," Locker said.

Munchack said giving Hasselbeck the news was a tough conversation. Munchack helped talk the veteran into signing a three-year deal with the Titans last July after the NFL lockout ended, and Hasselbeck turned in the fourth-year season in yards passing in franchise history. Only Hall of Famer Warren Moon had thrown for more.

Hasselbeck also helped Munchack go 9-7 in his debut season as head coach, just missing a playoff berth on a tiebreaker. Munchack said Hasselbeck was exactly what they needed with his leadership and experience.

The veteran said he's been in Locker's shoes and knows it's an exciting move for the young quarterback.

"I had the chance to help lead a franchise and help build a program, and I had a chance to be

the guy under center, and he's got that chance right now," Hasselbeck said. "As hard as it was, Munchack made his decision, and as hard as it was for me to hear that, I'm also excited to see that I'll help and support him any way I can, and I'll be happy to do it."

Locker has the mobility Hasselbeck is lacking going into his 14th season. Combined with his toughness and strong arm, Locker started 40 games for the Huskies, throwing for 7,639 yards with 53 touchdowns and 35 interceptions.

With the Titans, Locker threw for 542 yards with four touchdowns and no interceptions coming off the bench in five games as a rookie.

"When Jake did get a chance to play last year, he was ready to go," Munchack said. "He played well and handled situations. He moved the team. He brought excitement and energy, and when the season ended, we thought we had something special, like we did when we drafted him."

In his NFL debut as a starter last week — a 30-7 win at Tampa Bay — Locker struggled and was intercepted on his second pass.

He was just 4 of 11 for 21 yards but also ran twice for 24 yards, including a long scramble of 21 yards. It's that mobility paired with a revived Chris Johnson that the Titans hope will rev up an offense that was next to last in rushing last season.

Giants insist they weren't hazing Amukamara

By TOM CANNAN
Associated Press

EAST RUTHERFORD, N.J. — While they understand the public's concern over what might be perceived as an apparent hazing incident involving Prince Amukamara, several New York Giants insist that throwing the second-year cornerback into a tub of ice water was a football tradition and not bullying.

Amukamara and Jason Pierre-Paul, the Pro Bowl defensive end who threw him into the metal ice tub, maintained Monday that they are friends and there was nothing personal involved.

Neither would say what triggered the obscenity-laced incident.

Most players on the Super Bowl champions seemed more concerned that punter Steve Weatherford actually posted the video, and that it might give youngsters the idea that bullying and hazing are OK.

"First of all, absolutely none of us condone bullying," defensive captain Justin Tucker said. "We've heard that. So just go ahead and put it out there. None of us condone bullying. And you don't want to put anybody in a situation where they can get hurt.

With that said, we just got to do a better job of being conscious of how that looks and how people can perceive it."

Coach Tom Coughlin said after Monday's practice that he has now outlawed any locker room antics that could lead to injury and warned players about their language. He once again lectured the team about the use of social media and talked to all the players involved, except Pierre-Paul, who he wants to address soon.

Coughlin refused to say whether any of the players were fined.

Weatherford posted the video of the recent training camp incident on Saturday night. He took his team Sunday and apologized Monday to teammates and fans.

The video shows Pierre-Paul carrying Amukamara over his shoulder in the Giants' locker room at the University at Albany and seemingly slamming him into a tub of ice water. Amukamara gets out quickly, but the look on his face seems to indicate he is upset.

Amukamara, who missed the first half of last season with a broken foot, acknowledged he was lucky that he wasn't hurt, but he was adamant that he was not the victim of hazing. He said

Pierre-Paul did not owe him an apology.

"I definitely think it is (created) a lot of distractions to our team and doesn't give the professional football league the look that we want," said Amukamara, who said other players were thrown in the tub at training camp.

"Coming into the NFL, we are taught to protect the shield, and I definitely don't think that it is doing that. It is definitely a situation that we are not trying to brush under the rug. We are trying to address it, and it was just a lot of horseplay that was taken too far."

While he denied being Weatherford's mentor in the videotape, Pierre-Paul indicated his days of throwing players into tubs might be over.

"I feel like me and Prince, we're cool," said the 23-year-old Pierre-Paul, who had a career-best 16½ sacks last season. "All the guys around here are cool. We are all like family to each other. It is something that we were having fun and games and the media took out of proportion."

Pierre-Paul said he didn't think Weatherford meant any harm by making and posting the video.

"I think he meant it to be funny," Pierre-Paul said.

He's overcome a knee injury, added about 30 pounds of muscle — much of it in his upper body — and played in enough games to understand what it takes to be successful.

Now in his last season of college football, he's hoping to leave a lasting impression that will make people forget about a first impression that was way too premature.

"I just want to go out and play with fanatical effort and do whatever I can to help my team," he said.

Right now, Crichton is better suited to help his team than at any point in his career.

As a true freshman out of Lakewood, Calif., he was forced into the lineup because of an injury to Darrion Jones and lack of depth at defensive end.

"I was pretty light and fast," he said. "I got pushed around quite a bit."

It showed against Stanford in his first start when he was man-handled by the Cardinal's massive offensive line.

"In a perfect world, he probably should have redshirted," said UW head coach Steve Sarkisian. "But in the situation we were in when we got going, he had to play."

Crichton's sophomore season was cut short after he sustained a knee injury on a sack of Oregon State quarterback Ryan Katz. He tried to come back after a few weeks, but was never quite the same and sat out the rest of the year.

Last season, he started the first three games and played in eight others. But he never really found his niche. The knee was still an issue. It had drained him of his speed and first step off the line of scrimmage. He was reduced to having only upper body strength.

"I had to bulk up," he said. "I got bigger."

He put in a ton of time in the weight room with strength coach Ivan Lewis.

"It's really paid off," Sarkisian said.

This past spring, Crichton looked like a different player. Sure the hybrid 3-4 defense brought in by new defensive coordinator Justin Wilcox made a difference. But it helped the Crichton was healthy for the first time.

"My knee got stronger and I got my speed back," he said. "I feel like I'm a balanced player."

It's shown in fall camp, where he's been a consistent force up front.

"I think this is the best he's looked playing since he's been here," Sarkisian said. "He's been battling that knee injury for what felt like a couple years. But he's playing explosive, playing confidently."

He closed down a scrambling quarterback Keith Price from behind, and he's just blown through blockers to get ball carriers.

"He had a great rush here today in team pass period, he back knocked our left guard about backwards, he does possess quite a bit of power," Sarkisian said.

He shrugs off question about the new scheme. Sure, he's playing a different technique instead of playing on the edge. But technique is just a part of it.

"I really like the person," he said. "People make too big of a deal about the scheme, it's about the person playing the scheme."

And maybe that's the biggest difference in Crichton is the person he's grown into.

"I really like Talia's desire to get better," said defensive line coach Tosh Lupoi. "He's doing a great job of taking corrections. He cares about getting better and that's all I can ask is that he's striving to get better on a daily basis. I think he's made up his mind. I think he's on a path to get better on a daily basis and I think he wants to be a starter for us and rise to a leader and be a production leader for us up front."

Extra points

Walk-on Central Washington transfer Matt Williams was a full-time practice and took reps as the first-team cornerback opposite Desmond Trufant.

